

*Literarische
Agentur
Kossack*

FOREIGN RIGHTS

JOIN US FOR EXCITING RIGHTS

AUTUMN 2018

Content

Fiction

Crime/Thriller

Lotte Petri: The Devil's Work 4

Literature

Federica De Cesco: The English Lover 5

Nonfiction

General Nonfiction

Karin Dietl-Wichmann: Mamma Mia 6

Armin P. Barth: Taming of Infinity or

How I learned to Love Mathematics 7

Ernst Peter Fischer: Being First – Human Nature
and Sport Culture 8

Erich Renner: The Spice of Dining 9

Paul Pflüger: Captain's Dinner 10

Selma Slabiak: Spirit of the North 11

Thomas Fuchs: The Underwood-Method 12

Dirk Liesemer: Uprising of the Sailors 13

Dirk Liesemer: Lexicon of the Phantom Islands 13

Blanka Pudler: On an Uninhabitable,

Foreign Planet 14

Volker Koop: Hitler's Bid for Africa 15

Biographies

Volker Koop: Hans-Heinrich Lammers 15

Self-Help/Health & Medicine

Christiane Wirtz: Out of Line 16

Lorenz Wagner: The Boy Who Felt Too Much 17

Gustav Dobos: Finally Pain Free and Able to

Live a Good Life Again 18

Greta Silver: Like Sherbet on the Tongue 19

Christine Dohler: After the Longing

Comes Freedom 20

Heike Alsleben: Living Mindfully – Mindful

Ways Out of Depression 21

Christine Brähler: Living Mindfully –

Self-Compassion 21

Johann Nepomuk Maier & Sam Hess:

Mysterious Forest! 22

Bettina Lemke: The Little Book of Forest

Bathing 22

Other Available Titles

Fiction

Literature

Roswitha Quadflieg & Burkhard Veigel: Free 23

Crime/Thriller

Viktor Glass: The Vanishing of the Handmaids 23

Rebecca Michéle – Cornwall Mysteries 23

Robert C. Marley – Victorian Mysteries –

Baker Street Library 23

Nonfiction

General Nonfiction

Carlo Drechsel: Insight Africa 24

Joerg Lehmann & Katja Volkmer:

The VW Beetle 24

Kai Psotta: Myth Real Madrid 24

Franziska Schreiber: Inside AfD 25

Raymond Unger: Making Good: Post-War

Trauma and the Refugee Debate 25

Rüdiger Süner: Angels over Europe:

Rilke's Search for God 25

Edition Zeitblende: Poetry for Everyday Life 26

Nature

Peter Wohlleben: Crane Flight and Floral Clock 27

Rudi Palla: Among Trees 27

Uwe Westphal: Odd Birds 28

Uwe Westphal: More Space for the Sparrow 28

Uwe Westphal: The Big Book of Garden Birds 28

Biographies

Christine Spauka Conner: Maximilian Schell 29

Health & Medicine

Norbert Kriegisch: I Feel Sick 29

Detlef Brendel: No More Banned Foods! 29

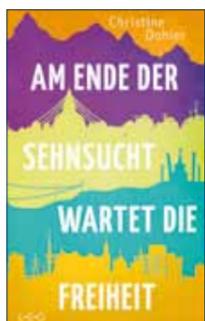
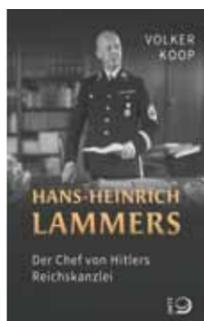
Self-Help

Christiana Mandakini Jacobsen: Love Envelops

Everything 30

Chamuel Schauffert: Discover Your Guardian

Angel 30





Lotte Petri

The Devil's Work

New crime series from Denmark starring forensic anthropologist Josefine Jespersen

Content

Over 1000 skeletons are to be moved from *Assistens Cemetery* in Copenhagen to make way for a new metro station. This causes an outcry, with many people fearing this will disturb the peace of the graves. But this is not enough to stop the metro construction. Forensic anthropologist Josefine Jespersen leads the exhumation work while also studying the bones as part of a research project before they are reburied. One evening, her colleague, archaeologist Rita Magnussen, is brutally murdered and pushed into an open grave with a cross carved into her skull. Later, another young woman is murdered in the street in central Copenhagen and marked with the same cross. Everything suggests a devil-worshipping murderer is on the loose, which prompts police detective Alexander Damgaard to consult an exorcist. The Catholic priest is convinced that the exhumation work in the cemetery has opened a gateway to hell, and that the devil himself is the culprit.

Bio

Danish author **Lotte Petri's** first novel *The Fifth Plague* was nominated for the *Danske Banks Debutantpris*, a literary award for first-time writers. Her most recent crime novel, *Black Notice*, was named digital series of the year, and when *The Devil's Work* was published by *Lindhardt og Ringhof* in 2017, she was shortlisted as one of the 10 best crime writers in Denmark, featuring alongside names such as Jussi Adler Olsen. Lotte Petri chairs the board of the *Danish Authors' Society* and is a board member for the *Danish Crime Academy*.

Translation rights pre-empted with a 2-book-deal in Germany by Goldmann, Random House.
Complete Danish manuscript, English sample translation and extra material available.



Federica De Cesco

The English Lover

The German version of *Gone with the Wind* by the best-selling author Federica De Cesco

Content

Münster, just after the Second World War. The city has been demolished, it is winter, people are battling for their existence. Anna manages to keep the wolf from the door for her family by working as an interpreter for the British occupying forces. When she comes to work with a temperature one day, English officer, Captain Jeremy offers to drive her home. It is the beginning of a passionate affair that is frowned upon in post-war Germany – you don't have relations with the enemy. But when Anna falls pregnant, Captain Jeremy has disappeared and the English refuse to give her any information.

Forty years later, Anna's daughter Charlotte finds some old diaries and recordings – and sets out to reveal Anna's and Jeremy's great forbidden love story.

Bio

Federica de Cesco is the daughter of an Italian father and a German mother. She was born in the north Italian city of Pordenone and studied art history and psychology. Her first book, the YA bestseller *Der rote Seidenschal*, was followed by more than 50 children's and YA books, until she celebrated her literary debut with *Silbermuschel*. This was followed by several further highly successful novels. She lives in Switzerland with her husband, the Japanese photographer Kazuyuki Kitamura.

360 pages, Europa Verlag, 19.90 €
Publication date: July 2018



Karin Dietl-Wichmann

Mamma Mia

The Book About Mothers and Daughters

Relationship status: It's complicated

Content

Mother-daughter relationships are often not as harmonious as we are led to believe. More often the relationship is characterised more by constantly escalating misunderstandings than by harmonious unity. Many mothers and daughters believe that they are alone in this situation because most families don't talk about this common dilemma. Everything has to appear perfect to the outside world, and embarrassing things need to be glossed over. Issues are lied about and repressed! Until mother or daughter breaks off all contact. The good thing is that Karin Dietl-Wichmann knows ways in which to appease family relations and also help reinstate them under different preconditions. She takes on the most wide-spread misunderstandings between mothers and daughters with inimitable humour and unabashed openness – without treating them with kid gloves. *Mamma Mia* is the book for all mothers and daughters who are sometimes left completely helpless.

Bio

Karin Dietl-Wichmann was editor in chief of several women's magazines, wrote numerous best-sellers and developed several TV and magazine formats. She lives in Munich and on a small island in the South China Sea.

192 pages, teNeues Media, 19.99 €
Publication date: September 2018



Armin P. Barth

Taming of Infinity or How I learned to Love Mathematics

Discovery Trip into a Cryptic Science

A surprising and fascinating portrait, in which mathematics is explained in an accessible and entertaining way

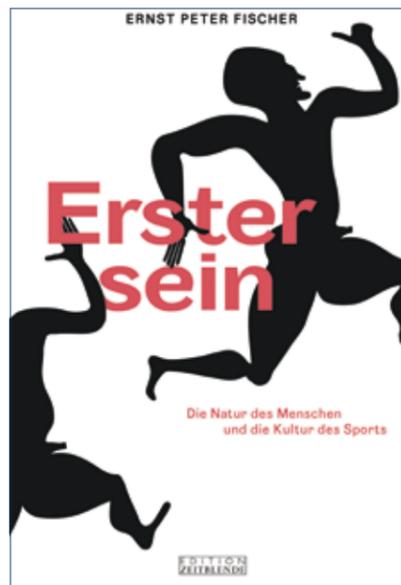
Content

No one has ever let us into the secrets of this underestimated science like this before. In thirteen chapters, demonstrating surprising findings, Armin Barth, gifted didact, shows us why mathematics exists, how to approach it and why there is no room in the world for ugly maths. The book is beautifully illustrated by Helmut Brades' 206 pen and ink drawings, which allow us to perceptibly comprehend the mathematical findings made by Gauß and other mathematicians. Text and images encourage the reader to enter the world of numbers. This is not a scientific book. It is a means of access for laypeople that highlights the element of beauty that is inherent to mathematics.

Bio

Armin P. Barth, born in 1962, is a lecturer of mathematics at the ETH Zurich and has been teaching maths at a Swiss secondary school for more than 30 years. He is the author of numerous books and articles on mathematics and didactics. His column *Café Mathe* was published in several Swiss newspapers for more than 10 years.

250 pages, 206 ink and pen drawings,
Edition Zeitblende, 42 €
Publication date: September 2018



Ernst Peter Fischer

Being First

Human Nature and Sport Culture

A highly topical book on the subject of competitive sports with entertaining anecdotes from the history of sport

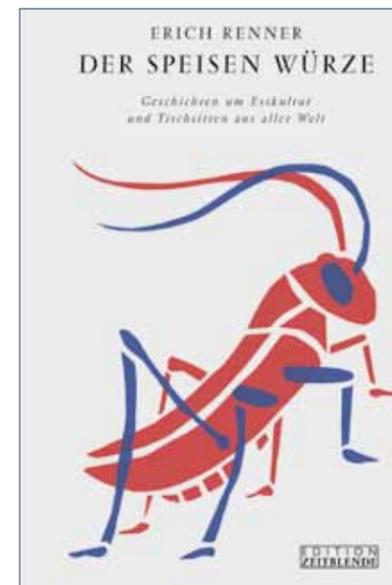
Content

The urge to measure oneself and win against others in competitive sports is a fundamental human need. In this well-founded study, Ernst Peter Fischer describes how victories are achieved in sport from antiquity to the current day. He does so in a factually precise manner as well as with the empathy that comes with the subject matter and the pertaining stories. In modern cultures, the enthusiasm for sport presents one of the most meaningful elements for the cohesion of society. The dilemma that the aim of being first creates is also included.

Bio

Ernst Peter Fischer was born in 1947 in Wuppertal and studied physics and biology in Cologne and Pasadena in the US. He is married and has two daughters. He is Professor for History of Science at the University of Heidelberg and also works as a scientific advisor, among others for the *Stiftung Forum für Verantwortung*. He has written numerous books.

340 pages, 50 illustrations,
Edition Zeitblende, 38 €
Publication date: September 2018



Erich Renner

The Spice of Dining

Stories about Food and Dining from around the World

A sensually stunning book packed with fascinating insights into diverse dining traditions around the globe

Content

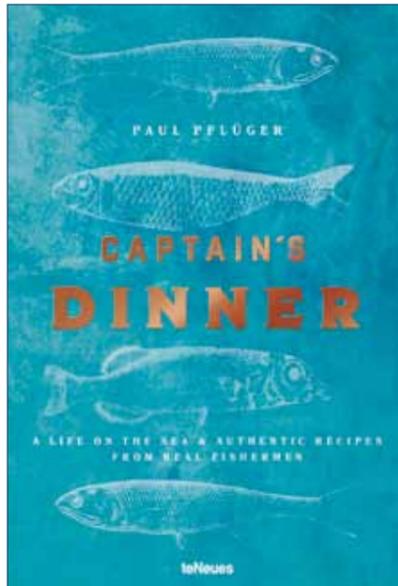
We find ourselves both intrigued and repulsed by not only what, but also how, food is consumed in other places. For many years, eating at a table with a fork and knife was the only acceptable method for consuming meals in Europe. Erich Renner undertakes an exciting journey of discovery through the traditions in distant lands and the stories that are tied to them.

The illustrations by Friederike von Hellermann enhance the book's subject matter and add a distinct aesthetic element to the text.

Bio

Erich Renner, a professor and scholar of ethnography and biography, teaches and pursues research at the universities of Koblenz-Landau and Erfurt. His speciality is the biographizing of personal environments. In connection with this, *Renner* has pursued numerous regional and international research and book projects. His most recent publications included several ethnographic studies about childhood, youth and aging, a self-portrait of an Indian family, and a biography of the healer Theo Bullinger.

280 pages, over 50 illustrations,
Edition Zeitblende, 34 €
Publication date: September 2018



Paul Pflüger

Captain's Dinner

A Life on the Sea & Authentic Recipes from Real Fishermen

An evocative book for all those who have a special care and interest about seafarers and the sea

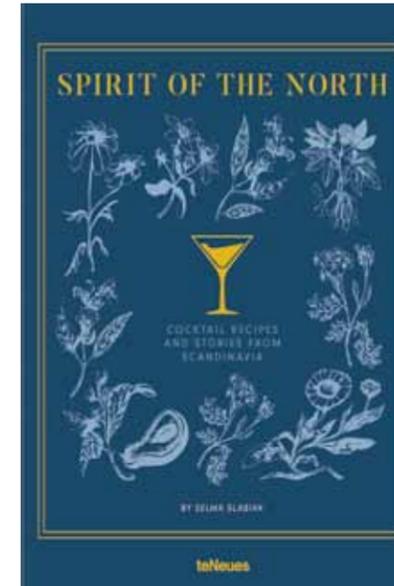
Content

Whether in the shimmering sunshine of the Adriatic Coast or up against a two-and-a-half-meter swell in Brittany, *Captain's Dinner* is a maritime journey of discovery through the world of fishing. What does it mean to be dependent on the vagaries of nature on a daily basis? In search of answers, photographer Paul Pflüger braved the wind and weather to accompany 27 fishermen at work on European seas, observing their daily routine over several months. The result is a lively, intimate, and unadulterated logbook of fishing and life at sea, combining captivating portraits of the protagonists alongside their own commentaries on the delicate craft and hard labor that make up a fisherman's existence today, not least when faced with critically-diminished fish stocks and attendant fishing quotas. The featured fishermen also share their own favorite seafood dishes.

Bio

Paul Pflüger is a cameraman and photographer working in reportage and documentary. Born in 1983 in Mainz, he has lived in Bremen, Hamburg, and Biarritz and now divides his time between Paris and Lisbon.

192 pages, 100 b/w photographs,
teNeues Media, 35 €
Publication date: August 2018
English book available



Selma Slabiak

Spirit of the North

Cocktail Recipes and Stories from Scandinavia

For the home entertainer and bartender, experienced mixologist, as well as anyone

Content

What could possibly be better than sharing and enjoying life's simpler pleasures with friends and loved ones? This idea is at the heart of the Scandinavian lifestyle trends that many in contemporary culture have come to embrace. In an ever-present, all-encompassing quest to create this „just right“ feeling when entertaining guests, star mixologist Selma Slabiak celebrates her Danish heritage by combining her personal and professional ethos for conviviality and togetherness with her expert, innovative knowledge of foraging and farm-to-table practice to present inventive drink and cocktail recipes in one multifaceted book. Slabiak shares with her readers elevated bartending expertise and finesse, layering familiar and unusual flavors and ingredients, along with Scandinavian traditions and nostalgic stories from her childhood in Denmark, in an inspiring, delicious, and original recipe book of Nordic-based cocktails.

Bio

Born and raised in Denmark, **Selma Slabiak** came to New York in 2007 to make a name for herself in the cocktail world. Since then, she has been Head Bartender at acclaimed Michelin-starred Nordic restaurant, Aska, overseeing the innovative bar program. She shares her love of nature and storytelling through her medium of choice – the mixed drink.

160 pages, 80 color photographs and illustrations, teNeues Media, 25 €
Publication date: October 2018
English book available



Thomas Fuchs

The Underwood-Method

A how-to book for achieving more power and success

A must-read for all fans of 'House of Cards'

Content

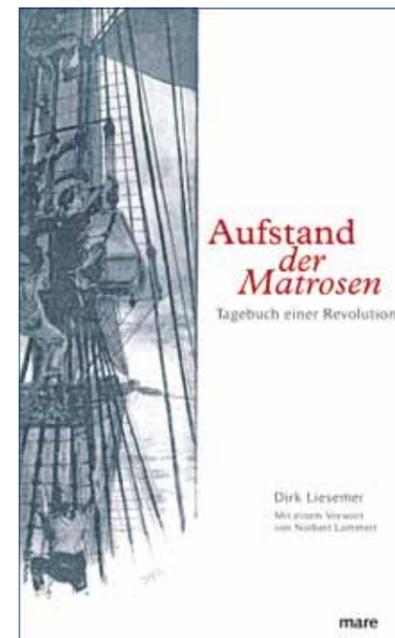
The unofficial guide for all power-hungry fans of *House of Cards*. Which strategies does Frank Underwood utilize? Which mechanisms does he favor? Where can you find the key scenes in the series? This book reveals the final secrets surrounding the central character in this cult series. It also shows how each one of us – whether an annoyed coworker or a stressed club member – can very quickly get closer to achieving our goals by using suitable methods.

And just as a side benefit, we will be able to recognize in the future when others are playing games with us...

Bio

Thomas Fuchs has written over a dozen books, including popular novels (the mystery *Shrove Monday Death*) as well as nonfiction titles. He has written several biographies (such as ones about Johnny Depp and Ernest Hemingway), and he has also worked as a ghostwriter in the show business and financial industries. Before devoting himself fully to writing books, he worked for many years in a variety of capacities for diverse TV productions.

240 pages, Plassen Verlag, 17.99 €
Publication date: September 2018



Dirk Liesemer

Uprising of the Sailors: Diary of a Revolution

Tensions were rising high in the autumn of 1918. After more than four years of war, people are fed up with fighting, hunger and death. The old order is long gone. A military collapse is imminent. Any yet on the big battleships along the German coast there are rumours of a last great plan to send the German fleet into battle against the English. But resistance is growing among the sailors who now fear they'll be used as cannon-fodder in a pointless battle.

Liesemer powerfully demonstrates to the reader how obedient soldiers transformed into revolutionaries, and how an uprising by sailors became a national revolution that changed Germany forever.



Lexicon of the Phantom Islands

Sunken paradises and icy continents, devil rocks and islands of gold. Legendary islands, which don't exist and never did, have appeared on ocean maps since the year dot. Yet time and again they became the target of foolhardy expeditions: For centuries mariners, kings, soldiers, pirates and cartographers believed in their existence and searched for them by ship, on foot and from the air.

Liesemer tells of the alleged discovery through to the refutation of 30 of these imaginary islands: Diverse, curious stories that lead over all oceans and through world history. It's all about cravings for power, hypocrisy, lack of vision – and very often just the simple pleasure of deception.

Bio

Dirk Liesemer, born in 1977, studied politics and philosophy in Münster and Rennes, France. He attended the Henri Nannen School of Journalism in Hamburg and worked as an editor in Berlin and Munich. He now works as a freelance author for several magazines, including the magazine *mare*.

Uprising of the Sailors:
224 pages, mare Verlag, 24 €
Publication date: August 2018

Lexicon of the Phantom Islands:
160 pages with illustrations, mare Verlag, 24 €
Publication date: 2016
English sample translation available
Rights sold to: China, Taiwan and UK



Blanka Pudler (with Dieter Vaupel)

On an Uninhabitable, Foreign Planet

How a Fifteen-Year-Old Girl Survived Auschwitz and Slave Labor

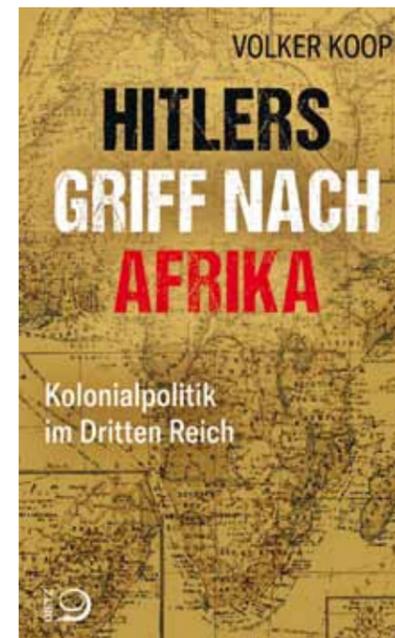
Content

Blanka was still a child when she was hunted down and deported by the Nazis. After seven horrifying weeks in Auschwitz, she was selected for slave labor. In the Hessisch Lichtenau Explosives Factory, she and her older sister Aranka were forced to fill bombs and grenades. When the two girls returned to Hungary after the war, they learned that they had not only lost their home, but also their parents, to the Holocaust. Through the eyes of a child, Blanka takes in the inhumane world around her. Despite everything, though, she never gives up hope. Readers of this story will find themselves sucked into the deeply moving world of this special girl's thoughts and experiences.

Bio

Blanka Pudler, born in 1929, was honored with the Cross of Merit of the Federal Republic of Germany for her ongoing efforts to preserve memories of the Holocaust. Dieter Vaupel is an author whose particular focus is modern history.

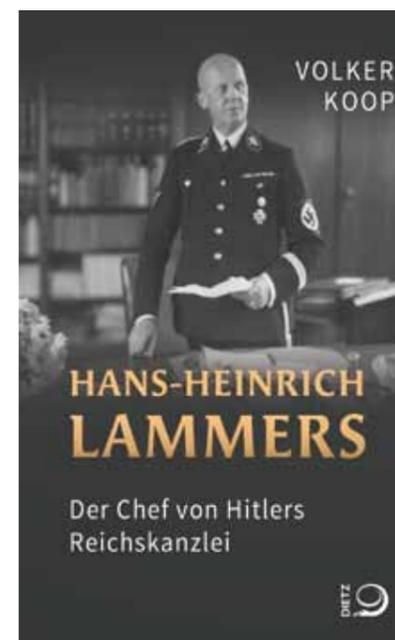
112 pages, Dietz Verlag, 9.90 €
 Publication date: September 2018
 English sample translation available
 Please contact Kathrin Scheel: This Book Travels Agency (except Italian and Korean rights)



Volker Koop

Hitler's Bid for Africa: Colonialist Policies during the Third Reich

Hitler's colonialist, expansionist policies for Africa and overseas is a widely ignored chapter in the Nazi story. In order to reestablish Germany's "honor" after the "shameful Treaty of Versailles," the lost colonies were supposed to be reacquired and new regions were to be seized. In painstaking detail, the Third Reich laid its plans for the administration and plundering of these areas. However, as the Wehrmacht's defeats increased, Hitler's dream of a wide-reaching empire in Africa and overseas faded further into the distance.



Hans-Heinrich Lammers: Head of Hitler's Reich Chancellery

Hans-Heinrich Lammers was one of the most important and influential leaders of the Nazi system, although few ever felt the full extent of his power. Besides administering Hitler's governmental affairs and providing legal corroboration for actions deemed as "state necessities," this little-known senior Nazi also "legitimized" the persecution of the Jews and the Nazis' euthanasia program.

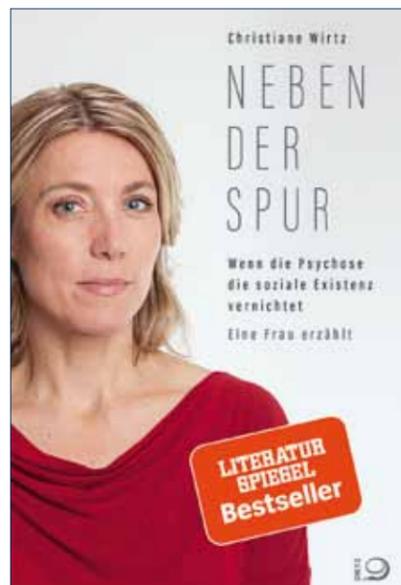
Lammers testified at the Nuremberg Trials, but eventually spent only few years in prison despite being responsible for the deaths of thousands.

Bio

Volker Koop, born in 1945, is a former spokesperson for the Ministry of Defence. Since 1995, he has lived in Berlin as a freelance journalist with a special focus on the historical reappraisal of National Socialism. Some of his other titles have been sold to Japan, Poland and the Czech Republic.

Hitler's Bid for Africa:
 200 pages, Dietz Verlag, 24 €
 Publication date: October 2018

Hans-Heinrich Lammers:
 320 pages, Dietz Verlag, 24.90 €
 Publication date: 2017
 Rights sold to: Finland



Christiane Wirtz

Out of Line

Bestseller

*The Devastating Social Effect of Psychoses
One Woman's Story*

Content

She is 34 when her first psychotic episode occurs. The diagnosis: schizophrenia. As has been the case for many years, this serious illness with its extensive destructive force is heavily burdened with shame and fear. It is overshadowed by widespread ignorance, although millions of people in Germany are directly or indirectly impacted by it. Christiane Wirtz experienced the searing social consequences of this combination of her illness's residual effects with ignorance and rejection. She loses everything: job, friends, condo, life insurance. Her life was over, but can society at large admit that it is possible for people to fall so far? Wirtz describes how she completely skidded off the rails and invites doctors, psychologists, attorneys, parents, and former co-workers to chime in about what happened. She calls for a broad debate about mental illnesses and an end to discrimination, crafting an appeal for social responsibility at the societal level. Her message to those affected by mental illness: do not allow yourselves to be stigmatized. And to others: dismantle prejudices and recognize that an illness should not be allowed to marginalize people. During and after a psychotic episode, they deserve solidarity.

Bio

Christiane Wirtz, born in 1966, has worked both as a regular employee and as a freelancer for various public service broadcasting stations. She is a historian (MA) and resides in Cologne.

200 pages, Dietz Verlag, 22 €
Publication date: February 2018
English sample translation available



Lorenz Wagner

The Boy Who Felt Too Much

How a Renowned Brain Researcher and His Son
Change Our Image of Autistics Forever

*A moving book that gives us a new understanding of the history of
autists*

Content

Henry Markram was one of the most famous brain researchers in the world when his autistic son Kai was born. Kai's birth changed everything. Questions and concerns suddenly entered the nursery between toys and baby lamps. His highly-respected essays helped less than the song book from which he sang to his son every night. Many years later, Markram had a breakthrough. His theses turned everything that was known about autism upside down.

The journalist Lorenz Wagner accompanied the family for several months and in this book tells a touching father-son story. Kai does not feel too little, his hearing, feelings and sight is too delicate for this world. He has to withdraw to protect himself from an excess of impressions. A theory that is gaining ever-more proponents.

Bio

Lorenz Wagner, born in 1970, is one of the most prominent biographical profilers and report writers in Germany. His report *The Son Code* about Henry and Kai Markram rapidly became one of the most-read articles in the *Süddeutsche Magazin*.

250 pages, Europa Verlag, 18.90 €
Publication date: September 2018
English sample translation available
Please contact Kathrin Scheel: This Book Travels Agency (except Italian and Korean rights)



Gustav Dobos

Finally Pain Free and Able to Live a Good Life Again

Strengthen Your Own Healing Powers with Modern Healing Methods

Pain can be relieved without medication

Content

Medicine is still challenged by pain: 23 million people in Germany alone suffer from chronic pain. Common ailments like rheumatism, arthritis, inflammatory bowel disease and migraine are accompanied by pain. What options does the patient have when ever-increasing doses of medication no longer provide relief and themselves become a risk to health? The solution is: Do something about it! In his clinic, Professor Dobos provides his chronic pain patients with tried and tested strategies to alleviate the symptoms, making their lives worth living again.

Bio

Professor Gustav Dobos is the pioneer of science-based natural healing in Germany. Following his specialist medical training and study trips in China, he turned to integrative medicine. It combines scientifically-reviewed natural healing methods with conventional medicine. Professor Dobos teaches natural healing and integrative medicine at the University of Duisburg-Essen and heads up a specialist clinic at the Kliniken Essen-Mitte.

280 pages, Scorpio Verlag, 20 €
Publication date: August 2018



Greta Silver

Bestseller

Like Sherbet on the Tongue

Being Happy is Beyond Aging

"One immediately likes Greta Silver – she's just so upbeat." Frankfurter Rundschau

"She models, blogs, writes and is a silver surfer par excellence: on YouTube and in the new book, 70-year-old Greta Silver gives tips on how to deal with aging." NDR

Content

The pure joy of being alive is Greta Silver's contagious credo. At 70 she feels she's in the prime of her life. Moreover, she wouldn't want to be a day younger: life's constantly becoming lighter, more exciting and creative.

"This age makes me so happy. It's so colourful. I'd never have dreamt it would be like this when I was younger. Every morning I wake up with the joy of the new day flowing through me. What wonderful things will this day bring?"

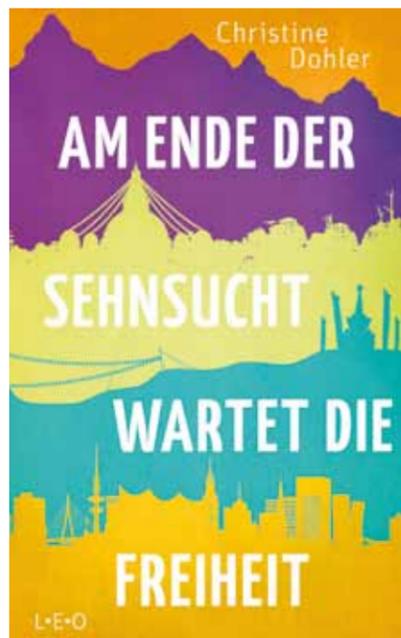
At 66, Greta Silver launched her YouTube channel "Too Young for Old Age". With hundreds of thousands of hits, she's long become the doyenne for people wishing to discover the joy of living – playfully and full of verve. The more than 350 clips spark waves of enthusiasm and open up whole new perspectives.

"Lust for life is a decision – we are not helplessly at the mercy of life's circumstances," says Greta Silver.

Bio

Greta Silver took the responsibility for her happiness into her own hands from early on. She lifts the lid old age as an exhilarating stage, when life experience bears fruit and the hubbub of younger years with its stress and time pressure is over. A classic model and YouTuber with millions of views, the entrepreneur and mother of three emboldens and inspires with her zest for life.

208 pages, Scorpio Verlag, 18 €
Publication date: May 2018
English sample translation available
Please contact Kathrin Scheel: This Book Travels Agency (except Italian and Korean rights)
Rights sold to: China



Christine Dohler

After the Longing Comes Freedom

The German version of Eat. Pray. Love – a spiritual quest for meaning for the young generation

Content

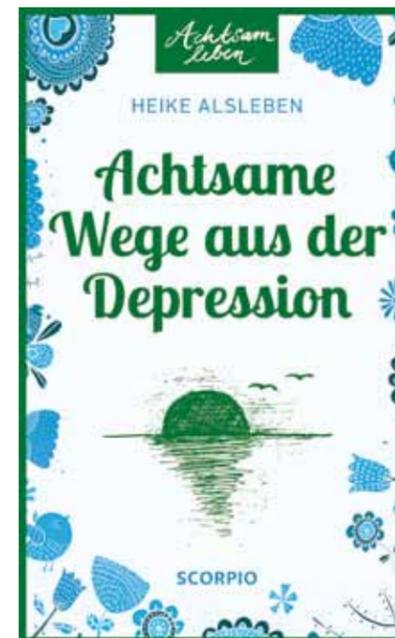
How do you deal with the situation when you're suddenly faced with the question: 'Is that really all?' Christine Dohler, young successful journalist, is unexpectedly faced with exactly that. On the face of it, she leads the perfect life: She has a prestigious job, is healthy, has a large circle of friends, and yet she feels this longing, this feeling that life has more to offer. When during a visit to Hamburg the Dalai Lama tells her to first change herself and then the world, something clicks. Without hesitation, she sets off on her great adventure.

In her inspiring and encouraging book, Christine Dohler recounts of her journey around the world and of finding herself. This journey is never about 'dropping out' as a flight from reality, but purely about the path towards finding oneself, where every individual has to find their own way that is right for them.

Bio

Christine Dohler studied journalism and communication studies, and also attended the renowned Henri Nannen School of Journalism. As an editor, she has worked for *Die Zeit*, the *Süddeutsche Zeitung*, *Grazia* and *Food and Travel*. Her great passion is travel. She describes herself as a purpose-seeker, hobby-Icelander and light-adventurer.

256 pages, L.E.O., 18 €
Publication date: October 2018



Heike Alsleben

Mindful Ways Out of Depression

Almost everyone has experienced episodes of dejection, despondency and hopelessness. Heike Alsleben, successful therapist and self-help author shows us how to develop compassion for ourselves through mindful awareness and perception so that we no longer have to identify with our dark thoughts and emotions.

Heike Alsleben is a psychologist and teacher of stress management through mindfulness and mindful-based cognitive therapy.
www.heike-alsleben.de



Christine Brähler

Self-Compassion: Treating Yourself with Loving Care

When we suffer, we usually fight back, feel disappointment and shame, or we blame ourselves. How would it be instead to comfort and encourage ourselves in these times of pain? Just as we would do for a close friend? Self-compassion is a courageous inner poise which helps us treat ourselves with greater goodwill and wisdom.

Dr. Christine Brähler is a psychological psychotherapist in Munich, a researcher for the Institute of Health and Wellbeing at the University of Glasgow, as well as lecturer and trainer for compassion based approaches.

Living Mindfully – Scorpio's Most Successful Series

Total print run: 200,000 copies

24 titles available

Experienced authors and renowned mindfulness teachers

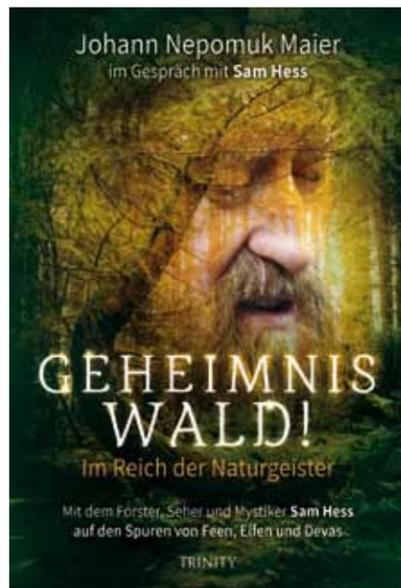
Practical ideas to be implemented with ease in everyday life, and plenty of exercises for immediate start

Attractive, stimulating bi-colour design

Handy, portable format

Mindful Ways Out of Depression:
128 pages, Scorpio Verlag, 7.99 €
Publication date: July 2018

Self-Compassion:
128 pages, Scorpio Verlag, 7.99 €
Publication date: 2015
Rights sold to: China



160 pages, Europa Verlag, 18 €
 Publication date: January 2019
 English sample translation available
 Please contact Kathrin Scheel: This Book Travels Agency (except Italian and Korean rights)



144 pages, Scorpio Verlag, 12 €
 Publication date: April 2018
 English sample translation available
 Rights sold to: France, Italy and Spain

Johann Nepomuk Maier in Conversation with Sam Hess

Mysterious Forest!

As a former forester, Sam Hess has a close connection to nature and natural beings and has a special insight into other, spiritual worlds. Johann N. Maier has managed to capture the life of this orphan of the forest in a fascinating way. The forest, together with its mystic creatures, comes alive, and the timeless and unfamiliar habitat takes on form – with natural beings, animals and animal souls, the trees in their affinity and much more. Maier shows us how to open up our inner self to hidden creatures and forces, thereby sensing the energy of the trees themselves and getting to know our own tree of life.

Johann Nepomuk Maier grew up in Lower Bavaria. He managed a consultancy business for 20 years. He now dedicates his time exclusively to the research of esoteric sciences.

Bettina Lemke The Little Book of Forest Bathing

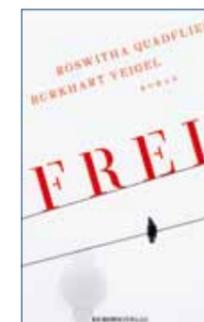
Using many practical exercises that range from mindfulness to aromatherapy and barefoot walking, right up to searching for a power place, Bettina Lemke shows us how we can open ourselves up to the healing force of nature. *The Little Book of Forest Bathing* belongs in every forest walker's backpack and is a beautiful gift to give all those we wish good health and happiness.

Bettina Lemke has been engaged with eastern wisdom teaching for many years and has written successful books such as *Der kleine Taschenbuddhist* and *Ikigai: Den Sinn des Lebens im Alltag finden*. She lives in Munich and regularly takes timeout in the Bavarian forests or in Ireland.

Other Available Titles

Fiction

Literature



Roswitha Quadflieg and Burkhard Veigel: Free

As a student in the 1960s, Janus Emmeran was one of the most successful escape agents in divided Berlin. He helped hundreds of people across the Wall into freedom. Free describes the longing for freedom while illuminating one of the most adventurous chapters in the history of Germany's division. Powerfully written, this novel questions the positioning of individual responsibility in the face of political upheaval – in terms of both the past and the present.

320 pages, Europa Verlag, published: July 2018

new

Crime/Thriller



Viktor Glass: The Vanishing of the Handmaids

A gripping historical crime novel with an unusual investigator duo.

A haunting manhunt, a fascinating insight of life in Germany in the late 19th century.

Augsburg 1890: The industrialization is in full bloom, a lot of handmaids lose their livelihood. Many of them vanish without a trace. Assuming all of them took their own lives the police shows no interest to open a case. But a desperate man entrusts private investigator Ludwig Schüssler, who gets support from the extraordinary Caroline Geiger, to find his missing fiancée. When body parts are discovered in an old Celtic ruin it seems that all hope is lost ...

296 pages, Pendragon Verlag, published: April 2018, English sample translation available



Rebecca Michéle: Death-trap Beautiful

(Cornwall Mysteries – Homage to Agatha Christie's Miss Marple)

Sandra Flemming, Manager of the Higher Barton Romantic Hotel, organises a beauty contest. But when two of the organisers are found dead in quick succession, Sandra needs to see behind the curtain of the beauties' world.

330 pages, Dryas Verlag, published: September 2018

7 additional titles available (6 with Miss Mable Clarence at Higher Barton and one more with Sandra Flemming at Higher Barton Romantic Hotel)

new



Robert C. Marley: Inspector Swanson and the Woman with the Second Face (Victorian Mysteries – Baker Street Library)

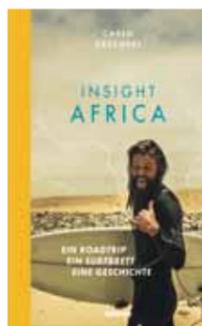
London 1895 – a street urchin dies under mysterious circumstances at Covent Garden, while the high society celebrates fabulous festivities in their parlours. Chief Inspector Swanson needs to solve this case, which makes him doubt his common sense and face the limits of his power.

280 pages, Dryas Verlag, published: October 2018 – 4 additional titles available

new

Nonfiction

General Nonfiction

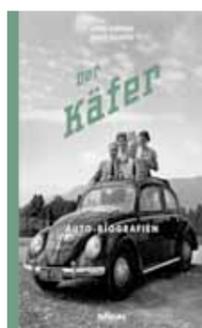


Carlo Drechsel: Insight Africa

The rough coastline of Western Africa is still a blank spot on the map for most surfers. Too predominant is the image of the dark and dangerous African continent, malaria and the Ebola virus, civil war and anarchy. *Carlo Drechsel*, surfer and photographer, discovered the unknown beaches and waves of the African coast, travelled completely on his own, drove with an old jeep from Morocco to South Africa, always in search of the best wave, the most exciting encounters and the biggest adventures – this is his story.

192 pages, ca. 30 b/w and colour photographs, teNeues Media, published: October 2018

new



Joerg Lehmann, Katja Volkmer: The VW Beetle

There is no car in the world that has evoked so many emotions like the Volkswagen Beetle, no car that has been driven to so many places in the world, but also to the next club or marriage. The 'little Porsche' belonged to so many families, has been part of many anecdotes, that the journalist *Katja Volkmer* has written funny and dramatic, true and fictive stories about the VW Beetle. These are inspired by photographer *Joerg Lehmann's* collection of postcards and photos from private albums. The result is a beautiful book which enables the reader to reminisce about former times and personal experiences with the VW Beetle.

208 pages, ca. 120 b/w and colour photographs, teNeues Media, published: April 2018

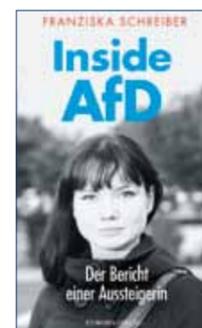


Kai Psotta: Myth Real Madrid

„Real is more than just a football club. Real is a worldwide religion.“ *Carlo Ancelotti*
Real Madrid is the ultimate in the football scene. Players and coaches adore the most popular club in the world. What is it that makes Real bigger than any other club? How come that almost every football fan is under their spell? *Kai Psotta*, sport journalist, has the key to their fascination. He has been talking to players, colleagues, insiders and stars such as Mesut Özil, Arjen Robben, coach legend Carlo Ancelotti ... and many more. This book is a must!

271 pages, Plassen Verlag, published: 2017, updated material including an interview with TONI KROOS and English sample translation available

Rights sold to: Finland



Franziska Schreiber: Inside AfD (Alternative for Germany)

The first insider report by a former leading AfD politician about the right-wing danger in German parliament: what does it mean for Europe?
Strong media interest in the author's revelations

Top Title: Amazon # 1 bestselling title, Spiegel 'top 10' bestselling title

For all who want to understand the right wing in Europe

'Those who vote AfD underestimate the party's extreme right-wing agenda.

The AfD is as dangerous as never before. We have to find answers to this threat.' *Franziska Schreiber*

224 pages, Europa Verlag, published: August 2018

new

Bestseller



Raymond Unger: Making Good: Post-War Trauma and the Refugee Debate

Angela Merkel's historical decision in summer 2015 sent shockwaves through German society. With her welcoming gesture, did the Chancellor finally prove that Germany has overcome its dark past? Or are she and many other members of the German elite acting from within the shadowy trauma of history? In this book, *Raymond Unger* – who has also been affected by transgenerational trauma – renews the exploration of the effects of non-processed war trauma on subsequent generations.

340 pages, Europa Verlag, published: September 2018

new



Rüdiger Süner: Angels over Europe: Rilke's Search for God

In this book, *Rüdiger Süner* reveals how even today Rilke speaks to the needs of many people who – disappointed by traditional religions – are searching for what has been circumscribed for millennia under the metaphor of "God." Rilke's subtle approach to this concept is undogmatic, even in its efforts to grapple with God's dark sides.

208 pages, Europa Verlag, published: September 2018

new

Poetry for Everyday Life

The things that surround us tell stories about ourselves, our lives, our needs, and the way we shape our daily lives.



The bread is not only a staple food, but also religiously and culturally connoted. The loaf of bread has accompanied mankind from the very beginning and brings people together for sharing and eating.

The knife facilitates numerous things from everyday life. It is, however, a permanent danger for people being a weapon at the same time. Telling the story of the knife is telling the story of an astonishing development. A tool for everyday life, which cannot be imagined without it anymore.



Here is **the match**, which, in the era in which machines and enlightenment began to bring more light to our minds, made this light available to everyone.

The paper clip, which creates order, but whose presence is not limited to the office, since it provides our fingers and our imaginations with constant enjoyment.



The broom, which enables us to keep both dirt and the world's chaos far from our bodies and our living rooms.

Chewing gum, which accompanied the rise of leisure. It is an inexpensive expression of a certain attitude toward life. We don't chew to stop our hunger. A product of affluence and fantasy.



All Titles: 32 pages, Format 10.5 x 15 cm, Edition Zeitblende, published: March & September 2018

new

Nature



Peter Wohlleben: Crane Flight and Floral Clock

Expeditions into nature begin right outside our front door. Thousands of small and large processes occur here that are fascinating and revealing – if you should notice them. In his book, *Peter Wohlleben* invites the reader to train their senses in order to observe the signals sent out by the winds, clouds, plants and animals.

160 pages, Pala Verlag, published: 2012, complete English edition + sample translation available
Rights sold to: France, Italy, the Netherlands, Poland, Taiwan, UK and USA

Bestseller



Rudi Palla: Among Trees

An unusual look at the world of trees – a beautiful gift for nature lovers

Trees are important companions during our lives on Earth, and it is this wondrous world of trees that Rudi Palla strives to illuminate in this book. He does this by using published and documented texts that speak to the history of the coexistence between people and trees. After reading this book, you won't just know more about trees themselves, but also about our varied history.

Born in Vienna, *Rudi Palla* works as an independent author. His other publications include: *The Art of Kneading Children: A Pedagogical Recipe Book* (1997), *Short Biographies of Clowns* (2008), *The World Tour of the H.I.M.S. Corvette Saida, 1884-1886* (2011), *The Captain and the Artist: Researching the Terra Australis* (2013), and *Valdivia: The Story of the First German Deep Sea Expedition* (2016).

228 pages, 27 color illustrations, Edition Zeitblende, published: September 2018

new

Uwe Westphal (author) & Christopher Schmidt (illustrator):

**Odd Birds**

Encounters with Bittern, Nightjar, Hoopoe and Other Domestic Bird Types

The soul of birds is palpable in this book. The book takes the reader into the fascinating diversity of domestic bird types – a diversity that is increasingly under threat. Those who know and appreciate their feathered friends will treat them with respect, and ideally advocate their protection.

192 pages, Pala Verlag, published: 2015, illustrations are included

new**More Space for the Sparrow**

Experiencing the Sparrow, Understanding and Protecting

Modern architecture provides the sparrow with less and less nesting facilities. The house and tree sparrow used to be considered a rural plague, now it has become scarce in many places. This is why in his book *Uwe Westphal* says: 'We help sparrows!'

He provides information on the lives of sparrows, on the ambivalent relationship between sparrows and humans and on sparrows in need. The book also offers solid instructions on how to create a sparrow-friendly environment with a sand bathing area, a grassy house and hedges in the garden.

192 pages, Pala Verlag, published: 2017, illustrations are included

new**The Big Book of Garden Birds**

Experience, support and protect our birds in the garden

Those who love birds should own this book. Anyone with a garden can turn their green living room into a small 'bird sanctuary'.

Uwe Westphal and *Christopher Schmidt* introduce the reader to more than 50 different types of bird with their typical features and behaviour patterns and give advice on bird protection.

288 pages, Pala Verlag, published: April 2018, illustrations are included

Biographies

**Christine Spauka Conner: Maximilian Schell**

A Hollywood-Life

Few German speaking actors make it in Hollywood, only one became a legend: Maximilian Schell (1930-2014). He is the last German speaking artist to this day to garner the Oscar for Best Actor in a Leading Role, followed by further Oscar nominations, as well as numerous international awards.

Spauka Conner resurrects in this first biography the grand seigneur of Hollywood unfettered by his own turmoil, placed somewhere between genius and madness, between Hollywood-Glamour and Alpenglow.

204 pages, teNeues Media, published: October 2018

Health & Medicine

**Norbert Kriegisch: I Feel Sick – Why Can't Anyone Tell Me Why? Nature and Holistic Medicine Offer Solutions**

Ways out of the dilemma of chronic ailments

Encouragement for sick people faced with negative results

Numerous practical tips and patient recovery examples from an experienced holistic doctor

Dr. med. Norbert Kriegisch manages a medical practice for holistic medicine, natural remedies, and interference field detection in Munich. Among other publications, he is the author of the bestseller *The Best Home Remedies, A to Z*.

224 pages, Scorpio Verlag, published: February 2018

Bestseller**Detlef Brendel: No More Banned Foods!**

Why you should no longer let the pharmaceutical lobby dictate your nutrition.

If you want to make and enjoy your future food decisions with a clear conscience, unbiased by the revenue interests of the pharmaceutical industry, then this book will be the perfect appetizer for you. Bon appetite!

192 pages, Plassen Verlag, published: February 2018

Self-Help


Christiana Mandakini Jacobsen: Love Envelops Everything
Inner Strength in Turbulent Times

Just when life is giving us a good shake and no external factors are providing any support, we can actually find sources of strength within us. With a great deal of heart, *Christiana Mandakini Jacobsen* helps people to access these inner resources. She shows how every difficult situation contains a message for us and how we can surpass ourselves if we learn to envelop everything that happens with love.

224 pages, Trinity Verlag, published: September 2018

new

Chamuel Schaufert: Discover Your Guardian Angel
The Seraphim at Your Side

Already as a child, *Chamuel Schaufert* could communicate with angels, who revealed to her their secret knowledge about the heavenly spheres. In this book, *Schauffert* shares for the first time her knowledge about the meaning the seraphim carry for us. Every person has a guardian angel who is responsible for bringing them into existence and accompanying them throughout their lifetime.

240 pages, Trinity Verlag, published: June 2018

new

Our Clients


<http://www.culturbooks.de>
**DER GESUNDE
MENSCHEN
VERSAND**
<http://www.menschenversand.ch>

<http://dietz-verlag.de>

<https://dryas.de>
**EDITION
ZEITBLLENDE**
<http://editionzeitblende.de>
EUROPAVERLAG
<http://www.europa-verlag.com>
L•E•O
<https://www.leoverlag.de>
SCORPIO TRINITY
<http://www.scorpio-verlag.de>
<http://www.trinity-verlag.de>
mare
<https://www.mare.de>

Osburg Verlag
<http://www.osburg-verlag.de>
**PLASSEN
BUCHVERLAGE**
<http://www.plassen-buchverlage.de/>
PENDRAGON
<http://www.pendragon.de>

<http://www.polar-verlag.de>

<http://weidle-verlag.de>
salis
<https://salisverlag.com>
teNeues
<http://teneues-buecher.de>

ANY QUESTIONS?
WWW.MP-LITAGENCY.COM
CLICK THROUGH, CALL US OR JUST BUY!

*Literarische
Agentur
Kossack*

Literarische Agentur Kossack GbR
Cäcilienstraße 14
22301 Hamburg
Tel. +49 – (0)40 – 27163 828
Fax +49 – (0)40 – 27163 829
Email: info@mp-litagency.com

Lars Schultze-Kossack (CEO): lars.schultze@mp-litagency.com
Annette Wolf (Foreign Rights worldwide except Scandinavia): annette.wolf@mp-litagency.com
Antje Hartmann (Foreign Rights Scandinavia): antje.hartmann@mp-litagency.com