

*Literarische
Agentur
Kossack*

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AUTUMN 2020

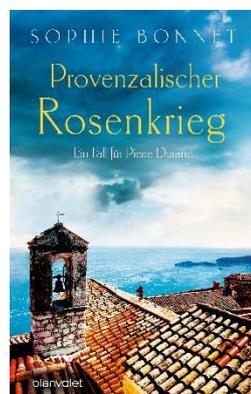
Literarische Agentur Kossack

Since 1995 **Kossack Literary Agency** has been representing German-speaking authors and their works including fiction, non-fiction, children's books and books for young adults. In addition, we are representing the sub-rights of several German-speaking publishing houses like mare Verlag, Europa Verlag, Scorpio Verlag, Pendragon, Salis Verlag and many more. We also sell German translation rights for international publishers and agencies like Jenny Brown Associates (Edinburgh/UK), Birlinn Ltd. (Edinburgh/UK), New Island Books (Dublin/UK), Tuttle Publishing (USA) and Shanghai Press (China).

Our bestselling authors include fiction writers like Anne Jacobs (*Tuchvilla*-series) and crime writer Sophie Bonnet (Penguin RH) or narrative non-fiction writers like Peter Wohlleben (*The Hidden Life of Trees*) and Klaus Bernhardt (*Getting Rid of Panic Attacks and Other Anxiety Disorders*) – please refer to publisher for translation rights.



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Ludwig/Heyne

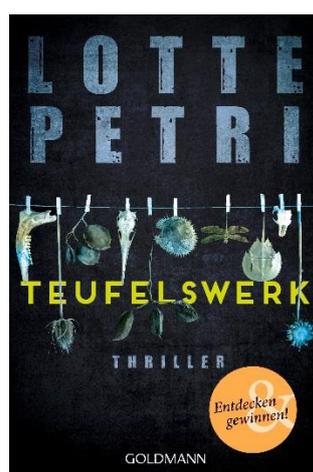


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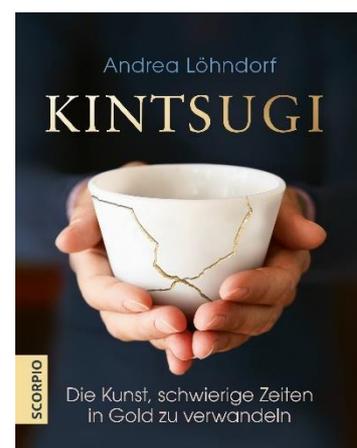
HIGHLIGHTS of 2019 (where we do hold world rights) include:



SPiegel bestselling title
Rights sold:
The Netherlands (Karakter
Uitgevers B.V.)



Rights sold:
Germany (Goldmann/ PRH),
Czech Republic
(Euromedia),
Slovakia (Ikar)



Rights sold:
Greece (Dioptra),
Russia (Eksmo),
Spain (RBA Libros)

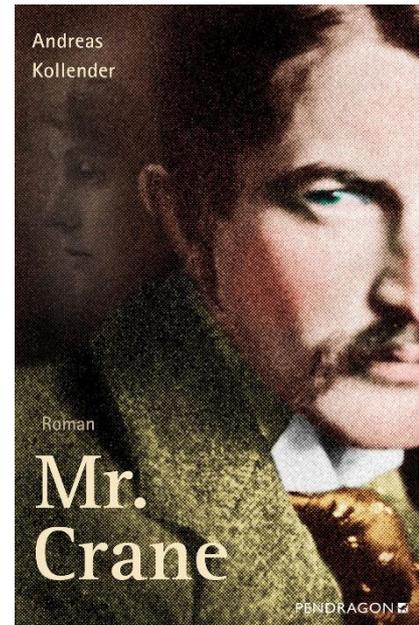
Andreas Kollender

Mr. Crane

"Kollender lets his figures become vivid without taking away their last secret."

Westfälische Allgemeine Zeitung

A colorful and musical chamber play, peppered with sensual dialogues.



256 pages, Pendragon Verlag, 24 €
Publication Date: September 2020
Please contact Kathrin Scheel:
This Book Travels Agency
(except Italian and Korean rights)

In summer 1900, writer Stephen Crane arrives at a Tuberculosis Sanatorium in Badenweiler. The young nurse Elisabeth is assigned to take care of him. She is familiar with Crane's books and considers herself his soulmate. During hot days at the Sanatorium, an obsessive connection between the two outsiders develops that they have to keep a secret.

Crane, plagued by fever and deliriums, tells her about his writing, affairs and experiences as a war correspondent. Elisabeth, intoxicated by Crane's stories, unveils her biggest secret.

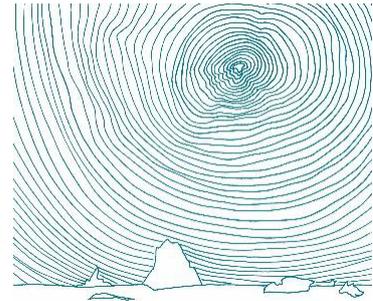
Fourteen years later, at the beginning of World War I, wounded lieutenant Fischer brings back Elisabeth's memories of Mr. Crane as she tries to save him at all costs.

Andreas Kollender was born in 1964 in Duisburg and studied German Philology and Philosophy in Düsseldorf. He moved to Hamburg in 1995. His novel *Kolbe* was released in 2015 and sold as a translation in the USA as well as other countries. Latest releases of his at Pendragon are *Das endlose Leben* and *Libertys Lächeln*.

Arezu Weitholz

Almost Alaska

»I felt like Alfred Wegener's Pangaea continent – as if I was broken and my pieces were now slowly but irrevocably drifting apart«



Arezu
Weitholz
Beinahe
Alaska

mare

192 pages, mare Verlag, 20 €
Publication Date: September 2020
Illustrated by the author
English sample available

A 45-year old photographer, single, no children, no remaining family, goes on an expedition cruise from Greenland to Alaska. She is happy that her job allows her to 'look forward all the time'. But of course, unfinished thoughts and unresolved issues come up, somewhere between the confinement on board among not unfailingly pleasant fellow travellers (like writers who give book club writing classes, or influencers with questionable table manners) and the cool expanse of the Arctic.

The narrator's view of others, nature and herself is as enigmatically witty as it is warmheartedly revealing. When the ship has to turn around in front of the icy Bellot Strait, with Newfoundland as its new course, she gradually realises that sometimes the trick is to almost make it, on journeys as well as in life.

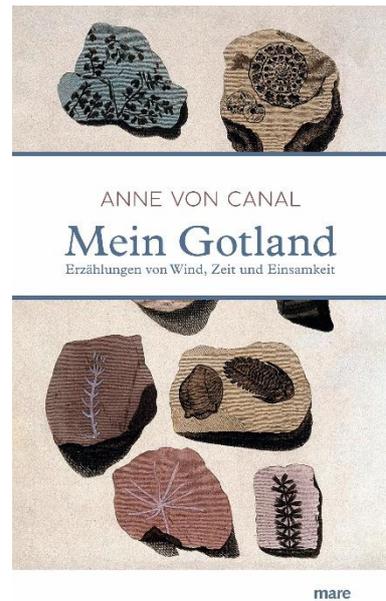
Arezu Weitholz, born near Hannover in 1968, is an author, illustrator and journalist, among others for the travel section of the *FAS (Frankfurter Allgemeine Sonntagszeitung)*. She has also worked as a text writer for musicians such as Herbert Grönemeyer, Die Toten Hosen, Udo Lindenberg and 2raumwohnung. Her most recent works include the novel '*Wenn die Nacht am stillsten ist*' (2012) and '*Der Fisch ist ein Gedicht. Beste Fischgedichte*' (2017). She lives in Berlin.

Anne von Canal

My Gotland
Stories of Wind, Time and Solitude

Part of the successful mare series "My Island"

"The island does not ask, where do you come from? It does not ask, what do you do? It only asks, will you leave or will you stay?"



144 pages, mare Verlag, 18 €
Publication Date: September 2020
Please contact Kathrin Scheel:
This Book Travels Agency
(except Italian and Korean rights)
English sample available

Gotland. For Anne von Canal, it is her winter island. A landscape in the ocean that whispers stories to her with every step she takes. Stories of solitude, of storms and shipwrecks, of people and characters, and of places and events that shape the island.

Be it Ingmar Bergman, Pippi Longstocking, the anonymous Princess Eugénie or Lauri, Gotland's first vintner - they all tell their tale. Out of the ancient landscape, the author creates a sugar-coated paradise lost in time, the musical tavern frequented by a bohemian and an open-air theatre built by prisoners of war. At the same time, a spectacular radio concert with 200 church bells resounds, as if it were the island's powerful voice. Past and present, reality and fiction all come together to create an atmospheric ballad - not just about Gotland, but also about "the island itself".

Anne von Canal was born in 1973 and gained a degree in Scandinavian and German Studies. She worked for ten years in the publishing industry and also as a translator before dedicating herself to her own writing. She splits her time between Hamburg and a small town on the Moselle River. In 2014, her novel *Der Grund* was published by mare and was a success with both the critics and the public. Her latest publication with mare is her novel *Whiteout* from 2017.

Jürgen Neffe

The Thing
- The Day I Stole From Donald
Trump

*Autobiographical novel about the 2020
US presidential election by a SPIEGEL
bestselling author*

*Portrait of a tattered city and nation,
based on actual events and encounters
that the former SPIEGEL correspond-
ent experienced during his time in New
York*



220 pages, Europa Verlag, 20 €
Publication Date: August 2020

The main characters in Jürgen Neffe's autobiographical novel couldn't be more different. There is the filthy rich real estate mogul Donald Trump, the current President of the United States, who once dubbed himself the "King of New York" and who added increasingly large and opulent skyscrapers to Manhattan's world-famous skyline in order to buck up his ego. His parties in luxurious settings were legendary. And yet, what drives the man with the fake-orange coiffure? During his time in New York, Jürgen Neffe met Donald Trump on various occasions, and he delivers a brilliant analysis of the President's personality.

And then there is Charlie, the son of Italian immigrants, who commutes day after day to Liberty Island to care for the symbol of the city, the Statue of Liberty. He is the so-called Keeper of the Flame, and is responsible for making sure that the light that functioned for millions of immigrants as the symbol of freedom and a better future in the New World never goes out. His mission fills Charlie's modest life with shine and purpose.

Both men claim to be living out the American Dream, but which one is the true patriot? And what does this have to do with "the thing" the narrator once stole from Trump Tower?

The third main character in the book is the narrator himself - his upbringing under a strict father, his early enthusiasm for literature and the United States. This is the country of his longings, a country that holds the promise of freedom and emancipation from the stifling social conditions in post-war Germany. And so his path initially leads him to SPIEGEL in Hamburg and eventually, as a reporter for the largest and most important German news magazine, to the city that never sleeps.

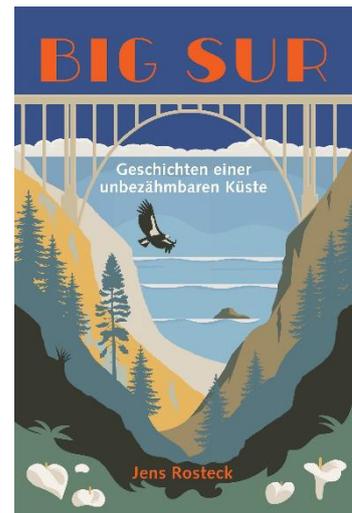
Jürgen Neffe has written an intelligent and captivating book about the city of contradictions. His memories condense into an analysis of a country that still fascinates us, but that nonetheless now finds itself in a deep crisis.

Jürgen Neffe (*1956) holds a Ph.D. in biochemistry, and in 1985, he started his journalism career with the magazine GEO and won the *Egon Erwin Kisch Prize* in 1991. Between 1993 and 2003, he worked as a reporter for SPIEGEL, which included two and a half years as a correspondent in New York. His biography *Albert Einstein* became one of Germany's top ten bestsellers for 2005, and in 2007, it was chosen by the *Washington Post* as Book of the Year. His other biographies - *Darwin: The Adventure of a Lifetime* (2008) and *Marx: The Unfinished Man* (2017) - were bestsellers as well. In 2014, he published his first novel *More Than We Are*, and he occasionally writes articles and essays, primarily for Die ZEIT.

Jens Rosteck

Big Sur
Tales from an Untamable Coast

A coast and its artist



mare

256 pages, mare Verlag, 22 €
Publication Date: September 2020

In the late 1930s, for the first time ever, a new highway along California's coastline provided the broader public with access to a desolate area of overpowering natural wonder: Big Sur.

Drawn by the aura of this rugged, windswept stretch of coast, renowned artists, such as Henry Miller, Joan Baez and Jack Kerouac, attempted one after the other to create lives for themselves in this desolation and to adopt a lifestyle that would hardly attract any attention today. However, back then, this way-of-life required daring and a pioneering spirit: submerging oneself in natural experiences, contemplation and concentration on the bare essentials.

In his multifaceted portrait of this mythical landscape, Jens Rosteck describes how Big Sur shaped the creative output of several generations of artists in a way that continues, even yet today, to resonate far beyond American cultural boundaries.

Jens Rosteck, born in 1962, lived for many years in France, where besides essays about music and literary history, he wrote a series of literary biographies. The musicologist, cultural historian, pianist, and author now lives in Baden. Through mare, he has published various books, including the island book *My Ibiza* (2013), the highly acclaimed artist biography *Brel: The Man Who Was An Island* (2016), and *Marguerite Duras: The Sister of the Seas* (2018).

Christian Hardinghaus

The Betrayed Generation - Conversations with the Last Women to Witness World War II

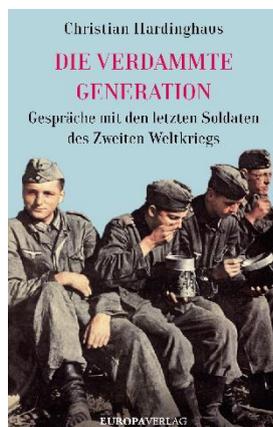
Exclusive interviews and starkly honest accounts from twelve of the last living female eyewitnesses of World War II

Comprehensive background information about the situation of women on the "homefront"



280 pages, Europa Verlag, 20 €
Publication Date: November 2020
Please contact Kathrin Scheel:
This Book Travels Agency
(except Italian and Korean rights)

German women experienced World War II in a completely different way, though often just as terrible, as their husbands, sons, fathers, and brothers who had been sent to the front. They were forced to sit tight for days, weeks and months in cellars or air raid bunkers, and had to find a way to hold out until the end despite homelessness, starvation and mortal terror. They defended Germany with everything they had as air-raid and flak assistants, as workers in factories and the armament industry, or as nurses. And they became the first victims of the advancing Allies. According to estimates, Red Army soldiers alone raped up to two million German women and girls by the end of the war. Many women died violently or took their own lives out of shame. Millions were driven from their homes in Eastern Europe and lost everything. After Germany's surrender, women helped to rebuild the country's cities, but the souls of many of these so-called "Rubble Women" and war widows never fully healed.



After the success of his book *The Cursed Generation* (Europa, 2020), in which Christian Hardinghaus gave voice to the last surviving soldiers from World War II, the last remaining women now give accounts of the physical and psychological trauma from that time under which they still suffer today.

Christian Hardinghaus completed his Ph.D. in propaganda and Anti-Semitism studies at the University of Osnabrück after finishing his master's degree in history, literature, and media studies. The journalist, author and historian has published through Europa Verlag various nonfiction books and novels focused on the World War II period. In 2019, he released his novel *Lily, the Spy of the Charité Hospital in Berlin*, in addition to an accompanying non-fiction study, *Ferdinand Sauerbruch and the Charité*.

**Sayragul Sauytbay
& Alexandra Cavelius**

**The Chief Witness
- A camp supervisor's testimony**

Teacher Sayragul Sauytbay's Appalling Life Story

Suspenseful storytelling in the first person, co-authored by Alexandra Cavelius

Supplemented and corroborated by background research, including by the renowned German scientist Adrian Zenz, and by other witness accounts

Extraordinary testimony by "the most important contemporary witness about prison camps in China" according to GfbV [Society for Threatened Peoples]



256 pages, Europa Verlag, 22 €
Publication Date: June 2020
English sample available
Please contact Kathrin Scheel:
This Book Travels Agency
(except Italian and Korean rights)

Rights sold: Netherlands (Uitgeverij Balans),
World English (Scribe Publications)

+ Following a series of attacks in Xinjiang between 2014 and 2016, the Chinese government has, over the last two years, established numerous prison camps in the region. Peking views its aggressive response as part of its fight against what it calls "The Three Evils": terrorism, separatism and extremism.

+ Sauytbay, a prisoner herself, was soon tasked by the camp leadership to play a supervisory role. Going forward, she was compelled to "educate" others according to camp guidelines. Peking tries to portray these camps to the public as schools, but Sauytbay is one of few who can credibly attest, firsthand, to what is really going on there: torture, rape, medical experiments on humans ...

+ Sayragul Sauytbay, to this day, is the only former camp supervisor with the courage to come forward and give a full account of the inner workings of these institutions. As a mother of two in China, her life would be in jeopardy, as she is living proof of the existence of these controversial camps. Sweden has granted asylum to the Sauytbay family.

+ Officially, the Communist Party abolished work camps in November 2013. In reality, these dark places continue to exist under different names. Not unlike during the Cultural Revolution, citizens out of favor, activists and dissidents still vanish there. According to UN-Human Rights Experts, “the extent is shocking and a crime against humanity.”

+ In the Chinese province Xinjiang alone, more than a million people are believed to be held in prison camps. According to estimates, at least 10% of all Uyghurs and Kazakhs in the country have already been abducted into camps. By comparison: In the U.S., this would be 1.5 times the entire population of Washington, D.C.

+ Key witness Sauytbay has already created a stir on the world stage, with her witness account to the media and in Brussels in front of the European Parliament (reported by many, including the *NY Times*, *Washington Post*, *Frankfurter Allgemeine Zeitung*, etc.) However, this account was only a small fraction of what she had actually experienced as an “educator”...

**Andreas Audretsch
& Claudia Gatzka (Ed.)**

**Slinking Into Power
How the New Right is Instrumentalizing History to Gain Interpretational Sovereignty over Our Future**

The New Right's culture war

A European perspective from renowned experts - Contributions from Andreas Audretsch, Claudia Gatzka, Paul Jürgensen, Jürgen Kocka, Markus Linden, Stephan Ozsváth, Hedwig Richter



120 pages, Dietz Verlag, 14.90 €
Publication Date: July 2020
English Sample available

The New Right is striving for power within Europe. One of its strongest strategies: the instrumentalizing of history to secure its perspective in the minds of people. Myths about nations, their heroes and their struggles for independence are being leveraged to make nationalism and ethnocentric thinking socially acceptable again. What this indicates is that we need to battle for the past so that the liberal basis of our society can have a future.

In Germany, the Alternative for Germany party evokes over a millenia of glorious German culture. Matteo Salvini in Italy is stylizing himself in the tradition of his country's freedom fighters. Hungary's Viktor Orbán wants to lead his nation back to its "historical greatness". And even in the midst of the Corona crisis, the New Right is promoting the concept of a nationalistic renaissance as a solution. The populist illusion of "pure" homogenous societies is supposed to emerge as the future's political consensus. This book analyzes the New Right's strategies across Europe and also functions as a call to politicians and scholars, teachers and civil servants, to stand up to the misuse of the historical narrative.

Dr. **Andreas Audretsch**, born in 1984, political scientist, initially entered the work force as a radio journalist. He subsequently worked in the German Parliament, the Federal Ministry for Economics and Energy, the Office of the Federal President, and the Federal Ministry for Families. He is also a Policy Fellow with *Das Progressive Zentrum* think tank.

Dr. **Claudia Christiane Gatzka**, born in 1985, teaches on the faculty of Western European Modern and Recent History at Albert Ludwigs University in Freiburg. Prior to this, she taught at Humboldt University in Berlin. She received the *Tiburtius Prize for Berlin Universities* for her dissertation on democracy in Germany and Italy.

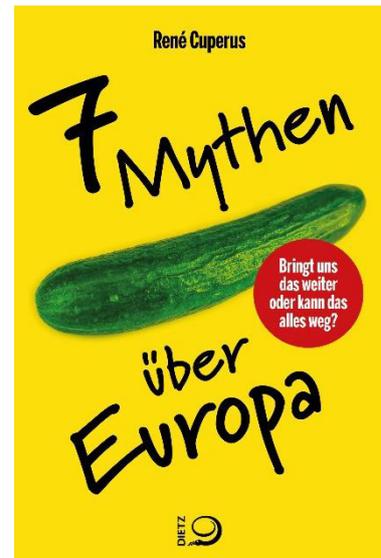
René Cuperus

7 Myths about Europe

**Does this bring us any farther, or
can it all go away?**

*What we have to understand in order to
save Europe*

Written by an insider with critical sympathy



144 pages, Dietz Verlag, 16.90 €
Publication Date: September 2020
English Sample available

Europe is helplessly facing the geopolitical struggle between the US and China, Brexit developments, the refugee crisis, the Corona pandemic, and a recession. Nationalistic solo actions are undermining the great European peace project. The EU is threatening to fracture, and is divided between winners and losers, the rich and the poor, the well-educated and the disengaged. How can Europe continue to convince its voters of the EU's continuing validity? With honesty!

The Dutch historian René Cuperus has served as an advisor to numerous governments. He dispels seven central myths tied to utopian pro-EU federalists as well as xenophobic anti-EU populists. Cuperus provides a realistic overview of the EU's strengths and weaknesses, and makes one single demand: The European cooperative experiment must be reconceptualized! An intensive search for the right balance between the EU and its democratic member nations must stand at the center of this effort.

René Cuperus, born in 1960, works as a Senior Associate Fellow at the Dutch think tank *Clingendael* and as a Research Fellow at the *Duitsland Instituut* at the University of Amsterdam. He is also a political columnist for the news network RTLZ.

Miryam Muhm

The Truth About COVID-19

Shining a light on the half-truths and how you can protect yourself against the virus

Well-founded medical information about the implications, background and profiteers of the coronavirus pandemic as well as effective protective measures



304 pages, Europa Verlag, 19.00 €
Publication Date: September 2020

One virus changes the face of the world: In February 2020, COVID-19 (corona virus disease 2019), an infection from China caused by a coronavirus (SARS-CoV-2), appeared for the first time in Europe. Within a few weeks, it had paralysed societal and economic life.

In her most recent book, Miryam Muhm asks the most urgent questions: Where does COVID-19 come from? Could it possibly have existed earlier? How does the illness affect you? Her in-depth research shows that COVID-19 was already in Europe prior to February 2020. Chinese studies have revealed that a treatment with Heparin promises success. However, the WHO, whose largest private financier is Bill Gates, and the pharma industry, including a vaccine business owned by Bill Gates, insist that the pandemic can only be ended with a vaccine that is yet to be developed and deployed around the world. At the same time, there are also ways to protect yourself. As Miryam Muhm shows based on promising studies, vitamin D not only reduces the risk of getting infected but can also alleviate the serious effects of COVID-19.

- The most recent research results, studies and therapy approaches
- Efficient methods and means, which may protect against catching coronavirus and against its serious effects
- Information about the true intentions of the Bill and Melinda Gates Foundation and the pharma industry, as well as the role of the WHO

Miryam Muhm lives in Munich and Italy. She is a freelance journalist and a writer, specialising in medicine and natural sciences. She has written for various magazines and newspapers, including *Süddeutsche Zeitung*. She also works as a scientific consultant for Italian television and is an independent scientific documentary maker for RAI TV and Swiss television.

Erik Flügge

Egoism

How to Escape the Urge to Hurt
Others

“Individualism isn’t a contradiction to
the social order.”

“The drive to improve one’s own well-
being must be transformed into a drive
for the common good.”

A SPIEGEL bestselling author with over
70,000 social media subscribers

A plea for socially-minded action



112 pages, Dietz Verlag, 10 €
Publication Date: September 2020
English Sample available

Egoism is a natural human characteristic, just as much as public spirit. Both must be in balance for a society to thrive. For many people, this balance no longer exists, and they are dominated by ruthless inconsiderateness. Front-line workers are attacked while on duty, people push to the front, thinking first and often solely of themselves. All of this is the result of the social order we have created.

This situation can be changed. We can alter our laws so that people in teams gain more than those who only think of themselves. In concrete terms: Those who care for others should have tax advantages. Those who work in social and other welfare jobs should receive more governmental support and have increased vacation benefits. Those who devote their time to others should profit in terms of their retirement benefits too. Policies like these would go far in bringing egoism and public spirit back into balance.

Erik Flügge, born in 1986, is a political strategist, lecturer and expert on the participatory process, as well as the executive director of the *Squirrel & Nuts Society for Strategic Consulting*. His books *The Jargon of Dismay* and *A Church for the Many Instead of the Holy Remnant* were SPIEGEL bestsellers. He is also the author of the ZEIT series “Jacob’s Work and Flügge’s Contribution”. Erik Flügge lives in Cologne.

Dilek Gürsoy

I'm here because I'm good!

Alone Among Men. A Female Heart Surgeon Struggles Through

Amazon bestselling title

THE GLASS CEILING IS REAL: Why women must fight for their visions



240 pages, Eden Books, 16.95 €
Publication Date: September 2020
English sample available

Dilek Gürsoy always dreamt of becoming a doctor. Today, she is not only one of the few cardiac and artificial heart surgeons in Europe but she was also named "Doctor of the Year" by the German Medical Awards in 2019. However, despite all her success, she still experiences the difficulties of occupying a top position in a hospital environment - and that commitment, competence, and self-confidence do not count as much as long-established male networks.

Dilek Gürsoy tells her story openly and honestly, growing up as the daughter of Turkish guest workers, about her education, her everyday life in the clinic, and the hurdles she had to overcome to hold her own in the operating room. But giving up was never an option for her and she has learned one thing: women must stick together!

Dilek Gürsoy is the daughter of Turkish guest workers and still has close connections to Turkey and the Turkish media has extensively covered her rise to the top of her profession

Chronicling her path, from her everyday life in the clinic to the glass ceiling that women who want to make it to the top in medicine and elsewhere encounter, she tells her story openly and honestly

She is a role model for medical professionals, women, and migrant women

Dr. med. Dilek Gürsoy, born in 1976 in Neuss, Germany is a cardiac and artificial heart surgeon. She has been operating successfully on an international scale for many years and is involved in the development of a modern artificial heart. In 2019 she was named the "Doctor of the Year" by the German Medical Awards.

Antonia C. Wesseling

**How much does my life weigh?
Why we have to think outside the box
when it comes to anorexia**

SPIEGEL bestselling title

*More and more young women suffer
from eating disorders*

We must rethink in order to help them



256 pages, Eden Books, 14.95 €
Publication Date: August 2020
English sample available

"We think we know everything about anorexia: Young girls watch Topmodel-Shows on TV and start starving themselves. But the causes of anorexia are more complex."

ZEIT Online

At the age of 14, Antonia suddenly stops eating. The doctors dismiss her problem as a temporary phenomenon of puberty until she ends up in the closed psychiatric ward with the diagnosis: anorexia. In the following years, the disease determines her life. She and her family and friends are at a loss. Why does an otherwise healthy, happy teenager want to starve herself to death?

Three hospital stays and several outpatient therapies help Antonia to decipher the language of her psyche. Little by little she sees through the mechanisms behind her disease and realizes: The desire to be thin is not the problem. The causes of her dangerous eating disorder lie deeper: Antonia is dissatisfied with herself, she feels that she is too loud, just too much for everyone around her.

In her book she tells her personal story, does away with common clichés about eating disorders, explains why anorexia is a cry for help from the psyche and offers valuable advice to those affected. In addition, her former therapist gives valuable tips and advice to those affected.

Antonia C. Wesseling was born in 1999 and is an active author and blogger. In 2015, she published her first book for young people, numerous others followed. On Instagram and YouTube (@tonipure) she blogs about books, veganism, mental health and other topics that are important to her. Antonia Wesseling lives, writes and studies in Cologne.

Lena Kuhlmann

Let me explain the psyche!

Everything you need to know about the back and forth between the heart and the brain.

SPIEGEL bestselling title

"A sympathetic view into a therapist's everyday life." *emotion*

"The author's writing is very easy to comprehend without being banal and shows a lot of humor" *Schwäbische Zeitung*

"An introduction into what is going on with our inner selves and about what you can do if you are not feeling well mentally" *WDR 1Live*

"In her book Lena Kuhlmann writes about mental illness and embarks on an exciting search for their causes." *EDITION F*



256 pages, Eden Books, 16.95 €
(paperback: 9.95 €)

Publication Date: August 2018
(paperback: February 2020)

English sample available

Feeling good, from head to toe, is an obvious goal for many people. But what happens when body and soul are out of balance? Why do some people become mentally ill while others don't? And what exactly is the id, the ego and the superego? All of this is explained in this book by blogger and psychotherapist Lena Kuhlmann.

Her entertaining stories invite you on a journey through the human psyche, introducing the Who's Who of psychiatry, and offering useful information about common ailments such as depression and anxiety disorders. She challenges old prejudices about happy pills and illustrates with personal anecdotes from her everyday life and practice that we should take our mental health at least as seriously as our physical health.

Lena Kuhlmann, born 1985, is a certified child and youth psychotherapist with a focus on depth psychology. She currently works in a psychiatric outpatient clinic and in a social psychiatric practice. She has been publishing articles and blogging about the psyche and psychotherapy since 2016 as part of her ongoing work to destigmatize mental illnesses.

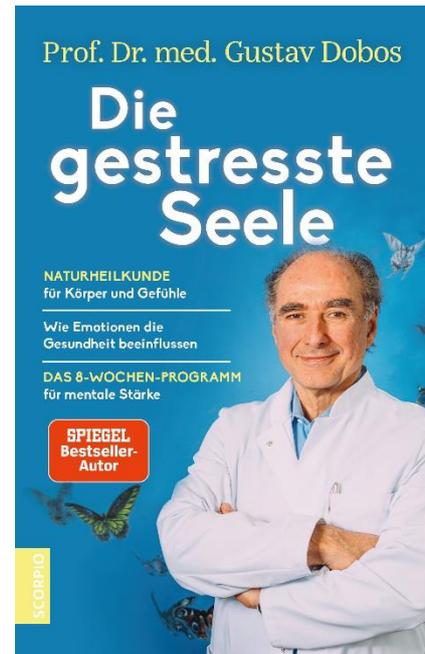
Gustav Dobos

The Stressed Soul

The new handbook by the bestselling author and pioneer of scientifically-based natural medicine on the consideration of emotions in medical treatments

Cutting-edge research on the complex relationship between emotions and physical health

With an eight-week exercise program for greater mental strength



220 pages, Scorpio Verlag, 20 €
 Publication Date: October 2020
 English sample available

Feelings can change your life - whether that is the amazing happiness of bringing a child into the world, the butterflies that settle into your stomach when you fall in love, the sense of grief when you lose a partner, or the anger and powerlessness you feel at being at the mercy of something, such as climate change or the Coronavirus. These experiences imprint themselves on us as physical memories, and they can play a decisive role in whether we become sick or remain healthy.

Unresolved feelings are what drive many people to consult their doctors - these emotions hide behind physical symptoms for which there is no real physiological explanation. These patients will be treated - for headaches or stomachaches, for persistent inflammation or chronic fatigue. However, these treatments don't actually help, since the medicines only mask the roots of the complaints. What can we do to track down our emotions without letting ourselves be overwhelmed by them or remaining trapped in the spiraling rut of negative feelings?



Professor Gustav Dobos teaches natural healing and integrative medicine at the University of Duisburg-Essen, and heads up a specialist clinic at the *Kliniken Essen-Mitte*. In 2018, his successful first book *Finally Pain Free and Able to Live a Good Life Again* was published by Scorpio Verlag, followed by his SPIEGEL bestselling title *The Stressed Heart* in 2019.

SPIEGEL bestselling title:
The Stressed Heart
 192 pages, Scorpio Verlag, 20 €
 Publication Date: May 2019
 Rights sold : the Netherlands (*Karakter Uitgevers*)

Jana Iger

Self-Healing in Harmony with Nature

Russian Wisdom for Body and Soul

*Follow on to the author's successful
first book with additional Russian
healing methods*



160 pages, Scorpio Verlag, 16 €
Publication Date: September 2020

Jana Iger is convinced: We have to take responsibility for the health of our body and soul and be our own healer in case of illness. In her new book, the Russian author shows how, with the help of holistic Russian healing methods, we can listen to our intuition and use the creative power of our thoughts. Especially through Wed-Russian 5-D massage of the internal organs we can gradually let go of harmful behaviour patterns, release congestions in our organism, restore the natural energy flow in the body and experience self-healing.



Jana Iger was born in the Ukraine and has been living in Germany since 1999. She has dedicated herself to the task of imparting the Russian knowledge of her ancestors. In her seminars and lectures, she teaches self-healing methods that help to restore wholeness and harmony in all body systems and to grow spiritually. In 2018, her book *Mein russisches Geheimrezept für natürliches Entgiften* was published, which is already in its 2nd edition with Trinity Verlag.

My Secret Russian Recipe for Natural Detox
232 pages, Trinity Verlag, 18 €
Publication Date: 2018 – 2nd print run

Wilma Staffa

**Soulmates on Four Paws
A Veterinarian Reveals what Our
Pets Disclose about Us**

A trending topic for a large target group

*Based on the experiences of a holistic
vet*

*Includes the controversial subject of pet
euthanasia and wholesome alternatives*



176 pages, Scorpio Verlag, 18 €
Publication Date: July 2020

“Pets don’t speak our language, but they clearly indicate the shortcomings in their humans.”

Something isn’t right with my humans!

Why does six-year-old German Shepherd Rex suddenly start limping just like his professionally dissatisfied mistress? And why has every cat that lonely widower Burgmaier owned died of diabetes within a short period of time?

In their behaviors and symptoms, animals reflect our worries, doubts, yearnings, and fears. Their mental disorders and physical diseases can show us the way to our - and their - healing.

The topic of saying goodbye also finds space in this significant book. The author focuses on the highly emotional topic of pet euthanasia, and out of her rich trove of experiences, she encourages us to remain by the side of our beloved pets even in death.

Through numerous case studies and tips based on her own professional practice, Wilma Staffa shows us how we can achieve health for both our animals and ourselves through a happy, mutually beneficial coexistence.

Dr. med. vet. Wilma Staffa has worked for over twenty years as a veterinarian with a holistic approach in Callenberg, Saxony. She has led counseling sessions on various topics, including “The Animal is My Mirror” and “End-of-Life Care for Pets”. In addition, she regularly holds workshops and lectures.

www.wilmastaffa.de

Christopher Schmidt

Cranes of the World

Observed and illustrated
by Christopher Schmidt



144 pages, pala Verlag, 29.90 €
Publication Date: October 2020

This well-informed book transports us to the mysterious world of cranes. It explains how these birds of happiness are endangered and recounts their mythology. It also describes their habitats both in their breeding grounds and when migrating as well as their dances, feathers and food. Fascinating studies portray 15 types of cranes from around the world - from the Common Crane and the Siberian Crane to the Blue Crane. A diary-like text follows a family of cranes on the Baltic coast over one year: from the first courtship with their impressive dances to rearing their chicks and the migration in autumn.

Brilliant illustrations, insightful watercolours and pencil drawings show the unique beauty of the crane in all facets of its existence.

Bird painter Christopher Schmidt not only draws nature illustrations but also seeks to capture a moment in time.

Christopher Schmidt works for nature conservation organisations, has illustrated field guides and has had his own books published. He has won international prizes for his watercolours. He lives in Northern Germany. He illustrated *Mein Naturkalender* for pala.

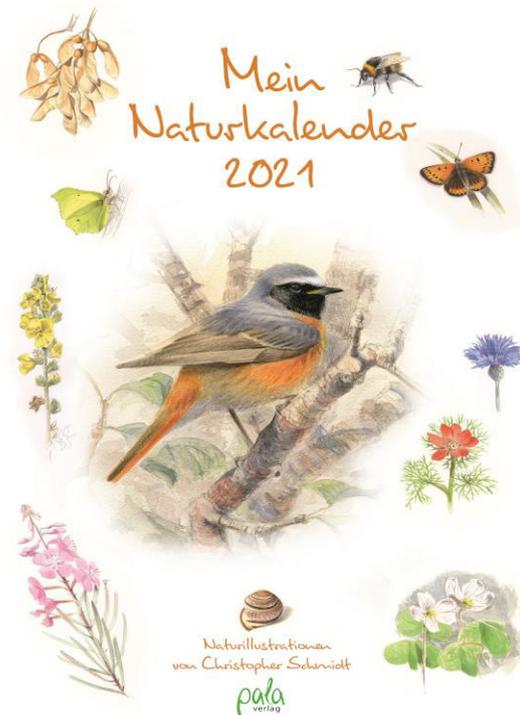
Christopher Schmidt

My Nature Calendar

Illustrations of nature
by Christopher Schmidt

'The most beautiful observations of nature are often less spectacular but touching.'

For Fans of Marjolein Bastin



144 pages, pala Verlag, 19.90 €
Format: 16 cm x 23 cm
Publication Date: June 2020

Those interested in realistic illustrations of indigenous birds, plants and personal images of nature have made the right choice with Christopher Schmidt's new weekly calendar. It has a handy spiral binder and offers enough space for appointments and notes. One's own encounters with nature in the garden, on walks or travels can be recorded here, as can valuable moments throughout the year. The known and the unknown, the striking and the overlooked, the quiet and the vivid accompany the nature-loving observer through the seasons.

The calendar awakens the joy at discovering the beautiful and the particular and recognising the connections and significance of diversity.

Christopher Schmidt has been drawing everything he encounters in nature on an almost daily basis since his earliest childhood. Books illustrated by Christopher Schmidt published with pala so far: *'Schräge Vögel'*, *'Mehr Platz für den Spatz!'* and *'Das große Buch der Gartenvögel'*. He has received international awards for his work.

Also available as monthly calendar - 14 pages, pala Verlag, 14.90 €
Format: 33 cm x 48 cm
Publication Date: June 2020

Juni Monatskalender

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
1 Pfingstsonntag	2	3	4	5	6	7
8	9	10	11 Friedenstag	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

11.6. Freitag = Bismarcktag, 20.6. Samstag = Johann Wolfgang von Goethe Tag, 21.6. Sonntag = Tag der Deutschen Sprache, 24.6. Donnerstag = Tag der Umwelt, 25.6. Freitag = Tag der Jugend, 26.6. Samstag = Tag der Musik, 27.6. Sonntag = Tag der Natur

Notizen

Taubenschwänzchen 

Kraniche mit Küken



Singvögel



23. Wb

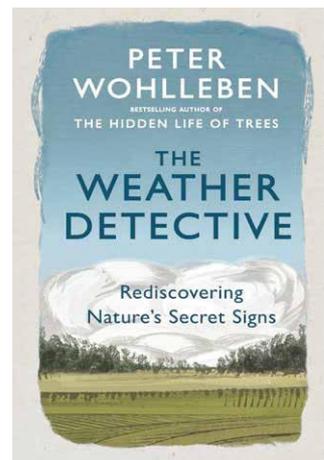
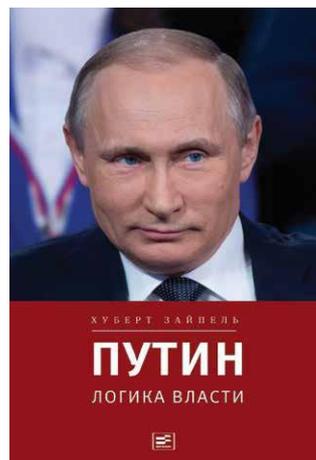
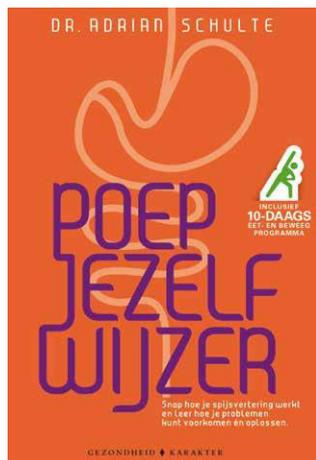
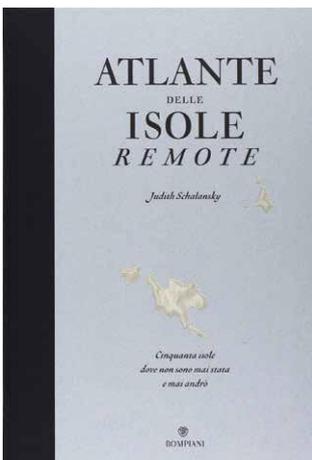
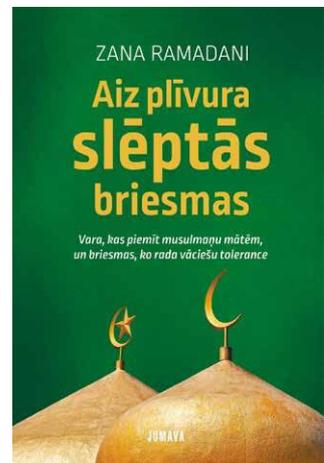
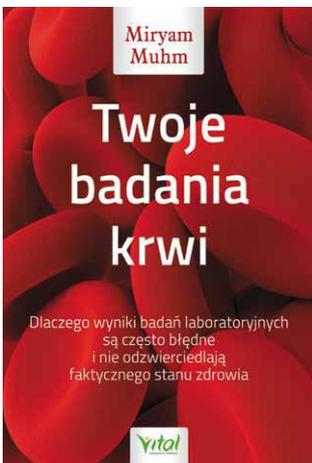
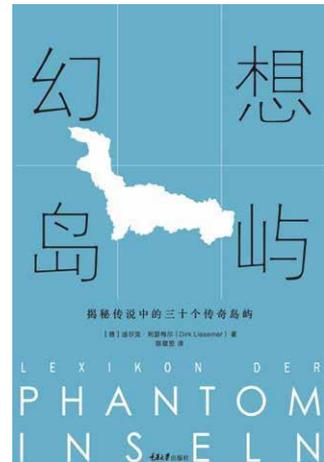
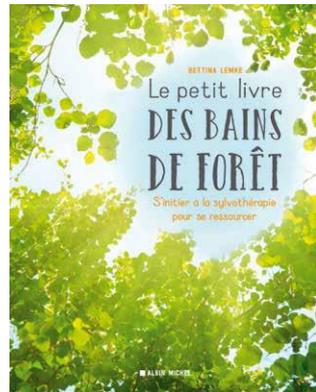
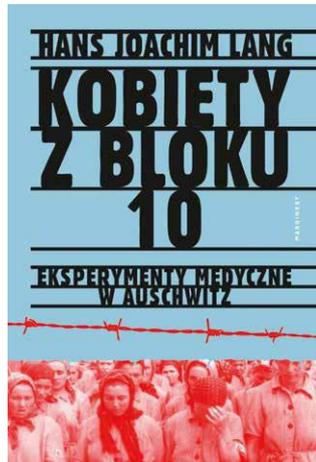
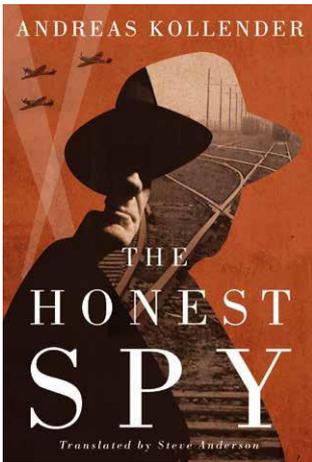
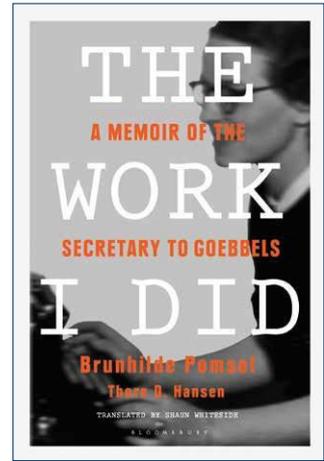
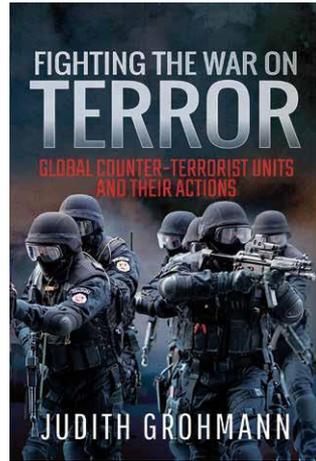
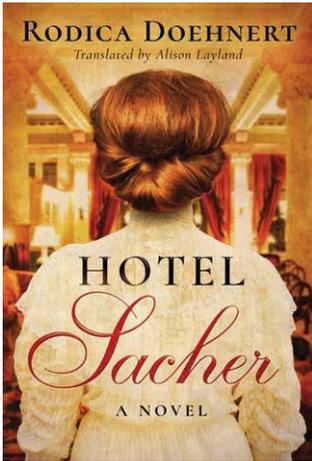
Juni

	Freitag
1 Montag	
2 Dienstag	
3 Mittwoch	
4 Donnerstag	
5 Freitag	○
6 Samstag	
7 Sonntag	

Rauchschwalbe und Mehlschwalben



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