

Literarische Agentur Kossack

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2016

Fiction

Literature

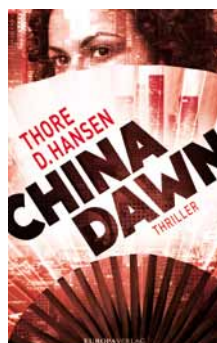
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 Peter Goldammer: The Circus of Silence
 Antonia Baum: Tony Soprano Won't Die
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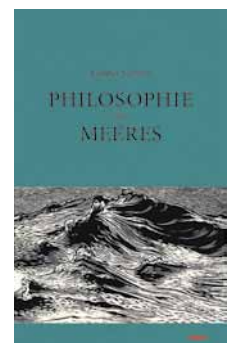
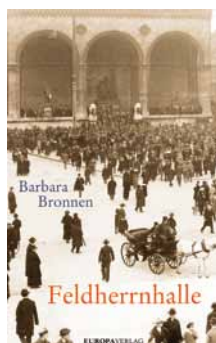
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Rodica Doehnert

Hotel Sacher. A Story of Seduction

(OT: Das Sacher. Die Geschichte einer Verführung)

A great love story, a colourful evocation of Austro-German history, a legendary hotel: first the Adlon, now the Sacher

Content

Vienna, 1892: After the sudden death of her husband, Anna Sacher is determined to carry on running their up-and-coming hotel. Against all the odds, the young widow takes her place at the helm: "I'm the man of the house now!" Anna Sacher, cigar in hand, surrounded by a pack of bull terriers and a team of loyal staff, proceeds to turn the hotel into a legend. Meanwhile, two very different couples find themselves locked in a ménage à quatre which is nothing less than a struggle for spiritual fulfilment.

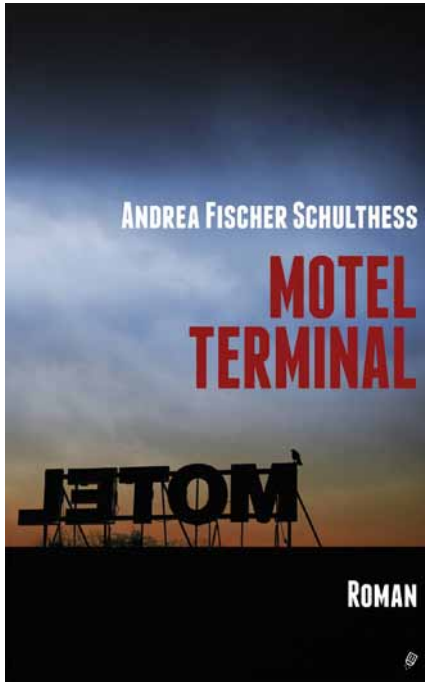
Bio

Rodica Doehnert was born in 1960. She studied directing at the College of Television and Film in Potsdam-Babelsberg and has worked for twenty years as a screenwriter, producing complex, thoughtful screenplays. Her three-part series *The Hotel Adlon: A Family Saga* was a major popular success. In this novel she takes the richness of her gripping screenplay about the Hotel Sacher to a new, literary level.

360 pages, Europa Verlag, 19,90 € (D)

To be published: November 2016

Please contact Kathrin Scheel: This Book Travels Agency (except Italian and Korean rights)



Andrea Fischer Schulthess

Motel Terminal

(OT: Motel Terminal)

"It's really thrilling penmanship, the way Fischer Schulthess expresses the sinister, the unbearable."

Frankfurter Allgemeine Zeitung

Content

Nora loves her daughter like nobody else. This is why she keeps her in an old motel, firmly protecting her from the big bad outside world. For thirteen years she manages to keep her child's existence a secret. Then young Nico appears and the house of cards collapses.

Meret, only just thirteen years of age, knows nothing but her small bedroom. Because the world outside is bad, according to her mother Nora. And Nora's convinced that the authorities would take her illegitimate and unregistered daughter away from her if they found out about her. So she plays the good wife for the wealthy banker Stefan. She's still waiting for the right moment to confess her double life to him. Nico, on the other hand, just wants to get out of this backwater with its creepy motel. Just needs to finish his apprenticeship and then "Fuck you, Breitenach!" Until then he has to top up his wages running errands for the old woman at the motel. By chance he discovers the hidden girl Meret...

Motel Terminal combines the precision and force of a literary drama with the suspense and pace of a thriller.

Bio

Andrea Fischer Schulthess, born in 1969, is a Swiss author, blogger and storyteller. After studying Zoology in Zurich, she was a teacher shortly, but failed due to her aversion to school buildings. So she became what everyone who likes being everything becomes: a journalist. She's writing for various Swiss media. On the side she does all kinds of absurd writing, creates figures and performs at the 'Minitheater Hannibal', which she founded with her husband. Since 2012 she has been the author of the 'Mamablog', which appears online in the Tages-Anzeiger newspaper. Motel Terminal is her first novel.

344 pages, Salis, 24,95 € (D)

Published: March 2016



Peter Goldammer

The Circus of Silence

(OT: Der Zirkus der Stille)

"A touching novel about joie de vivre and the courage to follow your heart. [...] A book full of life!"

People, April 14th 2016

A German-language debut full of French charm and English narrative exuberance

Content

After her mother's death, Thaïs Leblanc is raised by her grandmother, the Incomparable Victoria, as she is called on the circus posters. Thaïs loathes circus life, and once she reaches adulthood, she moves to Paris, seeking only one thing: normality. However, when her grandmother dies, her strange will confronts Thaïs with her family history, which leads her to the wondrous Cirque perdu and Papó, its director. It is here that Thaïs learns that you have to face your fears and that the most important things in life do not require anyone else's applause.

Bio

Born in Hamburg in 1957, Peter Goldammer began his professional career as a copywriter in Switzerland. He subsequently built one of the largest advertising agencies in Germany and now lives as a freelance author in Hamburg. The Circus of Silence is his first novel.

256 pages, Atlantik, 20 € (D)

Published: April 2016



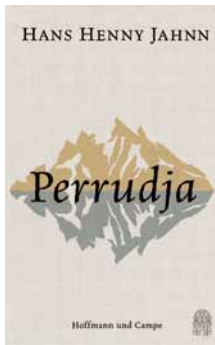
Antonia Baum: Tony Soprano Won't Die

(OT: Tony Soprano stirbt nicht)

Near death experience. See presentation in new books in german: A highly original take on a classic tale about the bonds between parents and children

144 pages, Hoffmann und Campe, published: February 2016, English sample translation available

Contact: Kathrin Scheel: This Book Travels Agency (except for Italian and Korean rights)



Hans Henny Jahn: Perrudja (OT: Perrudja)

Created whilst Jahn's Norwegian Exile during Word War II, Perrudja tells the life and visions of a man who grew up isolated and suddenly meets a mysterious stranger. Perrudja thinks about restructuring mankind and realises that the logic of the individual is not as strong as the logic and power of the collective.

800 pages, Hoffmann und Campe, to be published: November 2016



Asta Scheib: Storming the Sky. The Love of the Young Luther (OT: Sturm in den Himmel. Die Liebe des jungen Luther)

Tells the story of young Martin Luther's life: How he grew up and how he met the love of his life.

2017 will be the 500th anniversary of the beginning of the Protestant Reformation.

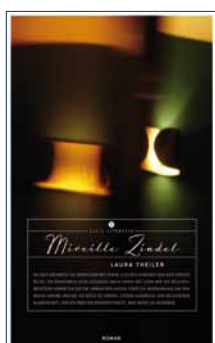
384 pages, Hoffmann und Campe, published: September 2016



Andrea Maria Schenkel: When Love Was Unlasting (OT: Als die Liebe endlich war)

No crime novel but a panorama of the society in the first half of the 20th century. The marriage of Carl and Emmi is put to the touch when they both have become older. What has the young Emmi actually been doing in the Third Reich? The foundation of their lives crumbles.

387 pages, Hoffmann und Campe, published: March 2016, translation rights sold to France, film rights sold, English sample translation available



Mireille Zindel: Laura Theiler (OT: Laura Theiler)

Laura Theiler is living an isolated life in Singapur as the wife of a big Manager. She moves in the High Society, but doesn't really belong to it. She develops an obsession of watching people and realizes what she wants from life.

128 pages, Salis, published: August 2010



Volker Dützer

The Chute

(OT: Der Schacht)

Recollection only returns gradually and with it comes fear ...
In rural isolation, Helen Stein encounters her worst nightmare.
The powerful start of a gripping series.

Content

For three days and nights, Helen Stein, profiler with the State Criminal Investigations Office in Koblenz, was held captive by a serial killer who had already murdered dozens of young women. She wakes up naked and helpless in the car park of a motorway service area. She has no recollection whatsoever of her terrible ordeal.

Her boss orders her to take some time out in a small police station in the Westerwald region. But just a couple of hours after her arrival, she is already confronted with the body of a young girl. It quickly becomes clear that the killer followed her and is now playing a perfidious game with her.

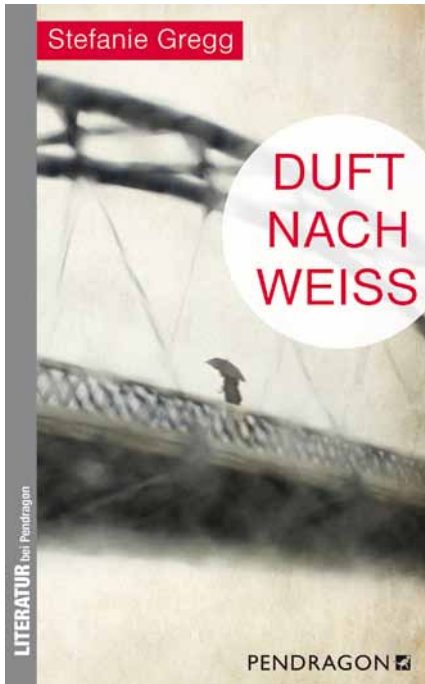
Her only help seems to be the village policeman, Funke, who after the disappearance of his daughter, appears to be drinking himself to death. The disparate couple take on the seemingly hopeless battle against a scrupulous opponent, who always looks to be one step ahead.

Bio

Volker Duetzer, born in 1964, lives in the rural idyll of the Westerwald region together with his wife. His first novel "Schattenjagd" appeared in 2008. Since then he has published numerous additional thrillers and crime novels. His short story "Schwarzer Regen" came in second in the German eBook Prize 2012. "The Shaft" is his first thriller with KBV and the start of a new series based around the investigators Helen Stein and Ben Funke.

400 pages, KBV, 11,95 € (D)

Published: October 2016



Stefanie Gregg

Haze of White

(OT: Duft nach Weiß)

Fleeing can cost you your life

Thrilling and moving

Based on a true story

Content

Bulgaria 1989: 17-year old Anelija wants to get out – out of the constraints. She sets off on a dangerous journey in the back of a lorry to Germany – a country that she believes will offer her freedom and independence. The country that her mother went to when Anelija was five years old ...

10 years before, the writer Georgi Markow fled from Sofia to London. His books are banned in Bulgaria and his public criticism of the regime from his exile becomes ever more dangerous. Markow is to be silenced.

With remarkable insight, Stefanie Gregg intertwines the stories of the girl, Anelija, who grew up with her grandmother in a small village in Bulgaria and that of the writer Georgi Markow, who became a victim of the spectacular umbrella assassination in London in 1978.

Bio

Stefanie Gregg, born in 1970 in Erlangen, studied philosophy, history of art, German and theatre studies. She writes crime novels, short stories and novels. The author lives near Munich with her family.

320 pages, Pendragon, 15 € (D)

Published: July 2016



Thore D. Hansen

China Dawn

(OT: China Dawn)

The secret of dirty money – a breathtaking thriller of disturbing topicality

Content

The horribly mangled body of a corrupt Chinese commercial attaché is found outside the US Embassy in London. At first, Scotland Yard detective Rebecca Winter thinks the killing is a ritual murder, an act of revenge by the Chinese mafia. But she soon discovers that the attaché played an explosive role in an escalating conflict between Washington and Beijing, which is now threatening to develop into all-out war. From the moment Rebecca Winter starts work on her latest case, she finds herself under enormous pressure from on high to solve the murder as quickly as possible: it is putting great strain on the fragile relations between the superpowers America and China. When Rebecca's inquiries take her to Beijing, she has no idea that the CIA has tasked one of its top agents with monitoring her investigation – an agent who is by no means on her side in this sordid case.

Bio

Thore D. Hansen, a political scientist and sociologist, has also worked as a successful business journalist and communications consultant. He is a specialist in international politics and intelligence work, a sought-after media expert and a freelance writer who engages with the unexplained and secret aspects of our culture and contemporary history in order to represent them in fiction.

400 pages, Europa Verlag, 16,99 € (D)

Published: September 2016

Please contact Kathrin Scheel: This Book Travels Agency (except Italian and Korean rights)

English sample translation available



Kai Hensel

Are You Happy?

(OT: Bist du glücklich?)

Five people.

Seventeen hours.

One question that will decide life and death.

Content

What are people willing to pay for happiness?

What are they willing to pay for their own lives?

Berlin. Seated comfortably in a convertible, Laura and Patrick are off on a weekend trip. They are young and attractive, and on the verge of being quite wealthy, thanks to Patrick's new app game, "Are You Happy?" It is taking the world by storm, inspiring players to see their lives in a totally new light: They should set off, tear down walls, cross boundaries.

A stalker will not let herself be shaken off. She seems to know something about Patrick that Laura does not. Her destination: a lonely, dilapidated castle in Brandenburg. Laura and Patrick's restoration project. However, up in the attic, Laura comes across traces of blood and discovers an ax in Patrick's sports bag. With this, a struggle for the truth begins, and in order to win this fight, to survive this night, Laura must tear down walls and cross boundaries - in order to look into the abyss.

Bio

Born in Hamburg in 1965, Kai Hensel worked as a copywriter before becoming one of the most internationally performed playwrights with his plays *Klamms Krieg* and *Welche Droge passt zu mir?* He has received several awards, including the German Short Crime Fiction Prize and the German Youth Theater Prize. Both of his novels, *Das Perseus-Protokoll* and *Sonnentau*, were critically acclaimed. In 2015, *Sonnentau* was nominated for the Friedrich Glauser Prize as the best German crime novel of the year.

336 pages, Hoffmann und Campe, 20 € (D)

Published: August 2016

English sample translation available



Sally McGrane

Moscow at Midnight

(OT: Moskau um Mitternacht)

“Readers cannot resist being sucked into this complex book.”

Süddeutsche Zeitung, Hans Christoph Buch

Content

The spy novel “Moscow at Midnight” starts out like a thriller and develops into a Russian psychological drama - esoteric and yes, even metaphysical at times. Marvelous!

“Knight, Death and the Devil in Moscow” (referring to a famous 1513 engraving by the German artist Albrecht Dürer) could also be the title of this spy novel. The knight in question is Max Rushmore, a.k.a. Maxiboy. He is a washed-up CIA agent, who speaks fluent Russian in spite of, or because of, his track record of professionalism and loyalty in the line of duty. But the agency wants to downsize and doesn’t see him exactly as the “winner type,” i.e. they think he’s a loser. But like everywhere, the CIA also needs to outsource to save money, and Maxiboy will do just fine for now. His supervisor Dunkirk, a slick careerist, gives him one last chance. He must solve the death of a Russian immigrant, who died of heart failure in Gorky Park after returning to Moscow. In need of money, Rushmore accepts the job, even though the Russians as well as the Americans aren’t that interested in solving the case, or even questioning the cause of the ex-agent’s death.

Bio

Sally McGrane was born 1975 in San Francisco. Her debut novel is based on first-hand experience in Russia. As an American living in Berlin, she has written widely acclaimed articles for the New Yorker and the New York Times.

312 pages, Europa Verlag, 17,99 € (D)

Published: Spring 2016

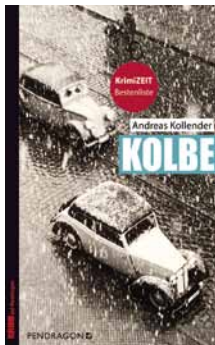
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Mechtild Borrmann: Who Breaks the Silence (OT: Wer das Schweigen bricht)

Top Bestseller: One of the best German crime novels. Literary crime novel, awarded with Deutscher Krimipreis: Best Debut 2011

224 pages, Pendragon, published: Feb. 2011, translation Rights sold to Denmark, Spain, Italy, France, Japan, USA, Turkey; English reading sample available



Andreas Kollender: Kolbe (OT: Kolbe)

Literary crime novel on one of the most important spies of World War II. Summer 1943: Fritz Kolbe, a civil servant in the German Foreign Ministry is leading a double life. His love Marlene gives him the strength to carry on. But she is married, and then suddenly her husband returns from the front ...

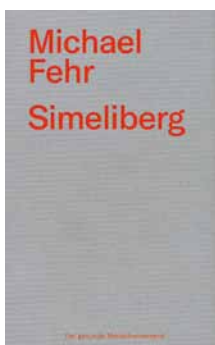
472 pages, Pendragon, published: July 2015, translation rights sold to USA, English sample translation available



Gudrun Lerchbaum: Country of Lies (OT: Lügenland)

Due to the influx of refugees Austria experienced a swing to the right, established a dictatorship and is monitoring its citizens electronically. Mattea, a former soldier and loyal to the system shoots her girlfriend and has to flee – not easy in a high tech state. Mistaken for a revolutionary she paradoxically finds shelter with the resistance.

432 pages, Pendragon, published: August 2016



Michael Fehr: Simeliberg (OT: Simeliberg)

Poetic crime novel which plays with contrasts and discusses ideologies, confusion, social isolation and the feeling of security. „World literature“ (Denis Scheck)

144 pages, Der gesunde Menschenversand, published: February 2015

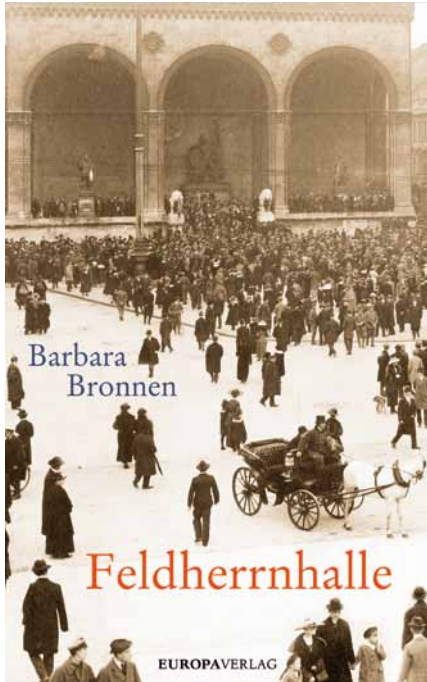
Contact: This book travels Agency (except Italian and Korean rights)



Thomas Askan Vierich: Deadly Delicacies (OT: Tödliche Delikatessen)

A much feared food-mogul topples over into his pudding: Death by poison during his new gourmet restaurant opening. Detective Stubenrauch investigates with his new partner – journalist Alfred Brinkmann and learns a lot about life, friendship, family and food.

304 pages, Atlantik, published: February 2016



Barbara Bronnen

The Field Marshals' Hall

(OT: Die Feldherrnhalle)

"Probably the most vibrant German writer of our times."

Süddeutsche Zeitung

Content

With its air of grandeur and mystique, the Feldherrnhalle in the heart of Munich serves as the city's 'reception room'. The Loggia, commissioned by King Ludwig I (who had it built even larger than the Florentine original, in defiance of those who had wanted to abolish the monarchy), has known both glory and iniquity, greatness and treacherous violence. In her novel, Barbara Bronnen looks back on the turbulent history of this extraordinary building.

The author creates a world of distinct voices. We meet King Ludwig I and Marianna Florenzi, his lover of many years, Lola Montez, Ricarda Huch, Georg Elser, Bertolt Brecht, Léo Lania, Hannah Arendt, Walter Klingenbeck, Gerhard Rossbach, Oskar Maria Graf and the terrorist Vera Zasulich.

Bio

Barbara Bronnen studied German and Philosophy in Munich, where she now lives and works as a freelance writer. She has published numerous novels, stories, essays and articles including an ode to Munich, her adopted home, and the acclaimed novel "My Fathers" with Insel Verlag. Barbara Bronnen has won a number of prizes and holds a poetry lectureship in Bamberg.

352 pages, Europa Verlag, 19,90 € (D)

Published: October 2016

English sample translation available



Christian Kreiß

Ads? No Thanks. Why We Are Better Off Without Advertising

(OT: Werbung – Nein Danke! Warum wir ohne Werbung viel besser leben könnten)

Content

Advertising gives customers information and guidance and helps them find the best products for their individual needs – or so say the companies and service providers who bombard us with a daily stream of TV ads, brochures and billboards. But do we really need advertising? What is the point of it? And wouldn't we be much better off without this constant information overload?

- The first scientifically researched book about the negative aspects of commercial advertising
- With lots of inspiring examples of how responsible citizens can take a stand against advertising
- For readers of Naomi Klein and Harald Welzer

Bio

Professor Christian Kreiss was born in 1962 and studied economics in Munich. In 2002, after working as a banker at various commercial banks for nine years (seven of which he spent in investment banking), he took up a teaching post at Aalen University, where he now lectures on finance and economic policy. His other successful publications include "Planned Obsolescence" and "Paid-for Research".

300 pages, Europa Verlag, 19,99 € (D)

Published: September 2016



Shirin with Jan Ilhan Kizilhan and Alexandra Cavelius (Co-writer)

I remain a daughter of light

(OT: Shirin – Ich bleibe eine Tochter des Lichts)

Shirin is the voice of the unspeakable:

a young girl's experiences at the hands of IS terrorists

Content

Shirin had been planning to get her A' Levels and then go on to university when IS terrorists raided her village. Heavily bearded invaders snatched the young girl from the protective arms of her family. Together with other unmarried women and girls from the village, she was abducted, sold in marriage several times and enslaved for sex. Shirin's ordeal is as hard to imagine as is her daring escape, carried out with the help of the ninth man she was given to in marriage. A shattering account of IS brutality and the fate of one courageous young woman.

Shirin is now 19. She came to Germany with other traumatised Yazidi women and girls and now lives under the roof of a special refugee project in Baden-Württemberg. With the help of Alexandra Cavelius, she tells her story of being kept as a slave, of life in the so-called Islamic State (IS) and her escape from this living hell, brought to a close by the support of a German relief project for trauma victims. The book illustrates her nightmares as powerfully as it does her hopes.

Bio

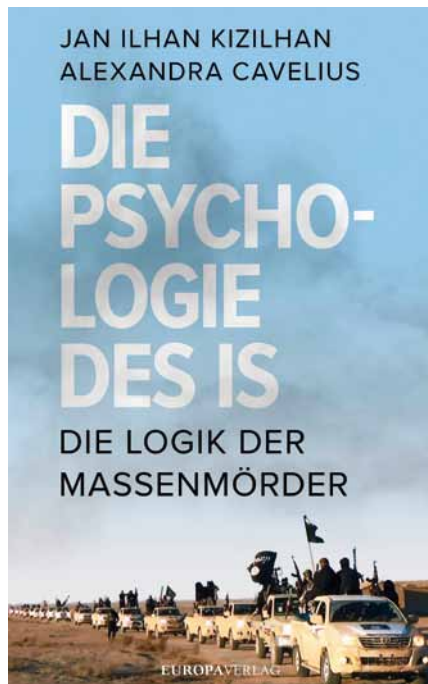
Professor Jan Ilhan Kizilhan comes from Kurdistan and is an internationally recognised expert in transcultural psychiatry and traumatology. Specialising in the Middle East and Psychology, he heads the Psychiatric Conditions programme of study at the Baden-Württemberg Cooperative State University and has for many years been engaged with victims of Islamic State militants.

Alexandra Cavelius is a freelance author and journalist. Her publications include two bestsellers, 'Die Himmelstürmerin' and 'Leila – ein bosnisches Mädchen'.

368 pages, Europa, € 18,99 (D)

Published: January 2016

Translation rights sold to: Poland, Netherlands



Jan Ilhan Kizilhan and Alexandra Cavelius (Co-writer)

Inside the Mind of IS: the Logic of the Mass Murderers

(OT: Die Psychologie des IS: Die Logik der Massenmörder)

'The acts of dehumanisation [...] by IS terrorists are unprecedented: men murdered [...], women and girls raped and enslaved, [...] young boys forcibly converted and trained as child soldiers.'

Jan Ilhan Kizilhan

Content

A glimpse into the horror: How the IS terror machine works

A dimension of brutality and dehumanisation not seen before has now been reached by the so-called Islamic State (IS) and its regime of terror. The self-styled holy warriors who, since 2011, have brought large parts of Syria and Iraq under their control and who are also active in other Islamic countries, will stop at nothing to push ahead with their concept of a just and fair state: genocide, enslavement, rape and enforced conversion.

What goes on in the mind of an IS fighter? What is the ideology that makes them suppress all human feeling? Through the most astonishing of case studies, Alexandra Cavelius and Professor Jan Ilhan Kizilhan give an insight into the psychology of the Islamists who have brought terror to Europe, not least with the Paris attack on the satirical magazine, Charlie Hebdo. They present examples of real suffering, including a man who survived the mass murder in the village of Kocho, a Yazidi girl raped and enslaved by the self-styled 'Caliph' Abu Bakr al-Baghdadi and a Yazidi boy who was trained as a child soldier before managing to flee. But they also include the voice of the perpetrators: an interview with an IS fighter makes all too clear the terrorists' contempt for humanity.

424 pages, Europa Verlag, 22,90 € (D)

Published: October 2016

English sample translation available



Dirk Liesemer

Lexicon of the Phantom Islands

(OT: Lexikon der Phantominselfn)

“ ... and when you get closer, everything dissolves into nothing ...”

Content

Sunken paradises and icy continents, devil rocks and islands of gold. Legendary islands, which don't exist and never did, have appeared on ocean maps since the year dot. Yet time and again they became the target of foolhardy expeditions: For centuries mariners, kings, soldiers, pirates and cartographers believed in their existence and searched for them by ship, on foot and from the air.

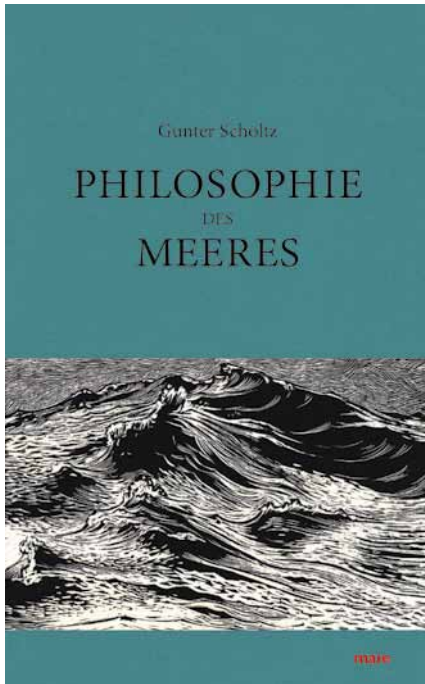
Dirk Liesemer selects thirty of these imaginary islands and tells of their alleged discovery through to their refutation: Diverse, curious stories that lead over all oceans and through world history. So the Lexicon of the Phantom Islands not only acts as an ideal starting point for adventurous journeys of the mind, but also as a chronicle of human weaknesses. It's all about cravings for power, hypocrisy, lack of vision – and very often just the simple pleasure of deception.

Bio

Dirk Liesemer, born in 1977, studied politics and philosophy in Muenster and Rennes, France. He attended the Henri-Nannen School of Journalism in Hamburg and worked as an editor in Berlin and Munich. He now works as a freelance journalist for various magazines, including the magazine mare.

160 pages with illustrations, Mare, 24 € (D)

Published: August 2016



Gunter Scholtz

Philosophy of the Ocean

(OT: Philosophie des Meeres)

“Life comes from the ocean. The merit of this clever book is showing that the same applies to thought.” Gert Scobel

Content

The ocean has been a focus of philosophy for more than two and a half thousand years. Thales, the first philosopher of Greek antiquity, regarded water as the source of all being; Kant believed that over time, the oceans would thwart the rotation of the earth, inevitably leading to the end of the world; Edmund Burke chose the perspective of the ocean to define the sublime, and Hegel on the other hand warned his students that philosophising was similar to diving into a shoreless ocean ...

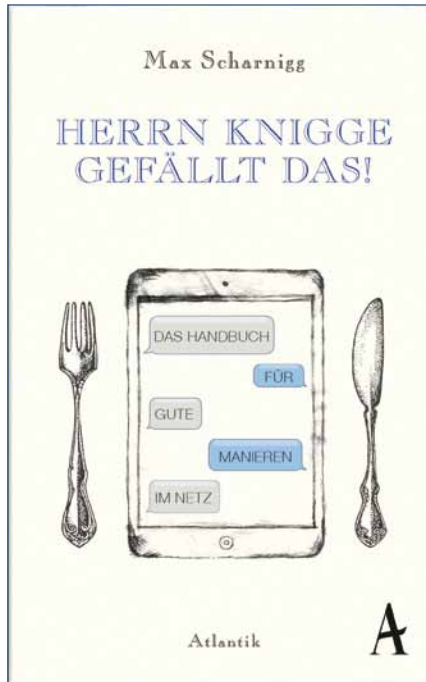
The Philosophy of the Ocean is not shoreless, but profound and unique: By showing us the ocean from the perspectives of renowned thinkers and various philosophical disciplines, it also offers a complete and comprehensive introduction to philosophy in general – from antiquity to the present day. For man has always been defined by his relationship to the ocean.

Bio

Gunter Scholtz, born in 1941, was Professor of Philosophy at the Ruhr-University Bochum up until his retirement. He has published works on the theory of humanities, as well as the philosophy of history, religion and art. Another focus of his work is conceptual history. He lives in Bochum.

240 pages, Mare, 26 € (D)

Published: March 2016



Max Scharnigg

Miss Manners Approves!

(OT: Herrn Knigge gefällt das!)

“There are so many things you can do wrong, even on the internet. Fortunately, there are experts who know how we should behave.”
HAZ, April 23rd, 2016

Content

The digital world presents us with all sorts of important questions: Is it alright to send birthday greetings via Facebook? Do I have to like every picture my best friend posts of her own feet? How do I unfriend someone politely, and how do I take cover when a shitstorm hits? It is high time for a few answers, which would have pleased even Miss Manners.

“Scharnigg’s book is thoroughly amusing to read. His commentary on the online community’s status system is especially revealing.”

Ursula März, *Die Zeit*, May 25th, 2016

Bio

Born in 1980, Max Scharnigg works as an editor for the *Süddeutsche Zeitung*. His multi-award-winning debut novel “Die Besteigung der Eiger-Nordwand unter einer Treppe” was published in 2011, followed in 2013 by his novel “Vorläufige Chronik des Himmels über Pildau”. Most recently, he wrote about his passion for fishing in “Die Stille vor dem Biss”, published by Atlantik Verlag.

240 pages, Atlantik, 15 € (D)

Published: April 2016



Tilman Steiner

A Perception of the World - The Rationale of Beauty and the Senselessness of Rationality

(OT: Die Anschauung der Welt. Die Vernunft der Schönheit und die Unvernunft der Rationalität)

An alternative to our rational world view – a new perspective on the world and our future

A wonderfully rich book packed with vitally important issues, information and observations, which goes right to the heart of its sources

Content

Since time immemorial, researchers, artists, scientists and philosophers have been searching for “the theory of everything”: the formula of formulas to explain how the world came into being and what binds it together at the micro and macro levels. Physicists are delving ever deeper into the secrets of the universe; new discoveries are being made all the time, helping to provide us with an increasingly detailed picture of the world and ever greater knowledge. The result of all this endeavour is that we now know more than ever before about evolution. In this book, Tilman Steiner advocates an alternative to our rational view of the world, and a new way of thinking and behaving to ensure that the world’s beauty is preserved for future generations.

Bio

Tilman Steiner, professor and legal expert, university lecturer and journalist, has been responsible for the accreditation of BA and MA courses in media, journalism and communication studies at German universities. He is also chair of the arbitration committee of the Bavarian Journalists’ Association. Tilman Steiner has made several hundred documentaries and TV programmes, has regularly edited magazines about science and social issues, and has worked for decades in a managerial capacity at Bavarian Television and ARD.

400 pages, Europa Verlag, 24,90 € (D)

Published: August 2016



Miryam Muhm

The Bloodtest-Lie. Why Lab Results Are Wrong and Making Us Sick

(OT: Die Blutwertlüge. Warum Laborwerte falsch sind und uns krank machen)

The Achilles heel of modern medicine is the fact that 70% of all diagnoses are based on blood tests which often give an inaccurate picture of a patient's state of health. Is our blood lying, or is our concept of modern medicine wrong?

Content

Millions of patients have had the upsetting experience of being told that their blood test results are "normal" despite the fact that they are clearly unwell: sufferers of undiagnosed thyroid disease or diabetes, depression or fatigue syndrome, cognitive disorders or dementia – and not least the many patients who are labelled psychosomatics.

In her clear, accessible analysis based on sound medical knowledge, science journalist Miryam Muhm shows how the misinterpretation of many reference ranges for blood tests leads to misdiagnoses and treatment errors.

This book provides constructive information and hope to patients who feel let down by modern medicine. It is also intended for readers who want to look "behind the scenes" of medicine, in order to deepen their own knowledge and better protect their own health.

Bio

Miryam Muhm lives in Munich and Italy and works as a freelance journalist and writer specialising in medicine and natural sciences.

She has written for various magazines and newspapers including the *Süddeutsche Zeitung*. She also acts as a scientific consultant for Italian television and an independent science documentary maker for RAI TV and Swiss Television.

240 pages, Europa Verlag, 18,99 € (D)

Published: August 2016



Jörg Armbruster: Welcome to the Holy Land? Jews With German Lineage in Israel (OT: Willkommen im gelobten Land? Deutschstämmige Juden in Israel)

Before, during and after Nazi-Germany, many Jews left for Palestine. Journalist Armbruster met some of the last survivors and discovered moving stories.

288 pages, Hoffmann und Campe, published: September 2016



Gabriele Baring: The Hidden Angst of the Germans (OT: Die geheimen Ängste der Deutschen)

Family therapist Baring sees psychological problems of people in context with their ancestors: inherited traumata. In her book she shows how traumata of World War II coincides with psychological problems of Germany.

320 pages, Scorpio, published: October 2011



Linda-Luise Bickenbach and Bente Schipp: Doing Things Right. Household on a High Level (OT: Sachen richtig machen. Haushalt mit Stil)

From organising your wardrobe to mixing drinks: Insights from specialists, stars and experts. Everything you need to know about your home.

224 pages, Atlantik, published: September 2016



Laura Chaplin: Laughing is the First Step to Happiness (OT: Lachen ist der erste Schritt zum Glück)

„A day without laughing is a lost day.“ This well known phrase was the motto of Charlie Chaplin and it is, too, the motto of his granddaughter Laura Chaplin. She was brought up in his house in Geneva, lives as model and painter and looks after the family foundation. This book is about what she has learned in life: you can change the world with a smile.

336 pages, Hoffmann und Campe, published: April 2016, English translation available



Miguel Corty Friedrich: Cancer Revolution. Lose Your Fear Through Integrative Medicine (OT: Die Krebsrevolution: Wege aus der Angst durch integrative Medizin)

Corty Friedrich presents a treatment based on the Banerji-Protocol, an international project, supported by the American Cancer Institute. It's a revolutionary therapy for cancer patients, that combines homoeopathy, nano medicine biological treatments and showed success for the last 15 years.

272 pages, Europa Verlag, published: September 2016



Martin Geck: Shortest Story of Music (OT: Kürzeste Geschichte der Musik)

The book describes musical traditions through time and from all over the world, all the different genres, roles and looks at the lives of some selected music-geniuses.

192 pages, Atlantik, published: October 2016



Jeannette Hagen: The Liveless Society. Why We Can't Feel Anymore (OT: Die leblose Gesellschaft. Warum wir nicht mehr fühlen können)

As voluntary-worker Hagen noticed that a lot of people are numb and without empathy towards refugees despite the bad news that reaches us through media every day. She states that the refugee-crisis isn't about refugees but a crisis of society that emerged through the refugee-crisis. The book appeals to people to not put fear, hatred and hostility towards strangers above reason and empathy.

192 pages, Europa Verlag, published: September 2016



Janice Jakait: Don't Be Excited too Late (OT: Freut euch nicht zu spät)

The new book from the bestselling author of "Roaring Silence" encourages people to live life in the present and not dwell on lost chances or fears of the future.

224 pages, Europa Verlag, published: April 2016



Anna König and Holger Wentzl: Munch – One Year, One Couple, One Pot (OT: Mampf – Ein Jahr, ein Paar, ein Topf)

Moving in together as a couple is difficult – cooking together even more so. In 100 funny stories and recipes König and Wentzl tell us about living and cooking together for one year.

256 pages, Atlantik, published: February 2016



Bruni Prasske: May Your Hands Never Hurt (OT: Mögen deine Hände niemals schmerzen)

„May your hands never hurt“ is one saying Iranians use to show respect towards others. Prasske travelled through Iran, studied the culture and customs of the country and tells the story of a forbidden love.

336 pages, Atlantik, published: July 2016



Liselotte Pulver: Mustering Life With a Laugh (OT: Dem Leben ins Gesicht gelacht)

Pulver was one of the biggest movie stars of the 1950s and 60s and popular throughout the 70s and 80s. Her brand marks were and are until today: The very distinctive and addictive Lilo-Pulver-Laugh, optimism and joie de vivre. She played in movies all over the world and made German movie-history. The book includes new interviews with Pulver and stories told by companions, friends, colleagues and the son of Pulver.

272 pages, Hoffmann und Campe, published: September 2016



Guido Westerwelle: Between Two Lives (OT: Zwischen zwei Leben)

From one day to the other: Guido Westerwelle, one of the most prominent politicians has to face that he is seriously ill: leukemia. In his book he writes about his struggle and how the disease has changed his life – and his person.

Bestseller in Germany

240 pages, Hoffmann und Campe, published: November 2015



Peter Wohlleben

Crane Flight and Floral Clock.

Observing, Understanding And Using Phenomena of Nature in the Garden

(OT: Kranichflug und Blumenuhr. Naturphänomene im Garten beobachten, verstehen und nutzen)

“The [...] forest is back in the spotlight.”

Sally McGrane, New York Times

Content

Expeditions into nature begin right outside our front door. Thousands of small and large processes occur here that are fascinating and revealing – if you should notice them. In his book, Peter Wohlleben invites the reader to train their senses in order to observe the signals sent out by the winds, clouds, plants and animals. Thus daisies become weather prophets, cranes living thermometers and marigolds tell us what time it is. The personal impressions provide fascinating and calming nature experiences, but also useful gardening tips, ranging from planting, watering to winter protection.

The forester and nature conservationist, Peter Wohlleben, also provides information about the scientific background of daily phenomena and well-known weather lore; he dispels several legends and warns of consequential interventions into the animal and plant world.

The book is a treasure trove of valuable knowledge and entertaining facts, but above all, an insightful plea for the appreciation of nature.

Bio

Peter Wohlleben, born in 1964, studied forestry and works as a forest ranger since 1987. He wanted to put his ideas of ecology into practice and now runs an environmentally friendly woodland in the Eifel Mountains. He holds lectures and seminars and has written books on subjects pertaining woodlands and nature protection. His best-selling book “The Hidden Life of Trees” was sold to more than 20 countries.

160 pages, Pala, 14 € (D)

Published: 2012

Translation rights sold to: France, Italy and Taiwan



Peter Wohlleben

Understanding Trees

What Trees Tell Us, And How We Should Care For Them Naturally

(OT: Bäume verstehen. Was uns Bäume erzählen, wie wir sie naturgemäß pflegen)

Being on first-name terms with trees

Content

In his book “Understanding Trees” published by pala-verlag, Peter Wohlleben invites the reader to participate in a very special language course. He demonstrates very impressively: Trees only seemingly stand still and silent in our gardens. Beech, apple and co. not only communicate with one another, but also with us – if we learn their language.

Those who know what a tree feels, who can recognise from its growth and the state of its leaves or bark how it is doing, will long delight in it. This is why the forester, Peter Wohlleben provides surprising insights into the emotions of trees: He tells of frightened and courageous specimens, of chiefs and crown princes and of power struggles and life long tree friendships. Knowledgeably and entertainingly, he leads the reader towards a new perspective.

Knowledge about the essence of trees and the ecological correlations make natural care easy. The expert’s advice helps in deciding upon the most suitable house tree, with planting and pruning or with treating sick and old trees.

A book for all those who love trees and want to get to know them from the root to the crown.

200 pages, Pala, 14 € (D)

Published: 2011

Translation rights sold to: Czech Republic,
France, Italy and Taiwan



Achill Moser

The Soul Keeps Up By Foot

(OT: Zu Fuß hält die Seele Schritt)

“He tells the story of real adventures, describing widely varied forms of walking and focusing, above all, on how walking can change your perspective on the world and yourself.”

Globetrotter

Content

On the go in the world, on the go to find yourself – Walking and hiking, the earliest forms of human movement, are one way that we humans search for happiness. Anyone who walks is inclined to contemplation, and often ends up traversing their own mental landscape. Whether in the world’s deserts, on China’s Silk Road, along the former East-West German border, or following in Don Quixote’s footsteps in Spanish La Mancha – Achill Moser encounters unexpected insights everywhere he goes. He describes real adventures, a wide variety of forms of walking – from nomadism to pilgrimages – and above all, he focuses on how walking transforms our view of the world and ourselves.

Bio

Born in 1954, Achill Moser studied economics, African studies and Arabic studies in college. For many years, he lived among the nomadic peoples of Africa and Asia. Today he lives in Hamburg, and works as a freelance journalist, photographer and lecturer. His other books, published through Hoffmann and Campe, include “Das Glück der Weite” (2009) and “Über die Alpen nach Italien” (2011).

227 pages, Atlantik, 22 € (D)

Published: March 2016

Translation rights Sold: Das Glück der Weite (Korea)



Janice Jakait: Roaring Silence (OT: Tosende Stille)

A young woman rows the Atlantic and finds herself

With incredible force and eloquence Janice Jakait depicts her Tour de Force and lets the reader take part in a unique adventure which no German before her had ever mastered.

Brilliantly written, a real adventure for the reader, too.

240 pages, Scorpio, published: March 2014, English sample translation available

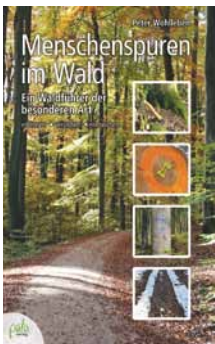
Please contact Kathrin Scheel: This Book Travels Agency (except Korean and Italian rights)



Peter Wohlleben: Feelings of Animals (Die Gefühle der Tiere)

Clear empathic and humorous: Peter Wohlleben's pleading for a good and fair contact to animals shows with how many prejudices we see our pets. Do they really like their mistress? Or is this just a big misunderstanding – and they need to. The must have book for every animal lover.

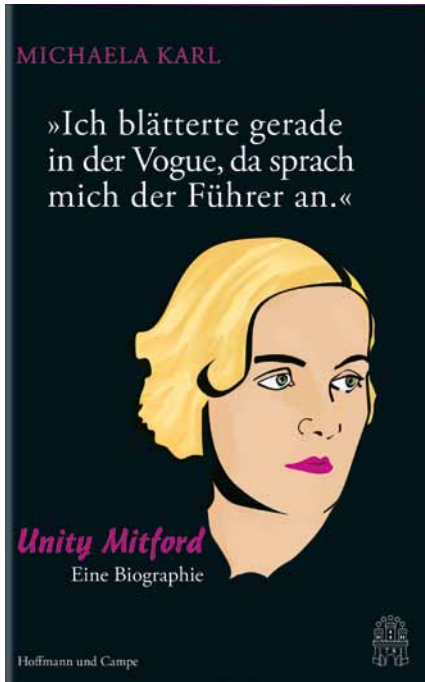
160 pages, Pala Verlag, published: October 2014, translation rights sold to Italy



Peter Wohlleben: Traces of Men in the Forest (OT: Menschenspuren im Wald)

A forest guide of another kind. Beneath many guides to animal marks we learn how to see how human beings influence and change our forests. We learn how to interpret marks and tracks in the forest and we are able to see the difference between an original forest and a cultivated forest. Fascinating and full of proposals of solutions.

160 pages, Pala Verlag, published: October 2015



Michaela Karl

“I was simply flipping through Vogue, when the Führer spoke to me.” Unity Mitford – A Biography

(OT: „Ich blätterte gerade in der Vogue, da sprach mich der Führer an.“ Unity Mitford – Eine Biographie)

Content

She came from one of the best families in Great Britain and dedicated her life to the “Führer.” Michaela Karl tells the almost unbelievable story of Unity Valkyrie Mitford:

Hitler groupie, Nordic goddess, and spoiled daughter of a British lord. In the mid-1930s, the 20-year-old cousin of Winston Churchill moved to Munich, in order to meet Hitler. Göring believed she was a British spy, while MI5 thought she was simply foolhardy. When Eva Braun attempted suicide in response to this unexpected competition, the press openly speculated about the future Mrs. Adolf Hitler. However, when Great Britain and France declared war on the German Reich on September 3, 1939, two shots suddenly rang out in the English Garden...

Bio

Born in 1971, Michaela Karl studied political science, history and psychology in Berlin, Munich and Passau. In 2001, she completed her Ph.D. at the FU Berlin with a dissertation on Rudi Dutschke. She is an adjunct professor at the Munich School for Political Science and a member of the Munich Turmschreiber authors' group. She has published 14 books, and her biographies on Dorothy Parker, and Zelda and F. Scott Fitzgerald, in addition to her book about Bonnie & Clyde, were highly praised by the critics.

400 pages, Hoffmann und Campe, 22 € (D)

Published: October 2016

English sample translation available



Anne Siegel

Señora Gerta.

How a Viennese Jew Fooled the Nazis While Fleeing to Panama

(OT: Señora Gerta. Wie eine Wiener Jüdin auf der
Flucht nach Panama die Nazis austrickste)

A woman who risks her life in a desperate situation to save the man
she loves from the Gestapo.

Content

Gerta Stern's story is one of adventure, true love, dauntless courage and selfless heroism. The daughter of one of Vienna's most prominent Jewish families, Gerta seems destined for fame and fortune. She becomes an actress, quickly rising through the ranks to become the "it girl" of 1920s Vienna. With her marriage to professional footballer Moses Stern, Gerta's happiness seems complete. But as the national mood grows increasingly anti-Semitic, the young couple decides to leave Austria. In Hamburg, as they wait desperately to receive their South African visas, Moses is arrested and sent to a concentration camp. In the end it's a German posing as a Nazi who helps them flee to Panama.

Bio

Gerta Stern, born in Vienna in 1915, celebrated her hundredth birthday last year. The week-long celebration in Bad Hofgastein was attended by guests from twelve different countries. Gerta Stern is the world's oldest practising beautician, and her beauty salon in Panama City has been going for 76 years. Her originality and positive attitude make her a cross between a grande dame and Lotti Huber.

Anne Siegel is a journalist, an author of screenplays and radio drama and a documentary maker for German and US production companies. Her novel NordBräute (Northern Brides) was nominated for the Hamburg Literature Prize for the Best Debut Novel. She interviewed Gerta Stern for a radio feature for WRD. When the broadcast finished, the radio station's phones started ringing off the hook.

272 pages, Europa, 22 € (D)

Published: September 2016

English sample translation available

Please contact Kathrin Scheel: This Book
Travels Agency (except Italian and Korean
rights)



Eva Umlauf (with Stefanie Oswalt)

The Number on Your Lower Arm Is As Blue As Your Eyes

(OT: Die Nummer auf deinem Unterarm ist blau wie deine Augen)

“However painful the path is, I have to take it - for myself and for the future of my children and grandchildren.”

Content

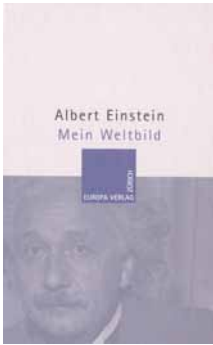
At the age of two, a number was tattooed on her arm in Auschwitz. She is among the youngest of the survivors.

“Forget about the child. She will not survive.” In early 1945, Eva Umlauf’s mother was confronted with these words in Auschwitz. At the age of two, her daughter was one of the youngest camp inmates, and she was starving and deathly ill. Later in life, Eva Umlauf was unable to recall this time, but the legacy of her past slumbered under the surface and shaped the entire course of her life.

Bio

Born in 1942 in Novaky, a “work camp for Jews” in Slovakia, Eva Umlauf survived Auschwitz. She earned her medical degree in pediatrics in Bratislava, and moved to Munich in 1967, where she initially worked as a clinical physician. She later opened her own pediatric practice, and she is still active today as a psychotherapist. In 2011, Eva Umlauf spoke at the commemoration event in Auschwitz. Since then, she has actively shared her experiences from this time.

288 pages, Hoffmann und Campe, 22 € (D)
Published: March 2016



Albert Einstein and Carl Seelig (Editor): My View of the World (OT: Mein Weltbild)

Seelig arranged diverse materials from Einstein through which the reader not only experiences Einstein's view on Science, religion, society, fascism, upbringing, the US, pacifism, Judaism, culture, philosophy, outstanding personalities but also a part of contemporary history.

295 pages, Europa Verlag Zürich, published: 2005, translation rights sold to: Brazil, Poland, Spain, Tibet and Vietnam



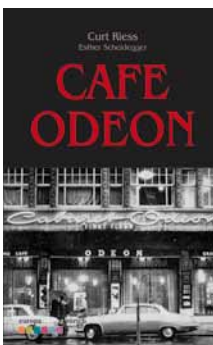
Hans-Joachim Lang: The Women of Block 10. Medical Experiments in Auschwitz

(OT: Die Frauen von Block 10: Medizinische Versuche in Auschwitz)

From April 1943 two medical doctors of the Nazis experimented with more than 800 women. Lang's book is put together from different documents and interviews from the point of view of the surviving women.

320 pages, Hoffmann und Campe, published: November 2011

Also available: The Names of the Numbers. How it was possible to identify the 86 Victims of a Nazi-crime (OT: Die Namen der Nummern. Wie es gelang die 86 Opfer eines NS-Verbrechens zu identifizieren)



Curt Riess: Café Odeon (OT: Café Odeon)

Riess tells the story of the world famous Café Odeon in Zürich. After its opening in 1911 it got a reputation for being a stomping ground for the intellectual pretty fast, because a lot of musicians, painters, authors and actors were guests of the coffeehouse.

345 pages, Europa, published: September 2010



Hubert Seipel: Putin (OT: Putin)

The situation between the Western World and Russia is strained. Seipel accompanied Putin for the last 5 years like no other western journalist was allowed to until today. The book gives insights into Wladimir Wladimirowitsch Putin's motives and views and is the story of estrangement and disappointment on both sides.

368 pages, Hoffmann und Campe, published: October 2015, rights sold to: China, Greece, Russia

Please contact Kathrin Scheel: This Book Travels Agency (except Italian and Korean rights)



Eva Sternheim-Peters: Was I the Only One Cheering? A Young Woman's Life Under Hitler (OT: Habe ich denn alleine gejubelt? Eine Jugend im Nationalsozialismus)

A subjective history book: Eva Sternheim-Peters (now in her nineties) reflects about her time as Jungmädelführerin and her enthusiasm for a murderous system.

784 pages, Europa Verlag, published: December 2015



Ingrid Alexander and Sabine Lück

Ancestors on the Couch

Cracking the Generation-Code and Healing Inherited Wounds

(OT: Ahnen auf die Couch. Den Generation-Code® entschlüsseln und vererbte Wunden heilen)

The key that unlocks the path to one's true destiny

Content

Familial bonds can support – but also paralyse. Most people, already as children, unconsciously develop a loyalty to Mother, Father and Ancestors. Instead of living their own lives, they try to adopt the unfulfilled dreams of previous generations or compensate them for their sufferings. Wishing to be better parents to their own children, they often unconsciously pass these sufferings to the next generation, in the hope that they will achieve what one had so much wished for oneself.

IA and SL have discovered the principles of the “Generation Code” and applied them in practice for many years. Through the discovery of one's own familial codes, and by dissolving the “child-trust contract”, the true Self appears and our complete potential can be realised. Then at last, we can be who we should be.

Bio

Ingrid Alexander and Sabine Lück are psychological psychotherapists, child- and youth therapists and systemic family therapists with their own practice. In 1994 they developed the Generation Code about which they offer seminars and training at the Institute for Transgenerative Processes (ITP) in Wendeburg.

288 pages, Scorpio, 19,60 € (D)

Published: August 2016

English sample translation available



Anna Cavelius

Interval Fasting. Lose Weight and Stay Healthy and Slim Without Starving, Through Hourly Meal Intervals

(OT: Intervallfasten. Mit stundenweisen Essenspausen nachhaltig schlank)

It works: Reach your target weight easily without the yo-yo effect
Hourly eating intervals: the ideal method for everyone who wants to lose weight in a healthy, fast and sustainable way

Content

“The latest trend in dieting programmes is called ‘Interval Fasting’ and turns our knowledge of losing weight upside down.”

Live healthily and lose weight? The solution is at hand: Eating intervals and short-term fasting – for health, comfortable weight and good digestion. Afterall, Man has been programmed for this from the beginning.

With Interval Fasting one can choose between longer eating intervals every day or individual fasting days each week, according to preference. And the good thing is: for the rest of the time you can eat whatever you want.

Everything is included: The most important fasting basics including recipes

Bio

Anna Cavelius is a freelance lecturer and editor, ghostwriter and author. She has produced many guides and non-fiction books on medicine- and lifestyle themes as well as culinary subjects, many of which have been bestsellers. She lives near Munich.

160 pages, Scorpio, 16,99 € (D)

To be Published: January 2017



Katharina Ceming and Christa Spannbauer

Thinking Makes Us Happy.

How to Have a Fulfilling Life

(OT: Denken macht glücklich. Wie gutes Leben gelingt)

An inspiring exchange between great philosophers about the trick to a good life

Content

“Be bold: discover the secret of a good life, and live it.”

How can we live good lives? And now can the way we think help us to do this? These are questions that occupy us all – and they are also the cornerstones of any practical philosophy.

In their refreshingly down-to-earth guide, Katharina Ceming and Christa Spannbauer show how we can cultivate and practise a positive state of mind. Before we can access the riches of Eastern and Western philosophy they need to be translated into our language and modes of thought – a task the authors perform with great stylistic facility and expert knowledge of their material.

Their book features encounters with Diogenes and Seneca, Aristoteles and Mark Aurel, Lao Tzu, Confucius and Buddha, Arthur Schopenhauer and Immanuel Kant, Erich Fromm and Hannah Arendt, Jean-Paul Sartre and Simone de Beauvoir, Viktor Frankl and Martin Buber.

Bio

Professor Katharina Ceming is an associate professor at the University of Augsburg and a freelance seminar leader and journalist. In her philosophical talks and publications she focuses on the question of what makes a good life.

Christa Spannbauer (M.A.) lives in Berlin where she works as an author and freelance journalist. In her many publications and talks she looks at the art of living, and illustrates the modern-day relevance of traditional Eastern and Western philosophies to our daily lives.

160 pages, Europa Verlag, 12,99 € (D)

Published: August 2016

Translation rights sold to: Korea

English sample translation available



Susanne Dicken

Love, Lust and Mindfulness

Enjoy Sexuality Consciously

(OT: Liebe, Lust und Achtsamkeit. Sexualität bewusst genießen)

Content

Deeper intimacy, more pleasure

- Slow sex: rediscovering oneself in bed
- "Sex is then a bit like meditation. And so it becomes easier and more intense."
- From an experienced relationship- and sex therapist

Fast, determined Sex without real satisfaction? Long-term relationship but no sparks in bed? Through mindfulness sexuality can again be a love game: Whoever wants to achieve a totally new spiritual contact with their partner, without any pressure on performance, will find much encouragement in this book.

Bio

Susanne Dicken is a health practitioner for psychotherapy and a sex- and family therapist in Cologne. She works with groups, couples and individuals who seek a mindful approach to love and sexuality.

112 pages, Scorpio, 7,99 € (D)

Published: September 2016



Jana Haas

The Secret of Successful Relationships Recognising and Healing Our Love Behaviour

(OT: Das Geheimnis erfüllter Beziehungen. Unsere Liebesmuster erkennen und heilen)

Open yourself up for love

Encouraging message: Everyone can experience true love

Content

Every soul is familiar with love and strives for a loving partnership. However, we ourselves often stand in the way of a harmonious relationship: because of past influences, being too self-critical and having too little self-esteem. Jana Haas carefully shows how we can free ourselves from problematic entanglements and achieve peace within ourselves and with everything that has hurt us. The more attention and friendliness that we bring to ourselves, the more we will be able to enjoy love, sensuality, trust and respect in our relationships. Regular meditation and prayer helps us to discover and unfold the secret of a fulfilling love in our own life.

Bio

Jana Haas has Russian roots and has lived in Germany since 1992. Since her childhood, she has had the gift of clairvoyance and can see the spiritual as clearly as the material world. With the insights thus gained, she can better explain to people the connections between both worlds. Through her loving, open aura and her books, Jana Haas has won many fans. She shares her knowledge through presentations, seminars and courses. The author lives at the Bodensee.

224 pages, Trinity, 17,99 € (D)

Published: October 2016

English sample translation available



Jana Haas

The Soul Plan.

What Our Fate Decides

(OT: Der Seelenplan. Was unser Schicksal bestimmt)

The 'God Plan' is pure love, the 'Soul Plan' is the route to it and Fate is the guide

Content

Still in the Beyond, our soul forms its plan for our development, which, like a red thread, winds through our life and leads us through an inner calling. What mysteries hide behind this 'Soul Plan'? Jana Haas highlights the spiritual laws on Earth and the influence of the sub- and superconscious. By understanding these connections we can say goodbye to restricting habits and doctrines, and release the powers of our loving hearts. They reconnect us to our self-love and love for others, and open the way to a blissful and bright path through life.

224 pages, Trinity, 17,99 € (D)

Published: June 2016

English sample translation available



Karin Furtmeier and Heike Mayer

NOW! Mindfulness, Yoga, Trust in Life

(OT: Now! Achtsamkeit, Yoga, Vertrauen ins Leben.

Gelassen leben im Hier und Jetzt)

How many people do you know who are stressed and dissatisfied with their life?

Exactly. Too many.

It is possible though to go through your day with more ease, even if outer conditions are less than perfect. You can start right NOW.

Content

Mindfulness and yoga for a life of peace and joy

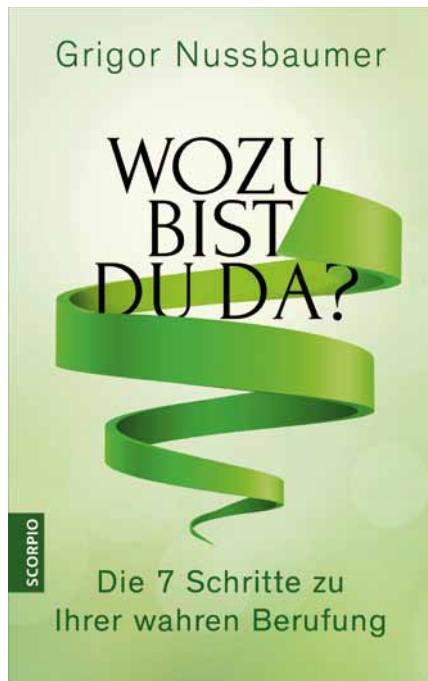
- Mindfulness: The megatrend that is exciting readers like never before.
- The book will help readers to gain confidence in the face of our stormy and challenging times and to trust their own strength
- Exceptionally beautiful: Fantastic layout with opulent photos, inspiring quotes and charming illustrations
- As easy as it is effective: The daily guide for a conscious and relaxed life shows how to find one's inner peace in a frantic world
- Use anytime without prior experience: All mindfulness and yoga exercises in this book have been specially designed by the experienced authors to be practised in everyday life. Stress, worrying and strains are relieved. For inner calm, a new belief in life and trust in one's own wisdom

Bio

Yoga teacher Karin Furtmeier and mindfulness trainer Heike Mayer have, for years, helped people on the path to greater presence, zest for life and equanimity. Both have published several successful books on this theme. The authors live in Munich.

160 pages, Scorpio, 17,99 €

Published: September 2016



Grigor Nussbaumer

Why Are You Here?

7 Steps to Your True Calling

(OT: Wozu bist du da? Die 7 Schritte zu Ihrer wahren Berufung)

Finding your own life's purpose

Content

This book offers not only the compass, but also the path to a self-chosen and fulfilling life. It describes the steps necessary to heal one's past, and find and live one's own life's purpose. Grigor Nussbaumer has guided thousands and from that he has developed a 7-step process. With concrete and proven tools the reader can discover what gives them inner stability and why they are on this Earth. In this way both inner peace as well as outward success can be realised.

Being detached and relying on a Guru is out. Instead, this book releases the secret of how spirituality in everyday life leads to true living. Every day. Every minute. Completely tangible and without hocuspocus.

- A guide for people who seek the higher dimension in life
- The subject of Purpose seen from a new and wider viewpoint
- Easily understood, encouraging suggestions and exercise guides

Bio

Grigor Nussbaumer is an author, coach and seminar leader as well as the founder and owner of MPI based in Thalwil, Switzerland. With lectures, seminars and training he has, for many years, accompanied those seeking their true potential. The vision that he thereby conveys: humans who treat each other considerately, gently and with respect.

192 pages, Scorpio, 16,99 € (D)

Published: July 2016



Adrian Schulte

Know Your Shit!

What It Says About Your Gut

(OT: Alles Scheiße!? Wenn der Darm zum Problem wird)

Get healthy with Bowel Fitness!

Understanding the Causes of Intestinal Problems and Making the Right Choices.

Includes a 10-Day Fitness Program

Content

Digestion Starts in your Head

Digestion begins in the mind. We want to feel fresh and healthy and full of energy every day; we don't want to get old. But in reality, things often turn out rather differently and we just feel – well, shit. The media are forever presenting us with the latest culprits which are supposedly to blame. But they are neglecting a key fact: in the middle of our bodies we have a powerful organ: our bowel. Our bowel is central to our wellbeing, and plays a crucial part in the improvement and maintenance of our physical and mental health. Adrian Schulte shows that more than anything else it is us, who are responsible for the damage done to our bowels and, ultimately, to our health. His easy-to-follow bowel fitness programme is based on thousands of successfully treated real-life cases from a clinic that specialises in bowel rehabilitation.

Bio

Adrian Schulte M.D. is a general practitioner and naturopathic specialist. He has been treating the consequences of incorrect eating habits for more than twenty years. His bowel handbook brings together insights from his work as a doctor with the latest scientific findings on the topics of bowels, nutrition and health.

208 pages, Scorpio, 17,99 € (D)

Published: January 2016

Translation rights sold to: France, Italy, Netherlands, Poland, Spain

English translation available

Achtsam-leben-Series, Scorpio

The successful series in the handy pocket size. Guidebooks for serenity and everyday life.

More than 100.000 copies sold in Germany



Anja Siepmann: Working Unhurried (OT: Gelassen Arbeiten)

128 pages, published: March 2016



Laura Milojevic: Mindful Eating and Enjoying (OT: Achtsam essen und genießen)

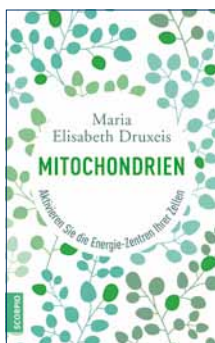
110 pages, published: March 2016



Thomas Hohensee: How to Be Happily Divorced (OT: Zufrieden geschieden)

The bestselling author shows how to avoid wars of the roses, how to even find a positive turn in a divorce.

176 pages, Scorpio, published: March 2016



Maria Elisabeth Druxeis: Mitochondria (OT: Mitochondrien)

Mitochondria: the little cell elements are power station of our bodies. When they are damaged we lose energy and power. The authoress shows how to strengthen and conserve these energy-centers with hints and concrete examples.

176 pages, Scorpio, published: April 2016

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