

# *Literarische Agentur Kossack*

FOREIGN RIGHTS

JOIN US FOR EXCITING RIGHTS

SPRING 2019

Content

Fiction

Crime & Thriller

Thomas Hoeps & Jac. Toes: Chill Out, Amsterdam 4

Literature

Tom Zürcher: Dick the Bully 5

Andreas Kollender: Liberty’s Smile 6

Christian Hardinghaus: Lily, the Spy of the  
Charité Hospital in Berlin 7

Nonfiction

Biographies

Christian Hardinghaus: Ferdinand Sauerbruch  
and the Charité 7

Bernd Polster: The Real Bauhaus 8

General Nonfiction

Gerd Wagner: Stranded Giants 9

Katja Wündrich & Seonaidh Adams: Whisky  
Trails Scotland 10

Nature

Werner Lampert: The Cow – A Tribute 11

Stefan Nimmesgern: Rise Again 12

Ulrike Aufderheide: Planting Animals 13

Anna Lena Böckel et al.: Flowfood 13

Self-Help/Health & Medicine

Alfred Zenz: Father Oak, Mother Linden 14

Johann Nepomuk Maier & Sam Hess:  
Mysterious Forest! 14

Andrea Löhndorf: Kintsugi 15

Christiane Wirtz: The Cat Principle 16

Dominique de Marné: Why being Normal isn’t  
all that Normal 17

Gustav Dobos: The Stressed Heart 18

Karsten Krüger: Don’t Give Bacteria or Viruses  
a Chance! 19

Marco Hansel & Sara Klüber: Love and  
Compass 20

Michael Handel: Why You have to Eat to  
Lose Weight 21

Jasmin & Josephine Jess: Prana Up Your Life 21

Heike Mayer: Living Mindfully – Falling Over  
and Standing Up Again 22

Thomas Hohensee: Living Mindfully – Today  
I’ll Stay Calm 22

Other Available Titles

Fiction

Literature

Barbara Stengl: Can You See Me? 23

Anna Stern: Wild Like the Waves 23

Steven Schneider: We Are Superheroes 23

Matto Kämpf: Aunty Iguana 24

Crime & Thriller

Sandra Brökel: The Hungry Crocodile 24

Lotte Petri: The Devil’s Work 24

Nonfiction

General Nonfiction

Johannes Hilje: Platform Europe 25

Ben Salomo: Ben Salomo Means Son of Peace 25

Volkmar Koch: The Holistic Company 25

Helmut Milz: Headstrong Humans 26

Anka Schmid & Bernd Müllender: Hair! 26

Claudia Jürgens: Searching for Paradise 26

Edition Zeitblende: Poetry for Everyday Life 27

Nature

Uwe Westphal: Odd Birds 28

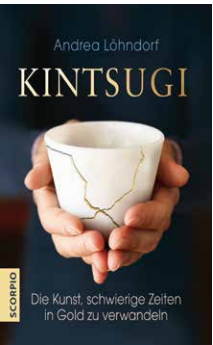
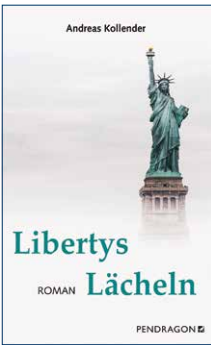
Uwe Westphal: More Space for the Sparrow 28

Uwe Westphal: The Big Book of Garden Birds 28

Annette Pehnt: My Amrum 29

Self-Help

Kerstin Chavent: Weapons Down 29





## Thomas Hoeps & Jac. Toes

### Chill Out, Amsterdam

*The new thriller by the international writing duo that has already been nominated for the Gouden Strop and the Diamanten Kogel awards.*

#### Content

Dr. Marcel Kamrath had almost reached the zenith of his career. After a brief year as an undersecretary, he was within striking distance of a ministry post. If he can manage to push through a law to legalize cannabis, he will be the shooting star of the young coalition. But then an old schoolmate shows up and reminds Marcel of the old, wild times...

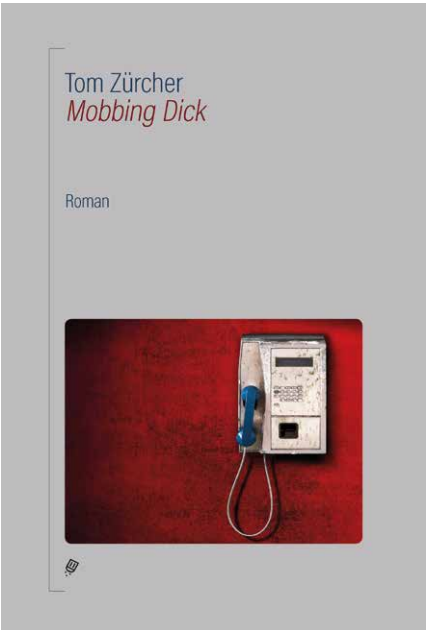
They were the duo in Amsterdam's squatters movement, and they did everything for each other until a drug deal careened out of their control. When the dust settled, all that remained of Sander was a blood-smeared leather jacket and the dead body of their shared girlfriend, Kiki. Decades later, Sander suddenly appears in Marcel's chic office, intent on making it clear that not only the Dutch Weed Mafia, but also politicians in the upper echelons are seriously interested in seeing his law fail. Kamrath is the key figure who could derail the initiative. During a secret meeting in a park, they are attacked by a junkie who Sander murders in cold blood. Kamrath realizes that his old friend is not averse to murder and fears the worst when his girlfriend vanishes without a trace...

While this is happening, the draft bill is passed. Kamrath knows that he has finally reached the top when his cell phone goes off, and it is the Chancellor on the other end.

#### Bio

**Thomas Hoeps** and **Jac. Toes** have worked together as an international bilingual co-author team for over a decade. Hoeps writes in German, Toes in Dutch. Between 2007 and 2012, they published three crime novels. *Chill Out, Amsterdam* is their first thriller.

260 pages, Unionsverlag, 22 €  
Publication date: Autumn 2019  
English sample translation available  
Dutch sample translation available



## Tom Zürcher

### Dick the Bully

*A mean book. Just as mean as it is hilarious  
A very special kind of page turner*

#### Content

His law studies are getting dull, his parents' townhouse ever smaller, but a new job and his own apartment present a way out. Unsure what his job description actually is, Dick receives a rapid promotion at the dubious bank where he works, and the pressure on him grows. As this is happening, his parents still have no clue about his new apartment, an overpriced hole in a bad part of town. Dick also uncovers his father's long hidden secret.

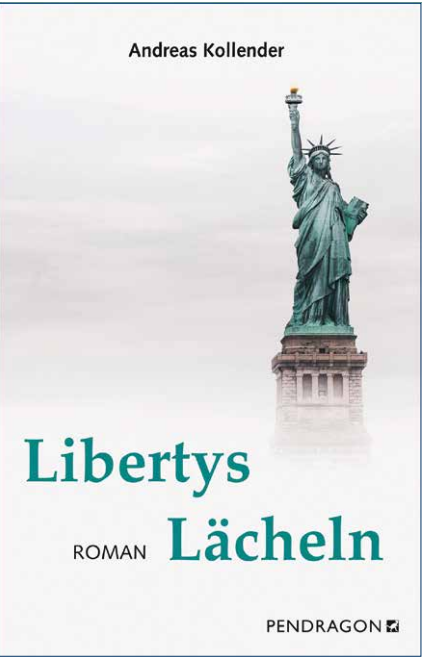
Dick finds himself in worsening financial straits and starts fleeing into his own reality as Dick the Bully. This is the start of a thrilling, extreme odyssey in which he increasingly loses control over his alter ego.

#### Bio

**Tom Zürcher**, born in 1966, lives in Zurich and is the most undiscovered author in Switzerland. He earns his bread writing advertising copy. His titles: *Högo Sopatis ermittelt* (1998, Eichborn), *Der Spartaner* (2016, Lenos Verlag).

288 pages, Salis Verlag, 24 €  
Publication date: February 2019  
Selected by New Books in German:  
English sample translation available





## Andreas Kollender

### Liberty’s Smile

*The latest from the author of Kolbe: the story of freedom fighter and politician Carl Schurz*

*“Kollender’s novels are exceptionally well-written and among the best that German literature has produced in recent years.” Ulrich Noller on WDR*

#### Content

Carl Schurz fought for the abolition of slavery alongside Abraham Lincoln. He campaigned for the rights of indigenous peoples, was one of the first environmental activists in the USA, represented Missouri in the United States Senate and was even appointed as Secretary of the Interior under President Hayes. While sitting in New York’s Battery Park in the late summer of 1901, Carl Schurz finds himself facing hostility from two young men in reaction to a critical article he has written. Suddenly, Schurz is catapulted back into the most definitive moments of his life. He fears for the German revolutionaries surrounded in Southern Germany, witnesses high politics, corruption, the Battle of Gettysburg and the devastated southern states. He observes as his wife Margarethe establishes the first kindergartens in the USA before being setting out once more to pursue his own ideals. More and more, his eventful life makes him realise that freedom only stands a chance if it is defended at all costs.

#### Bio

**Andreas Kollender** was born in Duisburg and studied German and Philosophy. He has been working as a freelance author in Hamburg since 1995.

296 pages, Pendragon, 24 €  
Publication date: March 2019  
English sample translation available  
Please contact Kathrin Scheel: This Book Travels Agency (except Italian and Korean rights)

Translation rights for *Kolbe* and *Out of Mind* sold to: USA, China, Czech Republic.



## Christian Hardinghaus

### Lily, the Spy of the Charité Hospital in Berlin

Dr. Ferdinand Sauerbruch’s former chief secretary tells Bauer, a journalist, about the quiet heroes at the Charité, who in 1941 decided to spy on their Nazi patients and, when necessary, to hurry their demises. When Lily is tasked with spying on Fritz Kolbe, who works on the staff of the Foreign Ministry, she falls in love with him and is able to convince him to join the so-called Thursday Club, a resistance group. Things go smoothly for a while, but then the clinic visits by the Gestapo start to increase. Is there a traitor inside the group? When the Gestapo track down several hidden Jews, the club is faced with the dire possibility of exposure...



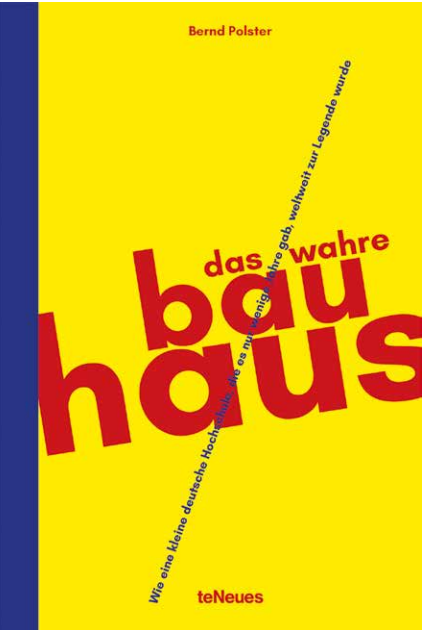
### Ferdinand Sauerbruch and the Charité (Nonfiction)

Companion book to the successful TV series *Charité*  
The sensational biography about the surgeon Ferdinand Sauerbruch, including new facts about his influence on the Nazi regime and the resistance group at the Charité around the spy Fritz Kolbe;  
A rehabilitation of Sauerbruch’s life, thanks to the previously secret journal of his personal assistant, Dr. Adolphe Jung.

#### Bio

**Dr. phil. Christian Hardinghaus**, born in 1978, earned his master’s degree in the fields of history, literature, and media studies, and went on to complete his doctorate in propaganda and Anti-Semitism research. He works as a historian, author and journalist. In 2018, Europa Verlag published his novel *A Hero for Dark Times*, as well as the accompanying nonfiction study *To Risk One’s Life*, about an army doctor on the Eastern Front from 1941 to 1942.

Novel: 256 pages, Europa Verlag, 20 €  
Companion to the TV Series: 256 pages, Europa Verlag, 20 €  
Publication date: February 2019  
English sample translation available  
Please contact Kathrin Scheel: This Book Travels Agency (except Italian and Korean rights)



Bernd Polster

The Real Bauhaus

How a small German art school that existed for such a short time became a global legend

100 Years of Bauhaus (1919-2019)

A critical analysis of the art school's history

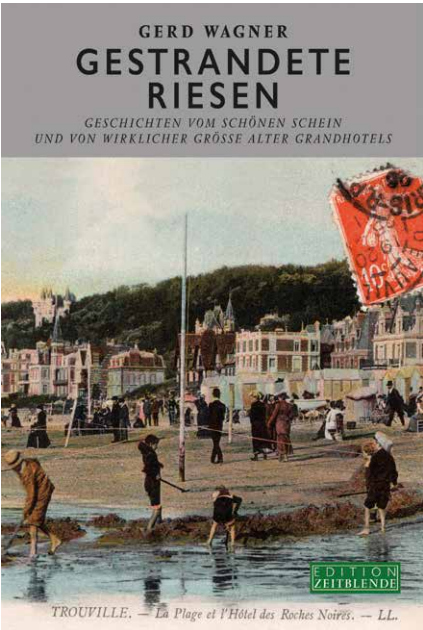
Content

Germany is celebrating Bauhaus this year, pulling out all the stops to mark the 100th anniversary of the founding of the art school in honour of Walter Gropius, the first director of this ‘circus maximus of modernism’. But up to now, a critical account of the historical Bauhaus movement was nowhere to be seen. Now Bernd Polster is here to finally lift the veil on this hundred-year-old legend, shedding light on a series of events that is teeming with peculiarities from start to finish. For example: how did Gropius become the director of this art school even though he wasn’t an artist or an art instructor? Clichés are shattered and monuments are inevitably toppled, while other people who had been largely forgotten suddenly come into view in this book. This long-overdue project is out to demystify a largely inflated chapter of architectural history.

Bio

**Bernd Polster** is Germany’s best-known design writer. Most of his books have been translated into English and other languages, with many of his titles occupying the status of reference works. A number of his book projects were also devised in his company *büro formweh*. In 2019, teNeues is also publishing Bernd Polster’s book: *Walter Knoll, the Modernist Furniture Brand (Walter Knoll, Möbelmarke der Moderne)*.

224 pages, approx. 30 illustrations,  
teNeues Media, 25 €  
Publication date: March 2019



Gerd Wagner

Stranded Giants

Stories of the Beautiful Pretense and True Greatness of the Old Grand Hotels

A journey to some of the world's most enchanting grand hotels

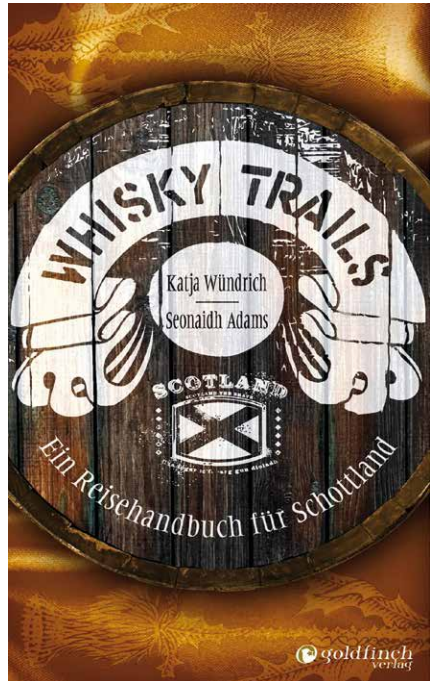
Content

The old grand hotels are places of yearning that have managed to preserve their radiance and magic to the present day. Their fascination is based less on the presumed luxury experience they embody and rooted more in the conception of a certain lifestyle that we carry inside ourselves. The more rushed and casual our lives become, the more we yearn for places like this and the distant, unachievable way of life that might have once existed. It is in these places that our desire for the “Ah, linger on, thou art so fair!” concept manifests itself, giving rise to the hope that nothing, regardless of how seductive it might seem, could drive us away from here. This book concentrates on seven selected, remarkable hotels whose histories are the springing-off points of myths. *The Grand Hotel Scarborough, England – Banff Springs Hotel (Fairmont Banff Springs), Canada – Hôtel des Roches Noires, Trouville, France – Thermae Palace Hotel, Oostende, Belgium – Principe di Piemonte, Viareggio, Italy – Reid’s Palace, Funchal, Madeira – Hotel Waldhaus, Sils Maria, Switzerland*

Bio

**Gerd Wagner**, born in 1956, was trained as a bookseller, but went on to study publishing and the book trade in college. Since 1977, he has worked in various capacities in the book industry. He has been the founder and publisher of Edition Zeitblende since 2017.

250 pages, 40 illustrations,  
Edition Zeitblende, 38 €  
Publication date: February 2019



**Katja Wünderich &  
Seonaidh Adams**  
Whisky Trails – Scotland

Bestseller

*Travelling for connoisseurs*

**Content**

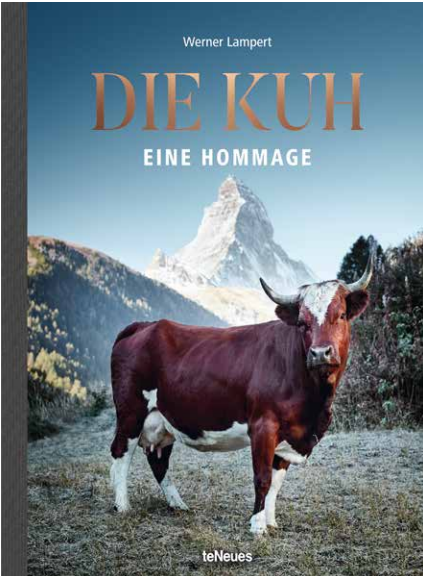
There are over 120 distilleries in Scotland producing the country’s top export: Scotch. This travel guide follows Scotland’s whisky trails, visiting selected distilleries and quaint pubs along the way. It savours the delights of Scottish cuisine, unearths interesting facts on the history and production of Scotland’s blends and single malts and illustrates how inextricably linked whisky is with its country of origin.

**Bio**

**Katja Wünderich** lives in Scotland, the source of uisge beatha or the water of life, where she works as a writer and travel guide. In 2007, she founded “Wind and Cloud Travel” with a number of other whisky aficionados who organise whisky holidays in Scotland.

220 pages, Dryas Verlag, 14 €  
Publication date: 2015 –  
7th edition: February 2019  
English sample translation available

**Seonaidh Adams** is a teacher for Scots Gaelic and ardent worshipper of one of the biggest Gaelic cultural assets: Scotch. He writes short stories and is working as a journalist for diverse newspapers.



**Werner Lampert**  
The Cow  
A Tribute

**Content**

“Whole eons of love will be necessary to recompense the animals for their services to us.” With this quote from Christian Morgenstern, leading sustainability expert and organic entrepreneur Werner Lampert opens his illustrated book, a project very dear to his heart. Lampert developed a passion for cattle from an early age. Again and again, he was drawn to the pastures of his native Austria to admire these dignified, gentle animals and their calming effect. With its rich photography, this evocative book pays tribute to the soulfulness of cattle and the special bond between man and cow, much threatened in our age of industrial-scale farming. Around the world, Lampert has tracked down the most beautiful, rare cattle, capturing them in their natural and often spectacular surroundings with empathy and respect. A touching testimony to a much-loved animal, the gorgeous images are rounded out with profound, at times poetic, texts, informative facts and history about different cattle breeds, and entertaining anecdotes.

**Bio**

**Werner Lampert** is the leading sustainability expert in Austria. The organic pioneer has been working intensively in organic farming since the 1970s. He specializes in the development, production, and marketing of sustainable organic products and consumer goods. He is also the author of three books and initiated the online magazine *Sustainability*.

480 pages, ca. 250 color photographs,  
teNeues Media, 60 €  
Publication date: February 2019  
Complete English translation available





## Stefan Nimmesgern (with Günter Kast)

### Rise Again

How I conquered new heights with a donor heart

*What else can you set about achieving when you get a second chance at life?*

*A book that gives people the courage to keep pursuing their lifelong ambitions even after suffering from serious illness.*

#### Content

Stefan Nimmesgern developed a love for mountaineering alongside his career as a successful photographer. He has managed to combine these two passions in a number of projects, such as photographing the expedition to Nanga Parbat on which Reinhold Messner discovered the remains of his brother.

Nimmesgern suffered heart failure in 2009 and finally received a donor organ after months of anxious waiting. But not even this serious misfortune could inhibit his vital energy, and just two years after his heart transplant, he succeeded in traversing Nepal's Dolpo District with medical supervision. Since 2013 he has climbed three 5000-metre summits: Mount Stanley, Mount Kenya and Kilimanjaro.

This book interweaves impressive mountain photography with the account of a driven individual who proves just how much life has to offer. Or to quote an African saying: 'Leave your house and dare your life!'

#### Bio

**Stefan Nimmesgern** was born in 1956 and started working as a photographer. He spent time living in San Francisco and Cyprus before turning his hand to photojournalism. As well as publishing his first books, his work has also appeared in high-profile German newspapers and magazines such as *Die Zeit*, *Geo* and the *Frankfurter Allgemeine Zeitung*. Nimmesgern lives near Lake Starnberg.

208 pages, ca. 120 b/w and colour photographs, teNeues Media, 25 €  
Publication date: April 2019



176 pages, pala Verlag, 19.90 €  
Publication date: April 2019

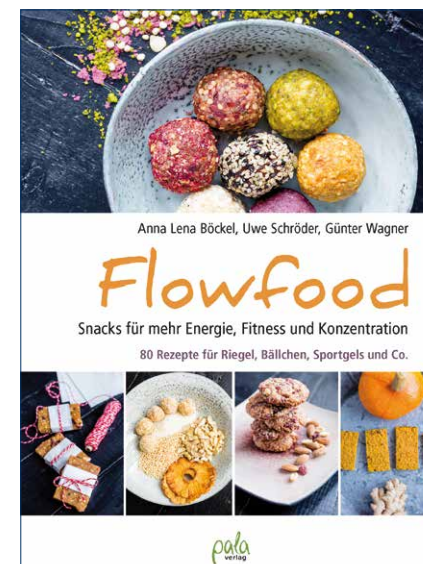
## Ulrike Aufderheide

### Planting Animals

*18 projects to attract insects and birds – Ecology • Biodiversity • Practical gardening*

Can you really plant animals? Yes, you can! With your own wild plants at home.

**Ulrike Aufderheide** explains the needs and idiosyncrasies of different flora and fauna, simplifying environmental connections and offering a practical explanation of what it takes to make sure these small communities thrive – be it in the garden, on the balcony, or in conservation projects at schools or nurseries.



160 pages, pala Verlag, 19.90 €  
Publication date: April 2019

## Anna Lena Böckel, Uwe Schröder,

## Günter Wagner

### Flowfood

*Snacks to boost energy levels, fitness and concentration:  
80 recipes for snack bars, food balls, sport gels and more.*

Overcoming challenges, getting in the zone and being completely centred takes more than just mindfulness. Eating the right food at the right time can help to enhance your concentration levels, performance and general quality of life. The versatile *Flowfood* cookbook is perfect for before or after training, competitive sport, running, cycling, working out or chess tournaments. It's also great for those other times when you need a snack, like on walks, at breaktime and as finger food.



250 pages, including a CD with guided tree meditation exercises, Trinity Verlag, 25 €  
Publication date: April 2019

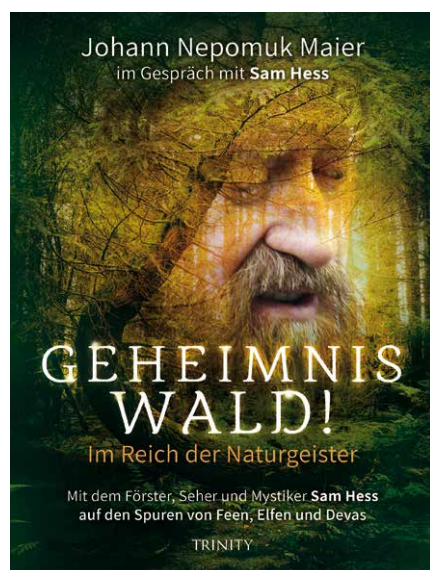
## Alfred Zenz

### Father Oak, Mother Linden

*Trees as spiritual companions, sources of strength, and allies*

For millennia, trees have been venerated as powerful spiritual companions and human allies. They supply vitality, strength and clarity, as well as provide support as gentle healers of physical suffering. This book will bring us closer to the hidden power of trees and will explain how, through intentional contact with them, we can once again tap into our own innermost essence. Tender portraits of our most significant indigenous trees and shrubs will help you to find the right tree as source of strength and spiritual companion in every situation.

**Alfred Zenz** is a spiritual gardener in the areas of nature interpretation, consciousness training, and personality development. He is considered an expert on the topic of edible wild plants, and as a professional nature coach, he leads workshops and nature seminars in Austria. [www.seelengaertner.at](http://www.seelengaertner.at)



160 pages, Trinity Verlag, 18 €  
Publication date: April 2019  
Please contact Kathrin Scheel: This Book Travels Agency (except Italian and Korean rights)

## Johann Nepomuk Maier

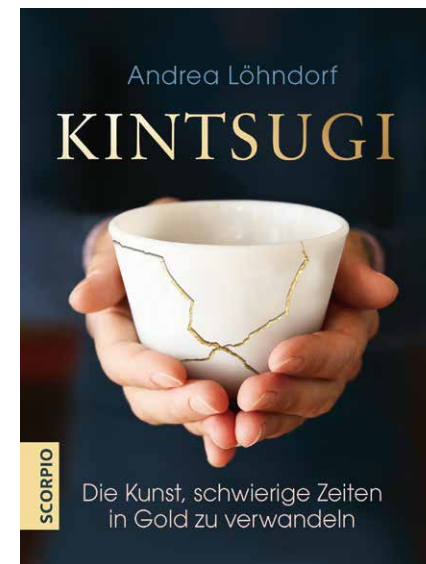
### in Conversation with Sam Hess

#### Mysterious Forest!

*The World of Nature Spirits*

As a former forester, Sam Hess has a close connection to nature and special insight into other, spiritual worlds. Johann N. Maier has managed to capture the life of this orphan of the forest in a fascinating way. The forest and its mystic creatures come alive in this book, and the timeless and unfamiliar habitat takes on form – e.g. in the natural beings, the animals and animal spirits, the trees and their connectedness. Maier explains how we can open up our inner selves to hidden creatures and forces, thereby sensing the energy of the trees themselves and getting to know our own tree of life.

**Johann Nepomuk Maier** grew up in Lower Bavaria. He managed a consultancy business for twenty years and now dedicates his time exclusively to the research of esoteric sciences.



## Andrea Löhndorf

### Kintsugi

*The Art of Turning Hard Times into Fold*

*The major new trend from Japan*

*The art of living grounded in an old tradition and modern psychology*

*With daily exercises and suggestions*

#### Content

What would it be like if we no longer had to hide the scars that life has given us? When our vulnerability was no longer represented as a weakness, but rather as an opportunity for growth and a sign of our inner strength?

Kintsugi is the old Japanese art of repairing what has been broken. Masters of this craft are capable of using gold powder to create artworks from shards - creations that are more valuable than the original objects. Kintsugi has long evolved into one of the strongest and most successful areas of life learning that Japan has to offer.

This book describes how the philosophy of Kintsugi can also change our lives in astonishing ways. It teaches us the secret of inner strength, which can carry us through hard times and enable us to build new lives after defeats, ones that are more valuable than those we had before.

#### Bio

**Andrea Löhndorf** studied German, English and Italian literature in college, and for the past twenty years, she has worked as an editor and program manager for various German trade publishers. She has marshalled numerous authors and book projects through their completion in her focal areas of psychology, counseling and eastern teaching philosophies.

160 pages, Scorpio Verlag, 14 €  
Publication date: March 2019





## Christiane Wirtz

### The Cat Principle

Always land on your feet – seven ways out of mental crises

#### Content

Bestselling author Christiane Wirtz knows from personal experience how to overcome mental crises: the cat principle. This is what she calls the seven basic rules that she instinctively followed during her psychosis and that helped her move into a new phase of life.

A book not only for people suffering from mental illness, but for anyone who would like to strengthen their resilience and take control of their own crises.

Christiane Wirtz, a systemic coach, describes what has helped her personally. In addition, she provides insights into current psychotherapy approaches that can help you find the positive aspects in failures and crises, while also questioning some of the perspectives linked to standard psychiatric practices. This book encourages readers to believe in themselves, and explains how you can develop new viewpoints and goals in seemingly hopeless situations.

Numerous tips and writing exercises will help you apply the cat principle to your own situation.

#### Bio

**Christiane Wirtz**, born in 1966, has worked in both full-time and freelance positions for various non-profit broadcasting companies. She holds a MA in history and now lives in Cologne. In 2018, her bestseller *Out of Line* (OT: *Neben der Spur*) was released by Dietz Verlag, in which she discusses her previous psychosis.

160 pages, Dietz Verlag, 18 €  
Publication date: April 2019  
English sample translation available

*Out of Line:*  
200 pages, Dietz Verlag, 22 €  
Publication date: February 2018  
English sample translation available

**Bestseller**



## Dominique de Marné

Why being Normal isn't all that Normal...  
and Why Talking about it Helps

*A Giulia Enders for the mind*

*An open, encouraging discussion about mental disorders*

#### Content

*"When have you ever had the opportunity to peek inside the head of someone with a mental disorder? With this book, I am opening up my life to everyone. I would like to help others see what it is like to go through the world with something a little off in your mind. And to show that in many ways, people like me aren't all that different. It is just that some things are a little more pronounced in my case than by other, so-called healthy people."*

Dominique de Marné bears little resemblance to the image many people have of individuals suffering from psychological disorders. And she is more than willing to make use of this fact, since she is convinced that our handling of mental problems - not just illnesses - needs to change.

Every 53 minutes, someone in Germany commits suicide. Every 5 minutes, someone attempts to take their life. All of us know someone who was "crazy" - but nobody talks about it. Unless someone breaks the ice and starts.

#### Bio

**Dominique de Marné** spent fifteen years struggling with psychological problems. She studied communications and psychology in college, and is now a successful blogger, ambassador for mental health, and speaker. She lives in Munich.  
[www.travelingtheborderline.com](http://www.travelingtheborderline.com)

240 pages, Scorpio Verlag, 18 €  
Publication date: March 2019



## Gustav Dobos

### The Stressed Heart

What We can do to Protect our Most Sensitive Organ

*The new handbook by the pioneer of scientifically based natural medicine on the topic of heart disease - an ongoing, severe condition*

#### Content

The heart is not only especially sensitive in its reactions to emotions, stress and exertion, it is also the metronome that sets the tempo for our lives. It will beat up to three billion times during a lifetime - sometimes quickly, sometimes slowly, sometimes irregularly and then back to its regular, persistent beat. What can we do to maintain and strengthen this motor?

Cardiologists specialize in saving lives in emergency situations and treating illnesses with the help of high-tech instruments. But what happens before the heart attack? Ninety percent of all heart attacks are caused by lifestyle factors. This means they can be prevented - by us directly. Effective methods exist to reduce stress and its detrimental impact on the heart. These natural medicine methods can be easily integrated into your daily life, so that heart problems won't even become an issue for you.

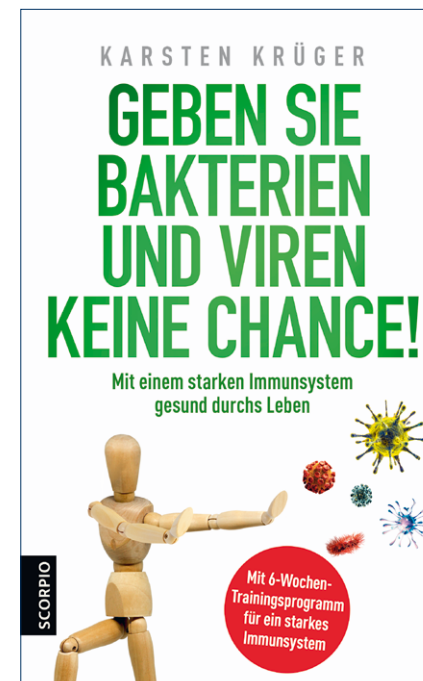
#### Bio

**Professor Gustav Dobos** teaches natural healing and integrative medicine at the University of Duisburg-Essen, and heads up a specialist clinic at the *Kliniken Essen-Mitte*. In 2018, his successful first book *Finally Pain Free and Able to Live a Good Life Again* was published by Scorpio Verlag.

192 pages, Scorpio Verlag, 18 €  
Publication date: May 2019  
English sample translation available

*Finally Pain Free and Able to Live a Good Life Again*

320 pages, Scorpio Verlag, 20 €  
Publication date: August 2018



## Karsten Krüger

### Don't Give Bacteria or Viruses a Chance!

Living Life with a Strong Immune System

*New scientific discoveries and pragmatic recommendations*

*Practical health guide with a six-week training program for a strong immune system*

#### Content

Is there some way that we can influence our odds of catching an infection? The answer is: Yes. That is, we can significantly reduce the risk factors. This isn't only true for acute viral and bacterial infections, but also for graver illnesses that are linked to malfunctions of the immune system.

Dr. Karsten Krüger will show you the extent of the influence exerted by nutrition, exercise, sleep, and stress management, and the impact your psychological state can have on your immune defenses. A practical guidebook with numerous tips and suggestions on how to implement the recommendations into your daily life.

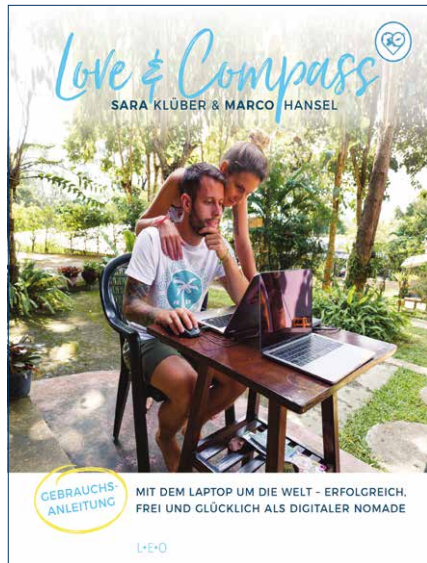
#### Bio

**Dr. Karsten Krüger**, born in 1977, was a high-performance athlete before he pursued his degrees in biology and sports science. He is Professor for Sports and Health at Leibnitz University, Hanover. In 2017, his successful first book *The Quiet Enemy in my Body*, which focuses on chronic infections, was published by Scorpio Verlag.

160 pages, Scorpio Verlag, 16 €  
Publication date: January 2019  
English sample translation available

*The Quiet Enemy in my Body*  
144 pages, Scorpio Verlag, 17.99 €  
Publication date: September 2017  
English sample translation available





## Marco Hansel & Sara Klüber

### Love & Compass

Around the World with Your Laptop - Finding Success, Freedom and Independence as a Digital Nomad

*Work and life in perfect harmony*

*Instructions on how to grow a lucrative online business from the loveliest places in the world*

#### Content

What do you do when you sense that life must hold more for you than the classic 9-to-5 job? When you are bored stiff by your daily grind and only just barely function? Marco Hansel and Sara Klüber found themselves in this very situation. For a long time, they hesitated in following their dream: to travel the world and earn their living doing so. Not via poorly paid odd jobs, but through the help of an online business. How would that function without college degrees or any knowledge of online marketing, websites, etc.? In this personal, yet substantial, book, the authors explain how the two of them freed themselves of fear and self-doubt, restructured their lives, and cultivated a successful business that had its fair share of growing pains early on. They provide practical, concrete assistance on how you can earn an income in whatever country you are living with the help of a business for which you actually have a passion.

#### Bio

**Sara and Marco** are a young couple from Augsburg. Three years ago, they made the joint decision to leave behind their familiar homeland and to travel the world as digital nomads. On their blog *Love & Compass* and in their new book, they write about how they were able, as a couple and as total career jumpers, to create a non-placebound life through their online business.

206 pages, L.E.O. Verlag, 20 €  
Publication date: May 2019



192 pages, Scorpio Verlag, 20 €  
Publication date: January 2019  
English sample translation available

## Michael Handel

### Why You have to Eat to Lose Weight

The nutritional expert Michael Handel debunks all kinds of nutritional myths. His creed: Instead of torturing ourselves with diets - which often result in the feared yo-yo effect - it would be better for us to eat and drink our way to being slim. An ample breakfast in the morning, a balanced lunch, and even a little snack after supper. An equally informative and entertaining book with numerous practical tips and 70 slimming recipes.

**Dr. Michael Handel** earned his doctorate in economics, and has studied sociology, psychology, motivation, and nutritional science. He has advised successful companies for the past 30 years. In 2017, his successful first book *Because It's Good for My Health, I've Decided to Be Happy* was published by Scorpio Verlag.

[www.michaelhandel.com](http://www.michaelhandel.com)



180 pages, L.E.O. Verlag, 20 €  
Publication date: April 2019

## Jasmin & Josephine Jess

### Prana Up Your Life

Using Ayurveda und Mindful Eating to Increase Your Life Force Energy

Prana is the Hindu word for life force energy, which guarantees us a long, happy life if we strengthen it. This occurs when we intentionally connect our physical body with our thoughts and feelings. This mind-body connection isn't only achieved through yoga and meditation. The food we eat also plays a major role. By combining Ayurvedic and mindful eating practices, the authors have created an ideal foundation on which to support others in their developmental progress and to show how multifaceted mindful eating can be.

Sisters **Jasmin & Josephine Jess** are the founders of *Prana Up Your Life*. Through their coaching program, they help others to develop more energy, tranquility and ease in their daily lives. This is achieved through a simple implementation of Ayurvedic nutritional models, yoga and mindfulness practices.





Heike Mayer

Falling Over and Standing Up Again:  
Growing from Mistakes

All too often, we find ourselves feeling guilty, ashamed or hard done by when we do something wrong or make the wrong decisions. We fail to see that mistakes can actually be important stepping stones in our inner development. The author suggests various ways in which we can work on our ability to learn from mistakes, be more accepting and have empathy with ourselves so that, ultimately, we can emerge from painful experiences even stronger than before.



Thomas Hohensee

Today I'll Stay Calm

Each and every day, our ability to keep calm is put to the test. There are so many things that annoy us or put us on edge. Using a completely normal day as an example, the author shows us ways to keep our inner balance when things don't quite go as planned. He explains that those who start the day with a relaxed mindset and stop themselves getting dragged into the negative spiral of stress and irritation keep their good mood and sleep sounder at night, content with themselves and the world.

Living Mindfully – Scorpio's Most Successful Series

Total print run: 215,000 copies

26 titles available

Experienced authors and renowned mindfulness teachers

Practical ideas to be implemented with ease in everyday life,  
and plenty of exercises for immediate start

Attractive, stimulating bicolor design

Handy, portable format

*Falling Over and Standing Up Again:*  
128 pages, Scorpio Verlag, 7.99 €  
Publication date: May 2019

*Today I'll Stay Calm:*  
128 pages, Scorpio Verlag, 7.99 €  
Publication date: May 2019

Other Available Titles

Fiction

Literature



Barbara Stengl: Can You See Me?

A harrowing novel about three generations living in the shadow of National Socialism  
In telling the stories of a grandmother, mother and daughter, the author finds a powerful way to connect the silence of individuals with the phenomenon of collective repression. A smart, linguistically captivating novel about how the lifelong lies told in families and history books cast their shadows into the present day, contaminating the lives of everyone involved until they finally manage to break free.

264 pages, Europa Verlag, published: February 2019

new



Anna Stern: Wild Like the Waves

Two interlinked lives and one journey, where there only seem to be dead ends and no new beginnings. Winner of the 3sat prize at the 2018 Tage der deutschsprachigen Literatur in Klagenfurt

Set in the Northwest Highlands and Lake Constance, *Anna Stern's* third novel tells the story of the complex relationship between Ava Garcia and Paul Faber. While Ava struggles to maintain a sense of inner balance and agonises over whether or not to keep her unborn child, Paul fights for her love and their future together. Stern is an impressive novel about coping with grief, the inability to escape the past and the deceptive authenticity of memories.

420 pages, Salis Verlag, published: January 2019

new



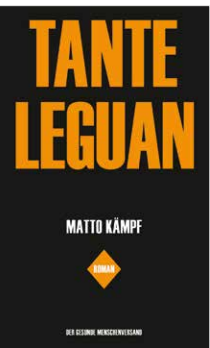
Steven Schneider: We Are Superheroes

A Short Course on Love and Life for Men

In this hilarious, self-deprecating book full of brutal honesty and wit, we hear from *Steven Schneider* about his own personal quest for the superpower of love. We also hear about different male experiences, with 12 personal accounts from a philosopher, two bestselling authors, a racing driver, a politician, a monk and six others. Now women can finally find out how the male inner world works: fortunately, in a completely different way to female emotions! Well, what would yin be without yang? And where would a superhero be without his superheroine?

220 pages, Salis Verlag, published: March 2019

new



Matto Kämpf: Aunty Iguana

A classic ‘feel-bad’ book in the best sense of the word.

Three arts journalists from a mediocre newspaper plod their way through daily life, consisting of a boring editorial office, a lot of music and a lot of alcohol. They are just 35, but they feel old. Complaining is their best skill. A road trip begins when a CD by Chinese punk band ‘Aunty Iguana’ unleashes an unexpected bout of euphoria on the trio and fills them with an adventurous spirit. But they will never become the heroes of their own story, because no matter where the journey takes them – be it Beijing, Naples or Lyon – the ludicrous dialogues and plots always bring these characters right back to themselves.

144 pages, der gesunde Menschenversand, published: October 2018  
English sample translation available



Crime & Thriller



Sandra Brökel: The Hungry Crocodile

A touching family novel about identity, resistance, and forgiveness.

The novel is based on the memories of Dr. Pavel Vodák (1920-2002).

The story opens in 1939, when Pavel was still living in Budweis, and ends in 1970 with his escape from Prague.

**Sandra Brökel** was born in 1972, and this is her debut novel. She works as a writing and grief therapist, and is particularly intrigued by the process of coming to terms with individual life stories.

320 pages, Pendragon Verlag, published: February 2018  
Complete English translation available



Lotte Petri: The Devil’s Work

New crime series from Denmark starring forensic anthropologist Josefine Jespersen

Over 1000 skeletons are to be moved from *Assistens Cemetery* in Copenhagen to make way for a new metro station. Forensic anthropologist Josefine Jespersen leads the exhumation work. As her colleague is brutally murdered and pushed into an open grave with a cross carved into her skull, everything suggests a devil-worshipping murderer is on the loose. Can police detective Alexander Damgaard with the help of Josefine stop him to close the gateway to hell?

Danish author **Lotte Petri** was shortlisted as one of the 10 best crime writers in Denmark in 2018, chairs the board of the *Danish Authors’ Society* and is a board member for the *Danish Crime Academy*.

284 pages, Lindhardt og Ringhof, published: 2017  
Rights sold to: Germany (btb), Czech Republic and Slovakia  
Complete Danish manuscript, English sample translation and extra material available  
German text available in Dec. 2019

Nonfiction

General Nonfiction



Johannes Hillje: Platform Europe

Why we badmouth the EU and how a new digital network can help us overcome nationalism

Europe expert and political consultant *Johannes Hillje* proposes a visionary concept for an independent, publicly funded digital social network geared towards the common good: a virtual space for education and European citizens’ initiatives, promoting a simultaneous exchange among people throughout Europe while also providing news, entertainment and other services. *Platform Europe* aims to help transcend nationalism, boost community spirit and make the EU more democratic.

176 pages, Dietz Verlag, published: February 2019



Ben Salomo: Ben Salomo Means Son of Peace

One of Germany’s best-known rappers talks about his Jewish identity and anti-Semitism

As a professed Jew, Israeli-born *Ben Salomo* actively stands up for his Jewish identity in his lyrics without glorifying violence or using the kind of homophobic, misogynistic language so commonly heard on the hip-hop scene. With his clear commitment to Judaism, *Salomo* is not only fighting anti-Semitic tendencies, but he is also raising awareness of the growing levels of anti-Semitism in German society.

250 pages, Europa Verlag, published: February 2019



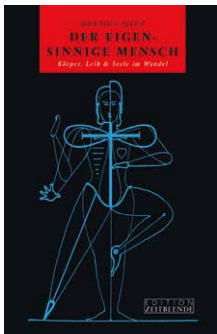
Volkmar Koch: The Holistic Company

A vision of a company managed with love

Companies should serve people; not the other way around. With years of experience as both a manager and a consultant, the author shows how it is possible to change management practices by adopting a mindful, loving approach to running a company. He also explains how this style of management can make a company better equipped to tackle future challenges, such as digitalisation. This is a book about becoming a ‘holistic company’: reconciling meaning with profits to achieve lasting economic success.  
[www.heart-at-work.com](http://www.heart-at-work.com)

280 pages, Europa Verlag, published: May 2019





Helmut Milz: Headstrong Humans

Body & soul in flux

This book takes readers on a fascinating journey, exploring the human body as both the stage and the subject of an eventful life. The body's experiences and insights are portrayed through its interactions with culture, language, the environment, history, social conditions, arts, sciences and medicine.

280 pages, 70 pictures, Edition Zeitblende, published: February 2019



Anka Schmid & Bernd Müllender: Hair! Revolution, Magic, Eroticism

Tales of the body's most delicate part

A smart, funny book about the status of our hair, with in-depth cultural, historical and scientific observations about hair-related expressions in 15 languages, bald heads and beards, footballers as role models, intimate hair removal and wig fashion. The authors talk about the hair-covered areas of the body and their portrayal in fashion, the arts and politics, exploring the subject with a generous helping of humour and sensuality.

250 pages, 50 pictures, Edition Zeitblende, published: February 2019



Claudia Jürgens: Searching for Paradise

Idyllic places, soulmates, life choices and moments of everyday happiness

The author explores myths, religions, art, music and, most importantly, literature to investigate our concept of paradise. It could be an idyllic destination, a loved one, the dream of a better life, or even a completely ordinary object.

With texts by Djuna Barnes, Umberto Eco, Theodor Fontane, Undine Gruenter, Mario Vargas Llosa, Christa Wolf and others.

240 pages, 10 full-page illustrations and multiple colour vignettes, Edition Zeitblende, published: February 2019



Poetry for Everyday Life

The things that surround us tell stories about ourselves, our lives, our needs, and the way we shape our daily lives.



**The bread** is not only a staple food, but also religiously and culturally connoted. The loaf of bread has accompanied mankind from the very beginning and brings people together for sharing and eating.



Here is **the match**, which, in the era in which machines and enlightenment began to bring more light to our minds, made this light available to everyone.



**The broom**, which enables us to keep both dirt and the world's chaos far from our bodies and our living rooms.



**Chewing gum**, which accompanied the rise of leisure. It is an inexpensive expression of a certain attitude toward life. We don't chew to stop our hunger. A product of affluence and fantasy.



**The knife** facilitates numerous things from everyday life. It is, however, a permanent danger for people being a weapon at the same time. Telling the story of the knife is telling the story of an astonishing development. A tool for everyday life, which cannot be imagined without it anymore.

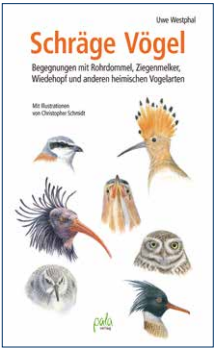


**The paper clip**, which creates order, but whose presence is not limited to the office, since it provides our fingers and our imaginations with constant enjoyment.





Uwe Westphal (author) & Christopher Schmidt (illustrator):



Odd Birds

*Encounters with Bittern, Nightjar, Hoopoe and Other Domestic Bird Types*

The soul of birds is palpable in this book. The book takes the reader into the fascinating diversity of domestic bird types – a diversity that is increasingly under threat. Those who know and appreciate their feathered friends will treat them with respect, and ideally advocate their protection.

192 pages, Pala Verlag, published: 2015, illustrations are included



More Space for the Sparrow

*Experiencing the Sparrow, Understanding and Protecting*

Modern architecture provides the sparrow with less and less nesting facilities. The house and tree sparrow used to be considered a rural plague, now it has become scarce in many places. This is why in his book *Uwe Westphal* says: ‘We help sparrows!’

He provides information on the lives of sparrows, on the ambivalent relationship between sparrows and humans and on sparrows in need. The book also offers solid instructions on how to create a sparrow-friendly environment with a sand bathing area, a grassy house and hedges in the garden.

192 pages, Pala Verlag, published: 2017, illustrations are included



The Big Book of Garden Birds

*Experience, support and protect our birds in the garden*

Those who love birds should own this book. Anyone with a garden can turn their green living room into a small ‘bird sanctuary’.

*Uwe Westphal* and *Christopher Schmidt* introduce the reader to more than 50 different types of bird with their typical features and behaviour patterns and give advice on bird protection.

288 pages, Pala Verlag, published: April 2018, illustrations are included



Annette Pehnt: My Amrum

“Once I’ve decided on an island, I can explore that island as if it were the whole world.”

*Annette Pehnt* reveals her island’s idiosyncratic poetry in this thoughtful, intimate account, exploring the magic of new beginnings and departures, changes, getting lost and finding oneself.

128 pages, mare Verlag, published: March 2019

Further titles from the “My Island” series are available. Rights sold:

*My Cyprus* by Joachim Sartorius – UK;

*The Princes’ Islands* by Joachim Sartorius – Croatia, France, Saudi Arabia, Turkey, UK.

Self-Help



Kerstin Chavent: Weapons Down

Understanding what cancer cells are trying to tell us

“I finally dared to live authentically and free myself from everything that was weighing me down. Had it not been for cancer, I would have never started to love myself.”

A completely new way to think about cancer

A powerful plea for gentle healing process

An inspiring, encouraging personal account

144 pages, Scorpio Verlag, published: March 2019

new

new

Selection International Sales



Our Clients



<http://www.culturbooks.de>

DER GESUNDE  
MENSCHEN  
VERSAND

<http://www.menschenversand.ch>



<http://dietz-verlag.de>



<https://dryas.de>



<http://editionzeitblende.de>

EUROPAVERLAG

<http://www.europa-verlag.com>

L•E•O

<https://www.leoverlag.de>

SCORPIO

<http://www.scorpio-verlag.de>

TRINITY

<http://www.trinity-verlag.de>

mare

<https://www.mare.de>

Unionsverlag

<http://www.unionsverlag.com>

PLASSEN  
BUCHVERLAGE

<http://www.plassen-buchverlage.de/>



<http://www.polar-verlag.de>



<http://weidle-verlag.de>

PENDRAGON

<http://www.pendragon.de>

salis

<https://salisverlag.com>

teNeues

<http://teneues-buecher.de>

ANY QUESTIONS?  
WWW.MP-LITAGENCY.COM  
CLICK THROUGH, CALL US OR JUST BUY!

*Literarische  
Agentur  
Kossack*

Literarische Agentur Kossack GbR  
Cäcilienstraße 14  
22301 Hamburg  
Tel. +49 – (0)40 – 27163 828  
Fax +49 – (0)40 – 27163 829  
Email: [info@mp-litagency.com](mailto:info@mp-litagency.com)

Lars Schultze-Kossack (CEO): [lars.schultze@mp-litagency.com](mailto:lars.schultze@mp-litagency.com)  
Annette Wolf (Foreign Rights worldwide except Scandinavia): [annette.wolf@mp-litagency.com](mailto:annette.wolf@mp-litagency.com)  
Antje Hartmann (Foreign Rights Scandinavia): [antje.hartmann@mp-litagency.com](mailto:antje.hartmann@mp-litagency.com)